



## Northern Ireland (NI) Omnibus Poll Results Report:



June 2022

**POLL QUESTION RESULTS - GENERAL REPORT**

**24th June 2022 – Full Report**

To: **NATIONAL ENERGY ACTION - NI**

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Subject      LT Opinion Panel Polling Projects – NEA-NI

Issue        24th June 2022: LT NI Opinion Panel Poll-Project – NEA-NI Poll-Project: Final Results – General Report (Version 1.1 – Non-Qualitative)

                 Date (Base Version): 24th June 2022 (Version 1)

Author(s)    Bill White – LucidTalk

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### LucidTalk – Professional Credentials

LucidTalk is a member of all recognised professional Polling and Market Research organisations, including the UK Market Research Society (UK-MRS), the British Polling Council (BPC), and ESOMAR (European Society of Market Research organisations). The BPC are the primary UK professional body ensuring professional Polling and Market Research standards. All polling, research, sampling, methodologies used, market research projects and results and reports production are, and have been, carried out to the professional standards laid down by the BPC and also (as published) of AIMRO (Association of Irish Market Research Organisations).

**This report and methodology description are confidential and subject to the provisions of the UK Data Protection Act. Any publication, distribution, or communication, of this commentary report, or parts thereof, are not permitted without the authorisation of LucidTalk Limited and the listed partners.**

Graphics of the main NI-Wide representative results for each of the 10 poll questions are included in this report. These are presented in different ‘sizes’ and ‘formats’ to accommodate the layout and design format of the report. These graphics are in Jpeg format and have also been delivered separately to NEA-NI, and can obviously be altered/expanded to suit other report formats and presentations etc. if required, similar results graphics can be collated based on specific demographics e.g. by residence area etc.

### Key abbreviations and acronyms used in this report:

Where referenced in this document the following abbreviations and acronyms are used:

NEA-NI - National Energy Action Northern Ireland  
 NEA – National Energy Action  
 LT – LucidTalk  
 UK – United Kingdom  
 BPC – British Polling Council

**For further information regarding this project, please contact:**

**Bill White at LucidTalk: 07711 450545 - Email: [bill.white@lucidtalk.co.uk](mailto:bill.white@lucidtalk.co.uk)**

## LUCIDTALK – NEA-NI: NI-Wide Poll-Project – June 2022

### Background and Methodology

NI polling was carried out by Belfast based polling and market research company LucidTalk. The project was carried out online for a period of 4 days from 7<sup>th</sup> to 10<sup>th</sup> June 2022. The project targeted the established Northern Ireland (NI) LucidTalk online Opinion Panel (14,000+ members) which is balanced by gender, age-group, area of residence, and community background, in order to be demographically representative of Northern Ireland. 2,527 full responses were received, and a data auditing process was carried out to ensure all completed poll-surveys were genuine 'one-person, one-vote' responses. This resulted in 2,468 responses being considered in terms of the final base dataset results.

### **Notes – relating specifically to this report – the main project report:**

- This report includes all the main data results from the project (10 poll questions). The results come from a sample of opinion (2,468 responses) from the LT NI Opinion Panel (14,000+ members) which is balanced and NI representative. Results are representative of NI opinion to within an error +/-2.3% at 95% confidence.
- All results are included in this report i.e. both quantitative and qualitative (respondent comments etc.).

### **Question Analysis Data – Demographic measurements**

Demographic analyses for specific questions are provided within the Data-Tables spreadsheet report, which includes all the weighted (NI representative), and unweighted results from the project. These demographic analyses are by: gender, age-group, socio-economic group, residence area, and community group – and results for each poll-survey question and sub-question are shown by the total NI representative results, and these demographic analyses. Additional demographic analyses can be provided e.g. by political grouping i.e. Unionist, Nationalist/Republican, Neutral etc.

### **Question Analysis Data – Qualitative Questions**

Qualitative comments are unedited and are exact verbatim comments from the poll participants i.e. they are not grammar or spell checked, however the overall meaning should be clear. To assist reading and reviewing, meaningless comments have been removed e.g. N/A, 'No comment', 'None' etc. Each separate line, is a separate individual comment, from a separate individual respondent i.e. one comment per respondent.

### **Question Analysis Data – Quantitative Questions**

All applicable questions i.e. those with quantitative determinate answer structures e.g. Yes/No/Don't Know – Not Sure, are presented with five key analysis scores, as well as the main total results i.e.

**MEAN** – The average score (presented as a number) within the band of choices as presented in the question.

**STANDARD DEVIATION** – measure of amount of variation or dispersion of the set of all values within the question.

**SATISFACTION RATE** – The lower this No. is, then the more the overall question has tended towards 'YES', or towards the 'positive' answer aspect of the poll question, however defined. This is calculated by the overall pattern of all the answers, and not just the 'YES' score, but also including the level of 'NO's and 'Don't Knows'.

**VARIANCE** - The **Variance** measures the average degree to which each score within the poll differs from the **Mean** – the average of all the respondent scores within the poll. NB the **Standard deviation** (see above) looks at how spread out a group of numbers is from the mean, by looking at the square root of the **Variance**.

**STANDARD ERROR** – This is the error specific to each of the poll questions and usually is either 1% or 2% dependent on the structure of the poll question. However, as indicated above, the overall error that applies to the total poll is: +/-2.3%, at 95% confidence – NI VIEW poll-project for NEA-NI: June 2022.

**NI VIEW - An LT NI Opinion Panel Poll-Project for: NEA-NI**

**NATIONAL ENERGY ACTION (NEA) – Northern Ireland (NI): NEA-NI**

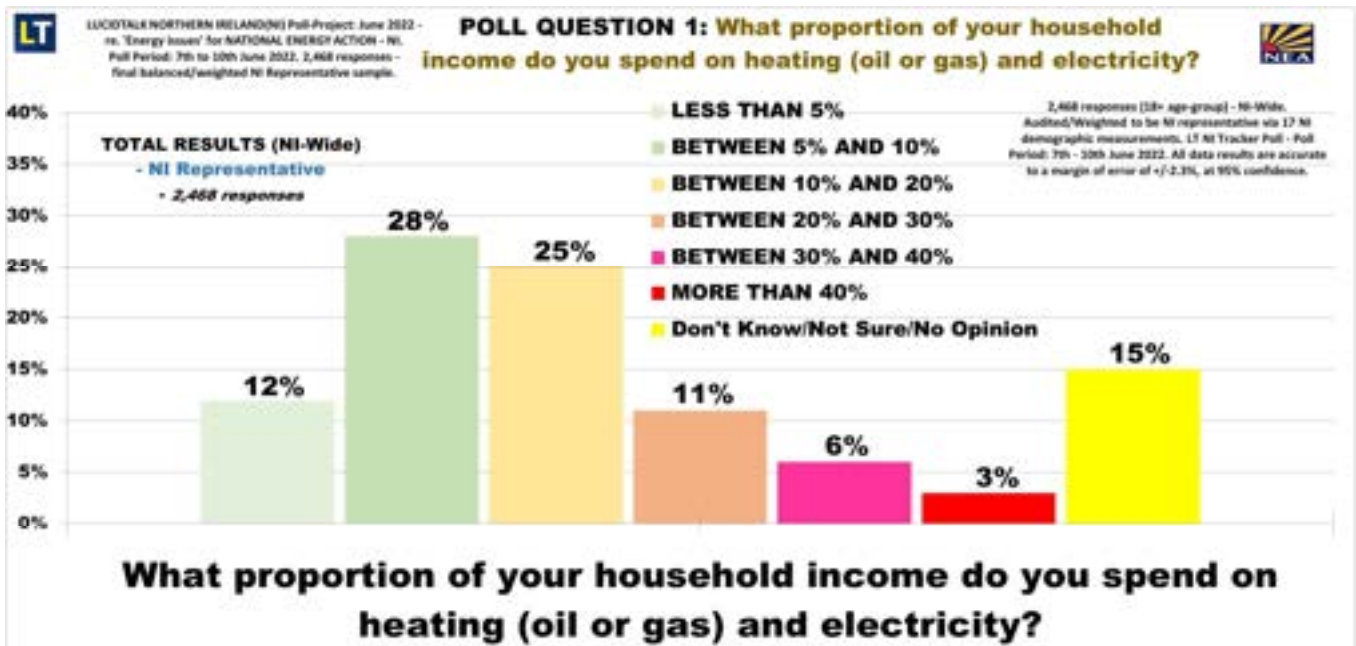
**MAIN RESULTS and RESULTS GRAPHICS: NEA-NI – Key Results are presented - Poll-Survey Period - 7th to 10th June 2022.**

