



# FUEL POVERTY TRAINING AND ENERGY ADVICE AND SUPPORT SESSIONS FOR ORGANISATIONS THAT WORK WITH FAMILIES



# Fuel poverty has severe and lasting impacts on children's health, well-being, and educational attainment, with over 6 million children living in fuel poverty. National Energy Action's project offers training, community outreach, energy advice and education sessions to organisations who support families and young people in the North West and the East Midlands.

## Funded Training

National Energy Action's funded training is available for frontline workers in health and social care, education, safeguarding and the local community who work with families with expectant and school aged children.

Delivered by expert trainers, this interactive 2.5-hour training session includes a detailed reference manual and covers the following objectives:

- Explain the causes of fuel poverty and risk factors
- Explore the health impacts on pregnant individuals and children living in a cold home
- Discuss how to avoid wasting energy in the home and maximise energy efficiency
- Signpost relevant support pathways

Please visit [www.nea.org.uk/wshftraining](http://www.nea.org.uk/wshftraining) or scan the QR code for information on our webinars or email [trainingadmin@nea.org.uk](mailto:trainingadmin@nea.org.uk) to discuss delivering the training in person.



## Community Sessions and Energy Advice

Our project co-ordinator can work with your organisation to deliver energy advice sessions and family events.

We support clients with:

- Saving energy and reducing household bills
- Understanding bills, tariffs and payment options
- Keeping homes warm and healthy, including dealing with damp and mould
- Accessing the Priority Services Register
- Signposting to support, including grants, crisis funds, fuel vouchers, food banks and benefits and debt advice
- Helping families stay warm, save money and access the support they need.

To find out more or book a session contact:

- [helen.carter@nea.org.uk](mailto:helen.carter@nea.org.uk) (East Midlands)
- [phil.povey@nea.org.uk](mailto:phil.povey@nea.org.uk) (North West)

## School Workshops and Teacher CPD

Schools and education settings can play a vital role to identify and help families at risk. We offer training for teachers, educators and safeguarding leads to help identify families at risk of fuel poverty, understand its impact on learning, and signpost support.

We also deliver engaging Year 3 & 4 workshops, linked to the national curriculum, exploring energy use, health, the environment, and positive actions young people can take.

Our dedicated energy adviser can support parent sessions or coffee mornings to reach the wider school community.

To find out more complete our enquiry form and our team will be in touch.

[www.nea.org.uk/wshfeducation](http://www.nea.org.uk/wshfeducation)