**NIView - QUESTION NEA1:**

**What proportion of your household income do you spend on heating (oil or gas) and electricity?**

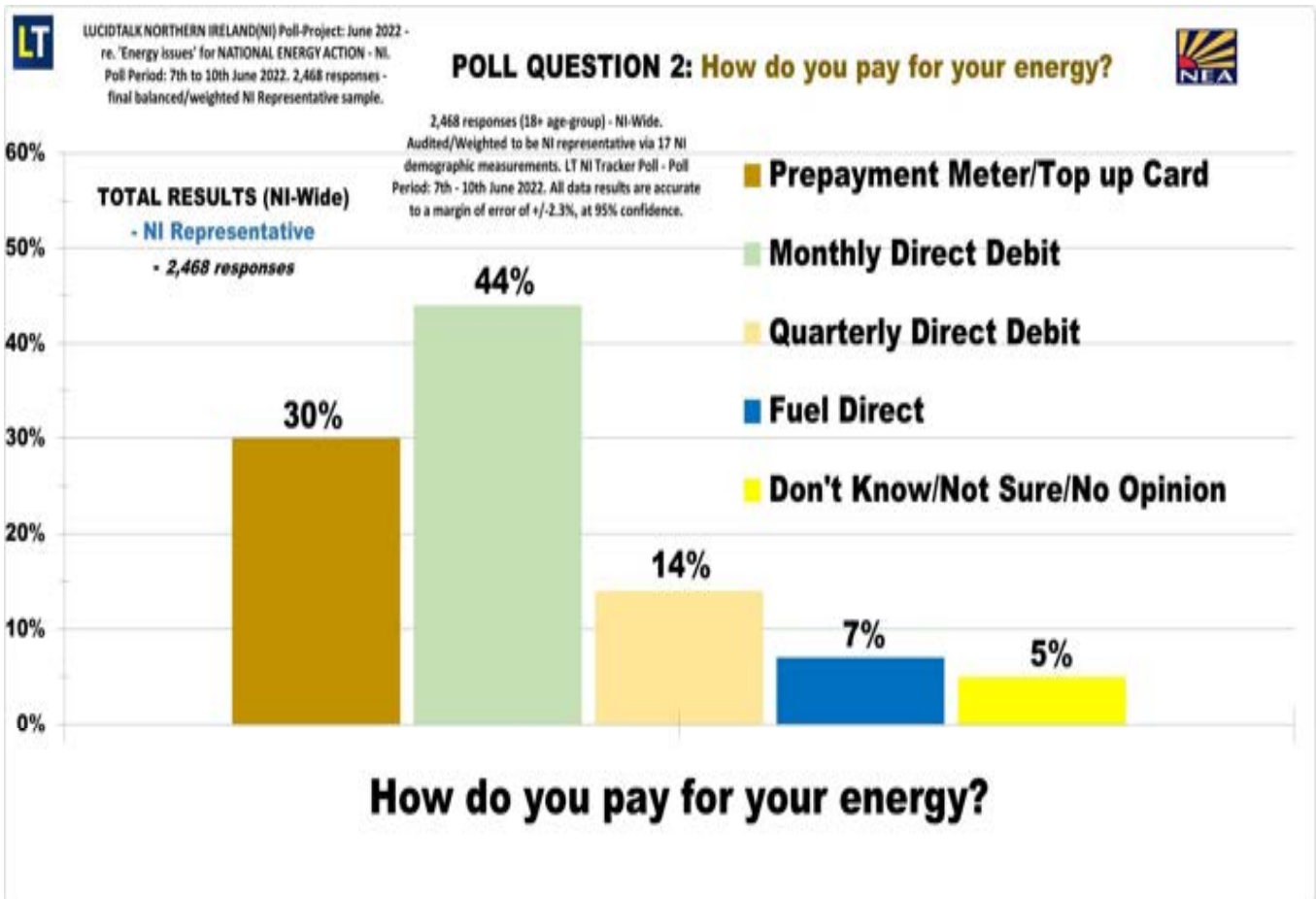
**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

Answer Choices		Response Percent	Response Total					
1	Less than 5%	12.0%	285					
2	Between 5% and 10%	28.0%	700					
3	Between 10% and 20%	25.0%	605					
4	Between 20% and 30%	11.0%	278					
5	Between 30% and 40%	6.0%	149					
6	More than 40%	3.0%	84					
7	Don't Know/Not Sure/No Opinion	15.0%	367					
Analysis	Minimum:	1.00	Mean:	3.15	Std. Deviation:	1.84	answered	2,468
	Maximum:	7.00	Variance:	3.40	Std. Error:	0.04		
	Satisfaction Rate:	35.78						



**NIView - QUESTION NEA2:**  
**How do you pay for your energy?**  
– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)

Answer Choices		Response Percent	Response Total					
1	Prepayment Meter/ Top up Card	30.0%	755					
2	Monthly Direct Debit	44.0%	1,093					
3	Quarterly Direct Debit	14.0%	357					
4	Fuel Direct	7.0%	164					
5	Don't Know/Not Sure/No Opinion	5.0%	98					
<b>Analysis</b>	Minimum:	1.00	Mean:	2.09	Std. Deviation:	0.96	<b>answered</b>	<b>2,468</b>
	Maximum:	5.00	Variance:	0.93	Std. Error:	0.02		
	Satisfaction Rate:	27.25						










**NIView - QUESTION NEA3:**

Have members of your household adopted any of the following behaviours due to the rising energy prices and costs of living? **Please tick all that apply**

– **POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.

Answer Choices		Response Percent	Response Total					
1	Reduced use of central heating in your home		81.0% 2,009					
2	Skipped meals or reduced the amount of food consumed		13.0% 325					
3	Reduced use of hot water, including less frequent showers or washing up with cold water		40.0% 982					
4	Relied on emergency credit between paydays		6.0% 150					
5	Used alternative heating sources (coal fire, fan heaters etc.)		32.0% 787					
6	NONE - None of the above		14.0% 339					
7	Other - Please specify (required answer if ticked):		9.0% 217					
Analysis	Minimum:	1.00	Mean:	2.91	Std. Deviation:	1.98	answered	2,468
	Maximum:	7.00	Variance:	3.91	Std. Error:	0.03		

Other - Please specify (required answer if ticked): (161)

	Don't use dryer
	None of the above
	I haven't taken any step but the survey is flawed and won't let me proceed
	Ensuring to switch off all appliances on standby
	Switched to electric vehicle
	Reduced tumble dryer usage
	Eat reduced price food
	Turn off plugs, turn down the fridge, cook less
	Stopped using heat, use of smart products like lights which can be dimmed.

**NIView - QUESTION NEA3:**

**Have members of your household adopted any of the following behaviours due to the rising energy prices and costs of living? Please tick all that apply**

**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

**To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.**

	Shop for lower food prices
	Boil kettle to fill sink and wash dishes
	Hot water bottle
	Turning off appliances such as microwave
	Use solar powered water heating
	Fewer washing loads
	We have cut back on use of the clothes dryer as well
	switch off electrical items on standby and lights in rooms I do not occupy.
	Jumpers and blankets
	In plugged everything, nothing left on standby
	Wearing extra clothing at home.
	Installed a new, more efficient boiler and added insulation to the roof space.
	wear woollen jumpers
	using kerosene heater
	More careful with electric devices
	turned down thermostats, changed to LED lights.
	Electric throw
	extra clothing layers.
	Cycling to work
	Stay out of the house for longer, like visit the library
	More use of Economy 7 tariffs e.g. timers on washing machine or tumble dryer
	Stopped using tumble dryer
	Reduced Tumble Dryer use
	Audited all electrical devices to see what needs to be on and what can be switched off
	keeping windows closed and curtains pulled back to maximise the sunlight heating up a room
	Light fire pit inside the house.

**NView - QUESTION NEA3:**

**Have members of your household adopted any of the following behaviours due to the rising energy prices and costs of living? Please tick all that apply**

**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

**To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.**

	Less use of electricity, e.g. TV use drastically reduced, "zombie" devices unplugged, almost everything unplugged at night, including WiFi router.
	Disconnected hob and oven, using combi microwave grill, cooker, slow cooker, pan on coal fire, candles not lights, solar powered radio, no TV.
	Switched off lights in unused rooms.
	Wearing extra layers
	Stay in bed longer so as not to use electricity or gas.
	Using blankets
	use blanket
	gone to bed earlier, blankets
	Use Airfryer instead of oven
	switching of lights and electrical items
	Used coal fire for a while but coal prices have gone up too much now too
	In social care.
	Switching off all electrical appliances at the mains when not in use. Using electrical appliances at night time when electricity is cheaper. Charging personal electrical devices at work instead of at home.
	put on more jumpers
	Reducing electricity use to the minimum viable
	Reduced use of electricity where possible
	I have solar panels - only use hot water heated by sun.
	Wearing extra clothes
	Reduced the use of electricity
	More cloths, waterbottles,bed
	Unplugging electrical appliances when not in use
	Reduced electricity use, LED bulbs
	Used the log burner a little more to avoid having to buy oil at the peak price
	Reduced lighting

**NView - QUESTION NEA3:**

**Have members of your household adopted any of the following behaviours due to the rising energy prices and costs of living? Please tick all that apply**

**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

**To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.**

	Never use oil heating in summer months have stove for colder days
	close down all electronic equipment at nigh
	draft excluders installed
	I dont turn the gas heating on. i wear a heavy woolen dressing gown
	Used blankets in living room
	Sitting with extra blankets around us.
	Installed solat panels
	Log burner
	Changed energy provider and tariff
	Food warmer using tea light candles to provide hot water for tea. Also using a flask to store hot water. Using hot water bottles during the day during cold weather
	Turned down the operating temperature of the gas boiler.
	Purchasing Solar Panels to save on fuel costs longer term
	Using less lighting and being conscious of the lower tariff periods.
	Electric blankets instead of heat on upstairs
	Reduced use of tumble dryer
	I have solar water heating
	Cooker and tumble dryer
	We haven't used central heating for about 10 years now
	Help from parents
	Able to dry clothes outside if possible
	make sure vampire devices are switched of
	More care on switching off lights and electronic devices on standby
	Bought a battery for solar panels
	Wear extra clothing
	Use electric blankets, heated throws and hot water bottle rather than turn the heating up or on

**NView - QUESTION NEA3:**

**Have members of your household adopted any of the following behaviours due to the rising energy prices and costs of living? Please tick all that apply**

**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

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	My gas has been disconnected so I'm living mostly at my parents. Awaiting well over 2 years for PIP appeal
	Less tumble drying
	Unplugged appliances, changed light bulbs to be more energy efficient, changed windows to triple glazing
	Central heating is not an issue atm as we cannot afford oil but the weather is on our side at present
	Small things like only filling kettle with what is needed, batch cooking, using the oven less.
	Turn appliances off at the socket when not in use
	Petrol costs huge. Less car usage
	Reduced clothes washing
	Saved money in other areas like entertainment to have money for electricity/oil
	Turn down the temperature a bit
	I live in the country and the town land where I live has gone dark at night. You used to be able to see neighbours outside light at night now it's dark. All switches off
	Layering of extra clothing to keep warm. Extra blankets/duvet on the bed. Limit use of washing machine. No longer use tumble dryer, microwave, electric toaster or electric kettle in order to keep costs down. Also anything that uses electricity is turned off at the wall - no longer have things on standby. Oil central heating on turned on when absolutely necessary.
	Turned off radiators
	Mix of cost and for environmental reasons - stopped using dryer - clothes line only and careful leaving lights on wearing clothes at home when cold.
	Getting new windows to reduce heat waste
	Unplug all electric items not in use
	Invested In solar
	We don't use the oil heating anymore . Sleeping in living room on cold night lighting fire.
	Use blankets indoors
	Reduced energy consumption generally
	The top 5
	Trying to find alternatives for household items such as reuseable cloths instead of kitchen towels, walking instead of driving to say petrol prices.
	Behaviour changes, more clothes, curtains drawn for longer

**NIView - QUESTION NEA3:**

**Have members of your household adopted any of the following behaviours due to the rising energy prices and costs of living? Please tick all that apply**

**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

**To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.**

	Sandwich instead of a hot meal
	Topped up to the max possible before the price went up
	We burn more of our own wood
	Jumpers hot water bottles, parents
	Thicker garment's
	Use eco settings on washing machine, use dryer less or not at all, eco setting on dishwasher
	Being careful to switch off lights and switches of electrics.
	Solar panels
	Using cheaper overnight electricity : getting up early to charge phones, put dishwasher on etc
	The warm weather means no need for heating and less electricity is used
	Put on warmer clothes, and use electric blankets to heat beds rather than heating the rooms
	Bought infrared hearing panel
	Stricter use of appliances
	Being more economical with electricity usage also
	Switched off unnecessary appliances
	Borrowing
	Candles
	Solar panels
	Sleeping bag if there is a chill or a heavy jumper
	Blankets
	Drive less
	Use electric blankets and gilet - heat the person not the house
	Turned thermostat down
	Oil/ central heating is off completely
	More economical use of electricity
	Just use normal

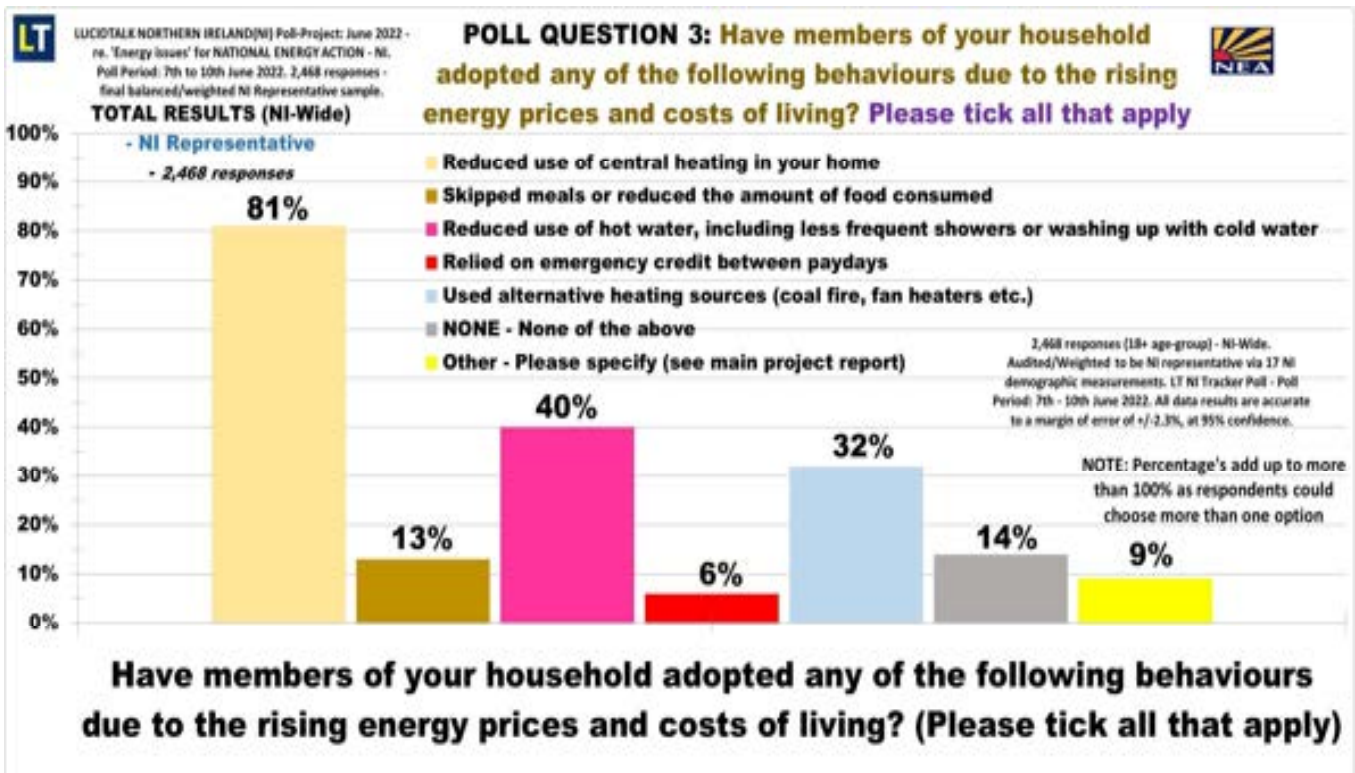
**NIView - QUESTION NEA3:**

Have members of your household adopted any of the following behaviours due to the rising energy prices and costs of living? **Please tick all that apply**

– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)

To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.

- Layer up on clothes wash clothes less
- Additional layers, hot water bottles.
- wood burning stove
- Stayed in work because they have heating
- Stay in bed with electric blanket
- I can't afford even the alternatives. Coal and wood is too expensive.
- Turned lights off more.
- Wearing jumpers and blankets
- Added insulation
- Had to have my gas capped as I can't afford it anymore it's over a pound per unit
- Tumble dryer unplugged
- reduce the thermostat settings, fitted individual thermostats in EVERY room

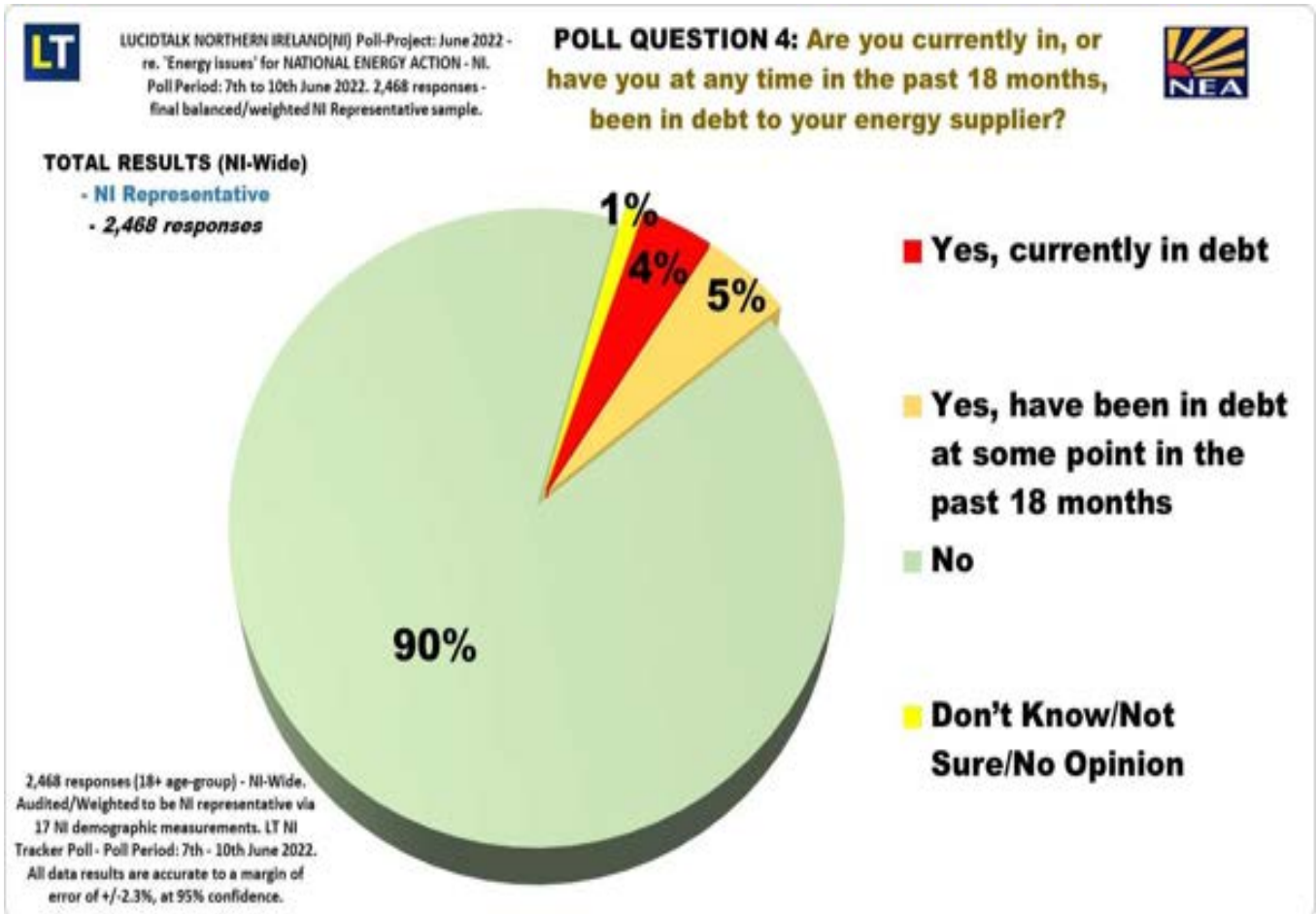


**NIView - QUESTION NEA4:**

**Are you currently in, or have you at any time in the past 18 months, been in debt to your energy supplier?**

**- POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

Answer Choices		Response Percent	Response Total					
1	Yes, currently in debt	4.0%	93					
2	Yes, have been in debt at some point in the past 18 months	5.0%	115					
3	No	90.0%	2,219					
4	Don't Know/Not Sure/No Opinion	1.0%	40					
Analysis	Minimum:	1.00	Mean:	2.91	Std. Deviation:	0.40	answered	2,468
	Maximum:	4.00	Variance:	0.16	Std. Error:	0.01		
	Satisfaction Rate:	63.56						






**NIView - QUESTION NEA5:**

**Has your health and wellbeing, or another member of your household's health, and wellbeing, been impacted by the rising energy prices and cost of living?**

**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

**To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.**

Answer Choices						Response Percent	Response Total
1	Yes					29.0%	704
2	No					63.0%	1,567
3	Don't Know/Not Sure/No Opinion					8.0%	196
Analysis	Minimum:	1.00	Mean:	1.86	Std. Deviation:	0.53	answered 2,467
	Maximum:	3.00	Variance:	0.28	Std. Error:	0.01	
	Satisfaction Rate:	43.18					

If you answered 'Yes' - How has your (or a member of your household's) health has been impacted: (400)

	General stress over how bad things could get. We're ok now, but will we always be?
	Not heating the house.
	Cold damp air exacerbated asthma
	Major stress over where the money will come from to pay the bills over winter
	I have chest and breathing problems. When I'm cold these symptoms are made worse
	Unable to afford heating
	Stress
	Very concerned for continued well-being
	Older person being cold, wrapping up instead of putting on heat
	Stress and anxiety.
	stress of rising energy costs - both bills have doubled.
	Travel to work = 100 mile per day, meaning approx £400 per month on Diesel. Needed to make savings elsewhere e.g. Gym membership cancelled
	Mental health deteriorated
	Mainly mental health, stress and anxiety
	Worry & anxiety
	Increased stress and work to complete ver affecting mental health

**NView - QUESTION NEA5:**

**Has your health and wellbeing, or another member of your household's health, and wellbeing, been impacted by the rising energy prices and cost of living?**

**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

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	We have lost weight from eating less and we go out side more to prevent using electricity, so it has actually benefited us
	Reduced amount of heating. Arthritis suffers due to this
	Stress; cold; hungry
	Fear and worry in my elderly father who we care for.
	Stressed and anxious
	Asthma and Arthritis. When it is cold, these conditions tend to flare up.
	Anxiety / worry, trying to find ways to reduce costs in other areas and save extra now to cover colder weather to come
	No heat. Home miserable.
	Increased stress and worry
	My partner has osteoarthritis and it is difficult to keep them warm and balance the cost of heating.
	By cold home removed electric blanket. I am 76 And have a squashed spine and 4 different cancer operations
	Stress
	stress
	Mental health and anxiety
	Constant worry and lack of sleep.
	Worry
	Cold in winter
	Affected ability to leave a job affecting mental health
	Not getting out because of fuel prices
	Mental health issues
	Arthritis got worse as cold affects it and not eating properly affected chronic bowel condition and diabetes
	Mental anxiety
	Genuine concern at the rise in costs given I have one income into the household. This is starting to create stress re: paying bills and is starting to impact mental health and wellbeing.
	Worried as to where its going to stop.

**NIView - QUESTION NEA5:**

**Has your health and wellbeing, or another member of your household's health, and wellbeing, been impacted by the rising energy prices and cost of living?**

**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

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	Anxiety increase, a sense of doom, mild depression
	More colds and flu in the house
	Mental health suffering as a result of the constant fear of no money left
	Stress
	Worried about rising costs
	Needs a warm house
	Husband currently out of work and soaring inflation causing much stress and worry with detrimental health impact.
	Stress and constant worry
	Stress.
	2 members of my household rely on medical equipment
	Mental Health
	It's a worry how much it will cost to fill my oil tank in the autumn.
	I suffer from arthritis and heat helps. I have had to reduce my heating.
	Spent longer in bed for heat, this increases circulation problems.
	Stress
	The moods have definitely suffered. Feels like we are just treading water.
	Depression
	Increasing levels of anxiety re: affordability and cost of living. Reduced other spending to prioritise fuel and food.
	Family member currently going through treatment for Cancer. Has been off work for 4 month's and will remain off for another 8 months to finish treatment. Currently heating on in living room and bedroom only
	Mental health deteriorated, acne returned and hair began to fall out
	Anxiety, depression
	Stress.
	Constant cold/flu like illnesses due to the cold in the house.
	Increased Stress
	Pressure on paying bills

**NView - QUESTION NEA5:**

**Has your health and wellbeing, or another member of your household's health, and wellbeing, been impacted by the rising energy prices and cost of living?**

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	Always worrying about how I'm going to afford it once winter hits
	Husband is working longer hours to pay for oil
	Return of Anxiety and stress, exacerbating and bringing previously managed mental health issues.
	Stress
	terrified about future
	Stress
	We are both very cold
	as I live on my own I just worry .
	Asthma flares up due to less heating
	My daughter has an ASD and worries about how we will pay our bills
	I am disabled I have COPD and Asthma my health is directly affected by the cold and damp
	As a single parent, it is yet another stress to manage. I already live with mental health conditions and new stresses make it harder to keep well. Especially when the stress doesn't ease or be remedied. It's a daily struggle on top of daily struggles. To get mental health help, I had to spend half my monthly Universal Credit payment to get private help, as NHS isn't helping soon enough. That has also pushed us back from getting on our feet. It's a race we can't win.
	Stress / worry.
	Stress
	My wife feels the cold as she has restricted mobility
	I live above national average salary and still struggling. Lose sleep at night
	Anxiety
	My wife's health deteriorates if she cannot keep warm enough.
	Stress and worry about rising bills, not just energy, interest on mortgages, food and diesel prices
	Stress and money worries
	Stress sadness
	Stress of how to find money to pay the bill
	My mental health has been greatly impacted.
	Feeling more stressed about the price of fuel and food rising and where the extra money is coming from

**NView - QUESTION NEA5:**

**Has your health and wellbeing, or another member of your household's health, and wellbeing, been impacted by the rising energy prices and cost of living?**

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	Cold and flus and sire bones
	mental illness and anxiety
	Stress resulting in lack of sleep
	Stress and anxiety
	My wife suffers from severe mental health issues and she stays in the house all the time. Rationing the heating has been a struggle.
	Health suffering cos not eating properly
	Mental health impacted
	Worry of more increases and not being able to pay bills
	The cold damp air makes most of the families asthma worse.
	Extremely stressed about making ends meet each month. Losing sleep regularly.
	Younger son bought his first home last September and is now very stressed in case he can't pay the bills - they have a two year old.
	Anxiety I feel around money has been growing recently
	Medical condition of family member means house must be warm and hot water always available
	Having chemo but using blankets to stay warm during fevers
	Concern about pau=ying for heat has resulted in anxiety and depressin
	I have numerous health problems including being immunosuppressive therefore my home needs to be warm both to help in pain management and to help prevent infection. Due to the price rises I'm unable to do this
	More worry about cost of oil.
	Caused stress
	Can't afford to heat, eat, pay debts,
	85 year old mother in law doesn't get pension credits and has to pay full rent because she has a spouses pension of £250 per month.... her rent alone is £280...
	Mental health over worries with paying bills
	Mental issues cinstant worry
	Not eating properly. Frightened of the future costs
	Mental health, worry etc

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	Stress of having enough money as pensioner to pay bills
	Choice of food
	Stress
	Post heart attack blood thinner drugs make me more susceptible to the cold, so I wear more, and thicker, clothes, rather than put on the heat. I am dreading this winter, as I will have to warm the home, just to maintain it's structure, ie I cannot allow the damp to penetrate the walls. No matter the cost.
	Mental health issues
	Anxiety about the price
	I'm disabled and can't afford my oxygen on when I need it. My Arthritis has me half crippled in the cold but have to ration the heat. I only allowed myself 500L of heating oil for the year because I can't afford more. I should have a bath every day because of severe psoriasis but I can't afford it so I am covered in bleeding sores. Can't afford the washing machine on to clean bloody clothes and bedding. The only reason I don't end it all is because I am all my cat has.
	Suffering more. poor circulation needs more heat.
	Colder for longer
	Stress and worry of ever escalating prices
	I have Lung disease and have reduced my heating.
	We fortunately earning reasonably good wages but are close to retirement. I am delaying retirement because I don't think we can afford it. It makes me anxious as we can't work forever
	Anxiety /stress
	Being cold more than I used to have had frequent coughs colds
	Extra stress due to the rising costs leading to poor mental well-being
	I'm disabled and I can't afford my heating oil
	Arthritic pain has become worse as we live with lower room temperatures
	Stress
	I am currently on long-term sick leave with cancer so I'm at home all day and I avoid turning on the heat where possible and use a blanket for heat when watching TV
	Mental health impacted.
	More stressed thinking about how to budget money
	Going out of house everyday to sit on trains

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	Diet severely impacted as less fresh or specific to health conditions including Crohn's meaning flare ups and weight gain and mental health being low due to the outcome
	depression
	After a stroke I am susceptible to cold temperatures and consequently am in pain without adequate heating
	Stress caused physical & mental health problems
	I can't buy diabetic foods they to expensive
	Stress & anxiety
	Worrying about the cost of the next bill and trying to save up to pay it
	As an autistic this has exacerbated my anxiety.
	House is cold and we work from home
	Mental health. They're is stress and tension in our household.
	Extremely worried and affecting mental health
	Negative impact on mental health
	Mental health and anxiety
	In social care and fees increasing all the time.
	I live alone and now I've no means of putting petrol in the car ,I have to stay home 24/ 7 . I use all spare money for heat and power now .
	Worried about how we will pay for it in the winter
	I suffer from muscle atrophy which means my limbs get colder and do retain heat due to less muscle. I can put my hand round my leg and thumb & index finger on one hand making half circle with the index finger of the other I can encircle my thigh. I now have to wear more socks and cloths and have been ill from the cold.
	Mental health of family member
	Cold, staying in bed to stay warm using electric blanket.
	Increased Stress. I am a pensioner on a fixed income.
	Stress
	Worry about how to pay bills
	The constant struggle financially has taken a toll on mental health
	Anxiety due to cost of living crisis- if it gets worse what is the point? Working to survive

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	General concern for the future with rising prices affecting our mental wellbeing
	Anxious, causing stress and tension in family.
	Loss of weight and mental health problems.
	Worried for other family members
	Constant stress
	We care for a 98yo mother who is blind, deaf, has dementia and is incontinent. She needs daily showers to maintain a level of hygiene to prevent UTI's and regular washing throughout the day as her eating is getting messier than a 3yo.
	Stress, unable to take baths to ease back and joint pains.
	Continual worry about rising costs of everything.
	housebound with health issues
	The stress levels have increased dur to the worry about affording the bills
	Have bad arthritis , body hates the cold and have had days of not putting heating on as I can't afford it
	Worry and anxiety
	Stressed. Unhappy and have no savings.
	Additional stress
	Joints aching from spending too much time in bed as an alternative to heating
	Worry and anxiety about how I am going to feed and keep my kids warm.
	Stress and pressure. Very concerned about the situation getting worse.
	Physically and mentally
	Making sure my kids have hot water and food is stressful
	The ability to see family and friends has been vastly reduced due to travel costs
	anxiety, worry, stress
	Not yet, though as winter comes I'm sure it will mean a greater chance of chest infections.
	Mental health - Very stressed about where the extra money is going to come from to pay the increase in bills
	Increased worry and stress such as paying less off one monthly bill to pay another and juggling finances. It really is having a negative effect on mental health. My husband takes anti depressants and I take on a lot of this as I don't want him to deal with it as it will have an adverse affect on his mental and physical health.

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	My wife has skin issues not helped by reduced use of the heating.
	More frequent cold symptoms as a result of less heating on.
	More stress
	Anxiety about rising cost of living. Inability to pay for other things which support good mental health such as gym membership, holidays, social life.
	Stress over making payments, not knowing if we'll be able to sustain.
	My wife has chest issues. The cold has affected her a bit. My 3 children have autism and don't understand why they can't play as much with electronic devices or why we don't turn the heating on but give extra blankets instead.
	I'm now retired but the price of petrol impacts significantly on our social life and my wife's income causing considerable stress at times and a degree of isolation as we live in a rural area.
	Depression
	Anxiety
	Stress and anxiety
	Stress of balancing everything
	Mental health is suffering with lack of proper nutrition and no xtra for special days with kids ie zoo or the such
	Worrying about payment and switching heat on and off
	I have diabetes and suffer from cold feet. I've reduced heating to the point that my feet are nearly always uncomfortably cold.
	Rooms are colder more chest problems , colds etc
	Energy bills are an increasing cause of stress for all
	Worry about heating the home & putting fuel in the car
	my son & wife always worry about about fuel & food costs
	Anxiety, exacerbating ulcerative colitis and PR bleeding
	Clinical malnutrition, exasperation of existing conditions
	Anxiety re being able to pay bills in future
	Anxiety as worrying about the ever increasing prices and wether we will be able to afford heat this winter
	Have suffered more colds and flu like symptoms.
	I am more stressed and anxious about managing to live within my budget.

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	Long Covid effects -
	2 children have food allergies - purchasing safe food for them has become incredibly expensive so they are unable to have some of the safe versions of food their other siblings are able to eat. This has caused upset.
	Constant cause of worry and concern
	Poorer quality diet due to reduced cash flow
	Extra stress which impacts on mental health
	Stressed
	Worry on price availability
	Very cold with thin blood
	As its still not warm weather and living by the sea in housing estate wind from sea freezing and my mental disease has worsened in that I stay in bed keep warm and I can't clean house as my head is definately not good it's not living its just existing and I live alone with no support from family or friends
	Health and mental health
	I suffer from Psoriasis Arthritis and have less heating has impacted my condition.
	Sleeping less. More worried, stressed about money.
	Increased worry - mental health detriment
	I have arthritis and need my home at a certain temperature but due to the price of fuel I cannot maintain this temperature which has an immediate effect on my condition
	Depressed
	Make sure I am warm, my feet get cold, I have a heart condition.
	Shame and depression
	Mental health. Panic attacks. Sense of hopelessness
	My children are being impacted emotionally and experiencing anxiety because of the excessive reporting
	I have chronic health conditions that are left untreated due to waiting lists, being cold causes me extra pain. The biggest impact is on my stress levels, I have no idea how to keep my house warm for myself and 3 children if it gets any dearer. We will have to ration electricity each day and only heat the water everyother day.
	Anxiety
	Ask me in winter
	Increased mental health problems

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	Living in a cold home will affect your health and wellbeing eventually. It's the worry about rising costs and the constant calculations and budgetting that grind you down. Very hard to relax.
	Added stress and anxiety hasn't helped ptsd/depression & anxiety.
	Lucky enough I'm working but if I wasn't I'm sure our health would suffer
	Do get out as much I mean socialising
	Depression and anxiety thru the roof
	She injured herself chopping wood.
	Worry about rising bills
	Stress and anxiety
	Needs heat for arthritic pain and fibromyalgia and can't have it on
	Stress
	To early to say
	Coldness and hunger.
	Depression.
	More money stress. Esp fuel
	Constantly worrying about rising prices of fuel,,
	Worry
	No emergency fund left, daughter in and out of hospital with heart condition, cost of fuel to get to and from hospital. Cant take time off work because we need money to live. Mental health suffering
	Stopped gluten free diet
	I am becoming increasingly concerned by yhe rising cost of living especially heating as it was low in comparison to now
	stress worried
	Mental health on how I need to find money to pay
	I have a bad chest and it gets worse when I'm cold
	Wife disabled and needs more heat to help pain but it's a no. No.
	Cold effects my wife's cardiomyopathy

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	It has placed a layer of constant stress which has impacted our wellbeing
	Need heat for my asthma
	Yes my partner who is the main breadwinner is suffering from extreme stress and exhaustion from working so many extra hours to provide for his family.
	Worry that the cost of energy will continue to rise.
	Increasing anxiety over how we will afford the increases and maintain our standard of living looking after our children.
	Increased worry and stress Lack of sleep
	Stressed and anxious. Cut back on everything and lived in colder and darker conditions which was depressing.
	Depression of trying to be warm. losing weight due to lack of food
	Less fresh fruit and vegetables. More bread etc to feel fuller. Less meat.
	By stress and anxiety
	Stressing and on medication for high blood pressure.
	Escalating energy prices & increasing rise in cost of living has negatively impacted upon households financial ability to effectively manage same which in turn has negatively impacted upon family members' physical health & mental wellbeing.
	Husband needs heating to be on as him being cold causes him more pain as he has polio.
	It's stressful trying to find the money to pay for gas and electric and being a pre-paid meter I have to have the money upfront to be able to use either
	It's causing too much stress. I suffer from heart problems and very bad arthritis.
	Colder home lower mood, avoiding the house staying in work longer to avoid heating and electric bills increasing
	Worry about paying, sitting in a cold room, and not sleeping.
	Depression
	Mental health, the stress of knowing we can't afford to run up the bills. Has increased anxiety in the house
	I have complex chronic medical conditions. Circulation issues and joint pain increased in the cold of the house. Two bad colds (not Covid) in recent months.
	My mental health is being impacted, worrying ... if I'm struggling now how will I manage in the Winter.
	Stress, anxiety about being able to heat the home

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	As husband & I both pensioners , we are very worried re CoL changes to come. I am also disabled & rely on keeping warm.
	Mental health has been greatly affected
	I've gone into depression with the worry of how I pay for certain things
	Both my wife and I have conditions which make us vulnerable to cold. We usually use blankets to keep us warm when we need to
	It has been a cause of stress
	Children are having more flu symptoms due to reduced use of heating. My partner and I have been experiencing mental health problems due to financial impact.
	Worry about cost and ability to pay in the future
	I am worried sick about how i can pay my bills. It has affected my mental health.
	Arthritis pain increased as I reduced my central heating usage
	My daughter has xlag and can't control her body temp so need more heat
	It is stressful as the increases in energy costs and knock on increases in goods etc seem unending.
	Stress and worry at the massive increases in a very short time
	This house was so cold in spring (below 10°C) that we were miserable, with children unable to do their homework.
	Limited use of heating. No
	I have cancer and feel the cold more than I used to. Have been wearing more clothes and using hot water bottles as I work from home.
	I have chronic health condition which cold affects. I endure more pain if I cant keep my home warm
	Mental Health suffered because of worrying about paying increases in energy prices.
	Yes mental health
	Coldness because of age, old injuries in bones suffer more with arthritis etc. Worrying, lack of sleep etc.
	Stress with ways to find the money, for the price rises
	Mental health has been affected as I feel more stressed about the rising energy prices and cost of living.
	Not yet but it may be next year when the price hikes really affect our resources....electricity direct debit was set last September so the huge rises have not yet impacted on us but will, come September. We were fortunate to have sufficient oil already in our tank to avoid the needing a refill over the last few months. We have a multi fuel stove and the costs of coal and logs have risen sharply.
	Affected mental health

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	Stress
	On colder days/nights the heating hasn't been on...more coughs and sniffles, poorer sleep. Energy bills causing huge mental anxiety to parent in household.
	It's affecting our mental health.
	Increased anxiety
	Mental health. Anxiety and stress not knowing how we are going to continue heating our home or fuelling the car etc
	Yes mental health due to concern and worry
	Both myself and my wife suffer from cold activated illnesses
	A child who has a disability, one of the side-effects of her condition is she gets cold easily and can cause her extreme discomfort. Cost of gas has impacted my ability to keep her comfortable.
	Less money for food
	Worry and stress
	Mental health deteriorated
	Wife on oxygen, 24 hrs a day, machines have trebled our electric bill.
	Stress has led to insomnia, weakened immune systems, etc., leading to sickness. Mental health has also suffered massively.
	Lack of good food due to paying for heat
	Mental health and physical illness due to cold
	Utter stress and worry about how to prioritise heating v eating
	Stress and anxiety due to low income and disability against rising costs of living
	Being cold because had no heating on as it's expensive. My health is very much impacted with this
	Stress, depression
	All i do is worry of how im goin to heat my house come september and where i will find the money to do it
	I've been diagnosed with stage 1 lung cancer and COPD, trying to keep working part time, getting no financial help my husband's my carer but self employed having to only be able to work PT because of caring for me and we earn just over threshold jointly to get any help. We can't afford to eat properly or have the heating on and I find it so cold with being unwell and going through treatment
	Not Yet!

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	Mental health & anxiety
	Increased costs in food and energy means reducing the quality of food consumed. Also drastically reduced gym memberships and exercise classes
	My mother with multiple medical issues has felt her pains more with less heat in the house
	Stress of having to work more to support family and pay bills
	Worries, constant pressure
	constant stress, constant worry, worsening health due to lack of heat, lack of food, lack of security of future food/heat/etc. Meanwhile, each and every service that might help to rectify these issues is simultaneously being cut, or has already been cut to the bone. There has been a cost of living crisis since the last recession began, never mind recently.
	Stress worry mental health
	I'm suffering from anxiety & stress due to worrying about increasing costs
	I have asthma and copd, cold air irritates my lungs and worsen my condition, I can only afford 1 hour of heat per day, my privately rented house is drafty and not insulated so my house never heats up properly and doesn't hold heat inside
	Stress
	Increased financial stress
	Can no longer afford to fill car - only make short journeys now Food - really cut out all the non-essentials where possible
	Pains have got much worse and circulation too
	My mental well-being has been affected
	Worry about heating and hot water and the electric bill
	Always checking oil levels as it's near empty and trying to save money for refilling before the winter. Extremely stressful managing the household income knowing things are getting more expensive
	Anxiety
	I am an asthma suffer and my partner is a stroke survivor
	Increased anxiety
	Eating less
	My son has given up trying to budget and drinks his money away. He was doing so well but the impact of increased has left him unable to manage and he has simply given up.
	My mental health is being impacted daily over worries about rising cost of living as my budget is already tight as is.

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		We worry about the soring fuel prices, we're not desperate yet
		Do we heat the house or eat food. We work and so there is no help from government so this causes mental health problems with anxiety etc..
		our mental health has deteriorated substantially, increased anxiety about where we can find the money to stay ahead leading to sleepless night.
		I am concerned about increased costs and my ability to manage things in the future so my anxiety levels are elevated
		Mental health - worry Frequent asthma attacks
		Depression and anxiety has worsened
		Not officially - but significant impact on anxiety
		Concern as to the continuing cost and worried about the ability to pay for it all
		Stressed worrying if I have enough money to cope with future raise
		Paying double for energy is stressful.
		My wife's mental health ,she worries about everything since covid arrived but the still leaves lights on!
		Anxiety about rising cost in an already tight budget
		Anxiety and worry about rising costs
		Pressure of increased prices has caused me to feel stressed and worried
		Mental health and now physical health has been affected
		colder house leading to muscele spasams
		Increased stress and anxiety Have a condition worsened by cold conditions
		Mental health anxiety issues
		Chest issues made worse by cold/damp
		Can't enjoy the things that you enjoy as often as you once did to try save as much as possible...I personally have had to use savings to supplement my monthly expenditure.
		Mental health.
		Mentally by worrying will we be able to survive the constant increase in prices.
		anxiety. Concern for elderly parent.

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	Everything questioned heating, washing,transport the whole lot has to be considered fully to reduce the costs and wastage of everything.
	My husband suffers from depression and the risen fuel prices has prevented him from taking therapeutic drives for the betterment of his mental health.
	Worried about increasing costs has affected my sleep
	Worried
	My sisters health has declined as she will not put in heating even though I tell her to she worries about cost
	getting more colds
	I've not been putting the heating on, even when it's been cold, instead using a blanket or putting the electric blanket on for a short while and going to bed early. This has negatively impacted my sense of well-being.
	It's the stress of seeing everything rise in price, and while you make cutbacks, you have less in the bank every month.
	catching colds due to lack of heating and buying cheaper foods.
	my husband was under stress when they set through a huge bill after there was a mix up at the suppliers end.
	Constantly worries
	In a state of panic & depression constantly. Living on toast & jam.
	Need to keep warm due to health condition.
	Stress
	Worries about rising prices and cost
	I have joint problems and not being able to heat the house makes this worse.
	My mum has a lung disease and other ailments. She can't seem to get warm but she is now very cautious about using the oil or electricity or gas.
	Immense stress leading to physical symptoms such as headaches, shingles, cold sores
	Anxiety
	Stress and anxiety about affordability
	Mental health effected
	Additional stress and worry on a family member who already has mental health conditions.
	So stressed out about not been able to buy oil and food. Taking more tablets for drpersion
	Reduced leisure activities due to increased fuel bills lead to poorer mental and physical health

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	Our bills have gone up so much we aren't sure how it's going to be possible to keep on top of in the winter
	Tired all the time. I worry constantly about heat in the home for my child, i worry about how i will get to work when ive no money for diesel. My health is poor and im run down constantly
	less heating makes house environment colder affecting respiratory issues
	Increased stress as costs increase and avoiding putting the heating in
	Anxiety, unable to sleep
	Anxiety about being able to pay their bills
	Mental health impacted by stress
	My husband is depressed (we suspect bpd, but there hasn't been a diagnosis yet). His lows are more extreme and he becomes angry and unreasonable more quickly. He takes this out on me and our child. We are now known to social services... When we have money available, he is a completely different person, but some months, that's only two or three days in the month, recently.
	Stress, depression.
	Mental health and social anxiety  Stress levels are through the roof. Between gas, electricity and diesel, it's not sustainable  Going cold more frequently  Stress and worry about the rises, particularly the winter coming  Mental health has been affected with constant worry over the level of oil and credit in electricity meter. Also sacrificing social events as prices are to high to justify spending money on non essentials  Yes stress of exorbitant energy prices and energy companies making exorbitant profits is affecting mental health. 1 company paid £4 billion dividend to shareholders which is shocking. Lack of Stormont executive or windfall tax just more stress and strain on my wife and I and family. This is same for many households. No emergency energy support for business either  I have a disability I get cold and my muscles get stiff  Stress  Added anxiety to meet bills.  Stress and mental health problems from thought of the price of everything, not eating to save money  Constant worry about rising costs of everything  Stress  Weight loss and stress

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Not yet

My partner has a number of existing mental health issues. Concerns about what feel like constant price rises have exasperated this for her

Mental Health Stress

Partner has lupus and the house being cold can take quite a toll on her, particularly when it comes to Raynaud's well being, mental health. I am job hunting and getting anxious that I picked a bad time to leave my job. Worried about rising costs of living, the incoming recession, and company layoffs.

More time working to earn money = less time to exercise [physical health] or spend time together [mental health]

Increased anxiety

Stress for both of us

Mental health is suffering because of lack of money

Family members have gotten sick from taking cold showers. Children have lost weight from skipped meals. Mental health all round the family has deteriorated

Mental health issues

Stress

Suffering severe mental stress.

Physical and mental health has been affected through worry and cold from not being able to put heating on

Constant worry about the cost we can continue to afford. This is having a lot of mental anxiety for me.

My wife is unfit to work because of her health and I just earn £600 per month as I only work 10 to 16 hours a week and we're living off the few savings we have so it is a stress on my mental health.

Stress

Have a bad chest with less heating on chest gets worst

Stress and not having a warm enough house

Several family members have arthritis, and the cold can cause this to aggravate.

always sick, cold, depressed

Constant worry and stress leading to no use of heating as scared wont be able to pay both heating and mortgage.

Stress and anxiety

Stressed out worrying

**NView - QUESTION NEA5:**

**Has your health and wellbeing, or another member of your household's health, and wellbeing, been impacted by the rising energy prices and cost of living?**

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Yet!

Menai health through stress and worry.

I'm cancer patient that have to do without heat, this year summer is none existent.

Lot of angry and arguments, depression.worry and anxiety.

You are far more reluctant to order oil for the tank because you know it costs so much but it is very necessary. And when you are living as a student, you might want to order oil because you can afford it but this is not true for all my housemates. There was a good month in the winter when we didn't order oil because it was too expensive so just relied on hot water bottles.

Can't afford fuel for car.

Anxiety and Depression

Constant worry affecting mental health

My 4 year old has asthma and house not being as warm exacerbates it and has made him more liable to pick up colds which he takes badly

Yet he stress and humiliation has taken its toll.

Can't afford to heat to help my pains

Worry

Not yet

The house has been cooler and I put on warmer clothes.

Bad mental health

Cold

Severe arthritis more pain when cold  
Stroke same problem

Stress due to rising costs

Lost weight and living in a single room living like my grandfather did in the 50s

Stress and worry

Monetary pressures

Partner has since been diagnosed with depression and anxiety and is in constant stress

Increased stress

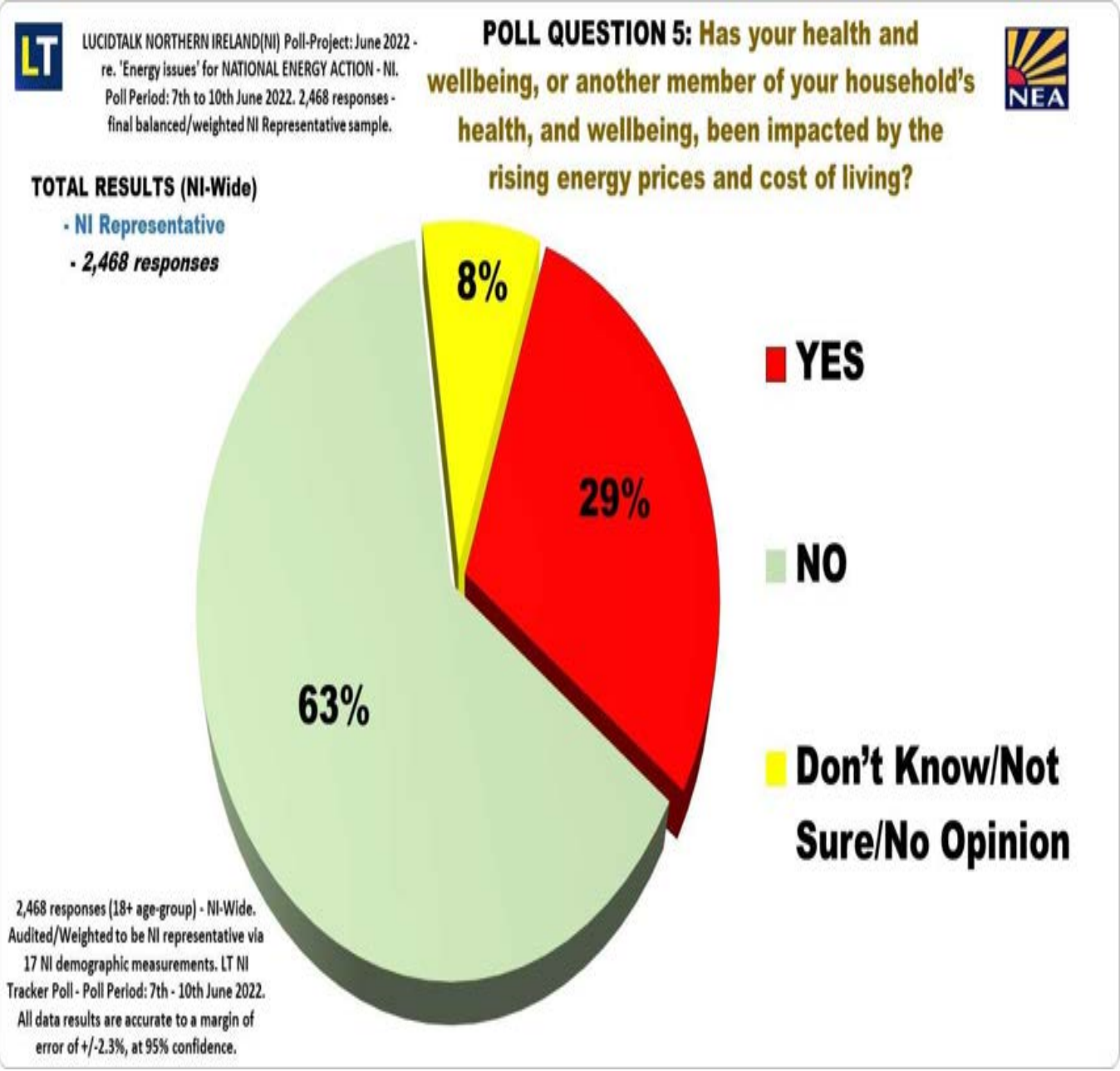
Having to make cut backs

**NIView - QUESTION NEA5:**  
**Has your health and wellbeing, or another member of your household's health, and wellbeing, been impacted by the rising energy prices and cost of living?**  
 – **POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**  
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The weather is still very cold and I find it difficult to get warm as I have to be careful with the heating and I am not well enough at the moment to get enough exercise

Anxiety and depression

Mental health is struggling with the pressure, considered taking on another job to try and cover costs.






**NIView - QUESTION NEA6:**

**Has your quality of life, or another member of your household's quality of life, been impacted by the rising energy prices and the cost of living?**

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Answer Choices						Response Percent	Response Total
1	Yes					40.0%	990
2	No					53.0%	1,296
3	Don't Know/Not Sure/No Opinion					7.0%	181
Analysis	Minimum:	1.00	Mean:	1.70	Std. Deviation:	0.58	answered 2,467
	Maximum:	3.00	Variance:	0.33	Std. Error:	0.01	
	Satisfaction Rate:	35.17					

If you answered 'Yes' - How has your (or a member of your household's) quality of life been impacted: (594)

	Not heating the house.
	Frightened to use heating
	Less expendable income
	Causing worry and stress
	Fuels are too expensive
	We can't afford to heat and eat. It's an either or
	Worried about the future
	Cutting back on luxuries, less eating out, no foreign holidays
	I'm disabled and stress about a new rise in my gas of 47 percent
	Cut down on travel/leisure because of cost of fuel
	Keeping heat off even when cold
	Cutting down on unnecessary purchases
	More cautious about energy use. Cutting back on other spend aware bills are going to increase
	Less money available for luxuries and social events.
	Less travelling, fewer visits to friends and family
	Budgeting, less away breaks
	Unable to purchase what I wanted due to the long term cost

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	Less frequent car outings and eating and drinking out
	Reduces money for other things such as days out or special meals
	Less likely to travel in car or use public transport. Work from home more where possible
	less fresh fruit, meat and vegetables bought weekly. Less treats for the children, lunches instead of school dinners.
	More work and stress leading to a decline in mental health
	Diesel too dear - can't get about as much, even the price of red has gone mad,
	We have become less lazy due to going outside
	Reduced heating.
	Stress; debt
	Poor mental health due to worry in ageing father
	Had to cut back on other expenses and change holiday plans in case of further expenses arising.
	Asthma and Arthritis. When it is cold, these conditions tend to flare up.
	Less money to spend on other things
	Increased anxiety
	Had to stay longer in bed rather than heat home
	Less 'luxuries' e.g. family days out, eating out etc, things you may have taken for granted
	Cutting back on items
	house a little colder, showers not always ready to use with hot available
	Restricting activities
	Less cash, unable to socialize
	Sleepless nights worrying about how we will manage come winter
	We never eat out or socialise now. Buy 2nd hand clothes- only take the kids for walks and picnics rather than indoor play centres
	As mentioned above, disability is impacted by cost of living
	Can't afford family days out
	Constantly monitoring energy meters. Not using gas heating at times when I normally would.

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	As above
	Have no disposable income left when the bills are paid
	Unable to afford treats and have to limit travel in car
	Less disposable income
	Had to make some cut backs in spending on groceries and eating out
	Mental health
	Feeling cold rather than put the heat on.
	No quality of life in a cold home
	Don't travel as much
	Due to rural living and family living miles away we're kinda left lonely at times which impacts on mental well-being
	Can't afford to have days out or even go cinema. Mental health has deteriorated massively and anxiety increased as worrying about how I will manage later in the year when it's cold
	Unable to eat out or enjoy leisure time outside home
	I now find my disposable income is gone. I have to work to pay bills and therefore have no money for anything recreational or enjoyable.
	Have to do less of almost everything
	Tightening of the purse strings in other areas
	Definitely not eating well enough
	We do less day trips with the children as diesel costs too much
	Reduced spare income
	Stress
	Worried about rising costs
	Working longer hours to raise money for heating oil
	See above
	We don't have the same amount of disposable income to do fun family activities
	Stress. Sleep pattern impacted.

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	Reduced spending on other things
	Poor mental health
	I think that this has not hit us yet.
	No money for going to pub, restaurants or cafe.
	Stress and changed lifestyle to save costs
	Reduced money available to spend on other items
	Don't go out as much.
	Less money available for days out/eating out
	Less social life
	cant afford to do simple things like washing and ironing. Only shower on days I have to go out - wash hair in cold water. Looking out daily at a garden that is like a jungle depresses me.
	As I can't afford as much to eat as it goes on fuel and my 2 children, Im using this as an opportunity to intermittently fast and have 1 meal a day.
	My mum is a pensioner and has had to reduce the time her oil is on. She is bed bound and takes blood thinners so she needs to keep warm
	We dont want to go out to spend our money and we dont want to stay in and use our heating.
	Cold, can't wash enough or be clean
	Reduced other spending on social / leisure activities to prioritise fuel and food.
	See comments above
	have less to spend cut down on social life ,wearing coat at night to keep warm
	Can't afford any treats or luxury items for special occasions
	Less money to spend on other things
	Cutting back on everything. Tend to skip one meal a day now. Also wash everything less.
	no unnecessary travel, restrict what we put on in the house and use heat sparingly.
	I have to cut down expenditure on other items, so there are fewer treats and certainly no holidays.
	Less money available for food etc
	Reduced heating.colder evenings

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	Just worry stress and having to cut back on heat and electric
	Worrying about the impact now and fearful for what's coming in the winter.
	Going out less, fewer luxuries.
	No real social life now, all left over money is going towards preparing for the worsening situation
	Can't drive as much I am used to
	Have to cut back elsewhere
	mother is disabled and needs to be warm during the day
	Stress
	Have been cold
	We dont have any extravagant meals. Just the basic meals daily.
	I just buy day to day I used to do monthly shop .
	Less money available
	My daughter has an ASD and because of high costs we can no longer go out much so she is in the house most of the time.
	Less money for luxuries such as meals out.
	Less money for social life.
	Very anxious about rising costs
	Absolutely. Myself and my teenage children are still getting back on our feet after being made homeless and living in poverty. We were not in the best position before the cost of living crisis hit.
	Basically no disposable income anymore and having to use savings and selling other assets to get by.
	Cost of car fuel
	Stress / worry.
	Less to spend on other stuff
	Stress, not keeping the house as warm
	Reduced the number of social events
	Cut back on certain things
	Have to make difficult choices on what to spend, particularly children as activities.

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		1. As above 2. Stress relating to ability to pay for heating and travel to work.
		Deciding not to take a holiday this year, fewer activities for kids
		As above
		I'm much less likely to heat water or the house.
		I am having to go to bed at 6pm to stay warm.
		Not eating as much due to having to put extra away for oil and petrol
		Since February i have heating 1 hr a day i am a pensioner
		Cut back on heating , clothes washing! Etc
		colder
		Added stress due to anger at government inpotence and inability to have a disposable income due to the cost of essentials like fuel and food skyrocketing
		less disposable income. this has increased, as my wife is on mat' leave. so i am covering her contributions to the bills. means we spend less elsewhere
		Less money to spend on other items like food or gym membership
		Health affected with not eating properly.
		Reduced disposable income
		As a pensioner, I need to buy the cheaper, less healthy alternatives.
		Have had to change some habits, go to bed earlier and get up later, go out more, have less people visit.
		Afraid to turn heating on because of costs.
		Less disposable income leaves no room for some of the 'luxuries' like the odd meal out or taking kids to cinema.
		Mental health
		Less spending on socialising or holidays.
		General worry about all bills increasing
		Our house is cold.
		All luxuries and days out are cancelled
		Again younger son is scrimping on groceries to pay for energy and very stressed indeed about it, leading to arguments with his partner

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		If cold I limit the central heating to 2 / 3 hours
		No heating oil= no hot water
		Cannot got out or spend money on healthier food. Just eating for fuel not for health
		Can't save and top the kids saving accounts anymore less meals out and less journeys
		Reduced socialising somewhat due to fuel prices for transport
		In particular my wife's as she is now becoming overly anxious regarding energy costs.
		Less money.
		As previous answer
		Worry worry
		Less money left at the end of the month due to rising costs.
		We are reasonably well off and certainly not complaining, but have had to reduce the amount of money we can budget for holidays, and are being more careful with eating out etc.
		I have less disposable income. I've had to renegotiate my mortgage.
		Working longer hours and sending children to bed early to avoid heating costs
		Struggling to make meals substantial as choice of affordable food is basic..
		Petrol prices have reduced car usage
		With the property being cold there's an increase of black mould
		It's impacted family spending on outside activities
		Anxious about uncertainty due to price rises.
		Mental issues, constant worry
		If I'm cold I go to bed
		We don't have as much heat in the home and we would wear extra clothes or put a coat on to be able to safe on oil usage.
		Had to cut back on non essentials e.g. entertainment and eating out
		Less money for food and other essentials, worry about future
		Concern about future rises
		The stress of budgeting and consideration of having to take on a job after retirement

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	Limiting shopping, family trips
	Can't afford to go out the door, no disposable income, living to pay bills, no life outside of paying endless bills
	Less money for special occasions, ie weekends away, going out for meals...
	Worry about how to keep paying for it all and also worry about prices continuing to rise.
	Getting cold showers washing dishes in cold water and living in a cold house.
	Less money for recreational activities.
	Less showers/baths. Colder home for everyone
	Less money to spend on other things
	Yes. Less social interaction, less media use, fewer substantial meals, constant financial stress.
	use blankets instead of central heating, very minor inconvenience really
	Buying cheaper food and trying to make fewer journeys by car.
	Wife suffer from arthritis and feels the cold
	Cut out treats, eating out, trips etc
	Cutting down.
	Cost of petrol means we don't have days out, we buy less food and treats.
	Not able to go out as much due to rising costs and reduced my heating.
	No longer able to go out and visit places. Had to sell car
	See above, it's desperate out here. I'm CEV and haven't left the house except for vaccines in two and a half years. I took a rare reaction to the vaccine and now have limited mobility due to Lymphoedema. I mainly get by just crawling around the house. In the dark and often in the cold.
	Eating less, money going on children instead.
	Less money to go out
	Cold at nights impacts ability to sleep
	Stress and worry of ever escalating prices
	Less healthy home environment.
	Constantly under stress about paying bills, having enough money to pay for essentials etc.

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	Significantly reduced disposable income
	I'll more often
	fear about the future, especially the winter months.
	Rationed heat
	Less disposable income for luxuries but also less available to help out other family members who are really struggling
	Caus
	Lowered the thermostat, and often to bed earlier when cold
	Cutting back on some of the essentials in life
	I'm cold and can't afford heating
	energy costs as part of ever rising living costs
	Have to shop around for bargains & we have installed a Polytunnel to grow our own vegetables
	See previous answer
	Chosing between eating and heating
	less and less disposable income due to monthly money in meter not stretching as far
	home is less comfortable, routines changed such as power showers are a thing of the past
	Mental health impacted on all the house hold
	Less likely to put the heating on when it's cold, due to increased energy costs.
	Less disposable income
	Reduced contact with friends, sleep worse, possible degradation in physical health
	Driving less to friends and church events
	Being less inclined to put heating on so bedrooms can get cold at night
	Not able to do the things we would normally do as in days out or buying of certain items as less money available as disposable income and too much cost to travel places with fuel prices going up
	finances low effecting my mental health. Isolation ,depression no hope of future.
	Reduced spend on other items
	See above

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	Can go anywhere petrol is to expensive
	As above, stress & anxiety
	but it will be at some point if costs keep rising
	We don't go away anywhere unless we have to
	Reduced money for luxuries - cinema visits, coffee shops etc.
	Due to less funds have been unable to maintain my car and was therefore forced to sell it.
	Cutting back on spending money on everything else as energy is priority so kids not getting as much as they used to.
	the need to cut back on "luxuries" ie. alcohol and the amount of unnecessary driving ie. for sightseeing or a day out
	impact on disposable income. Having to think about other purchases, in particular going on holiday or to see relatives
	Cant afford to do simple things any more
	Less money to spend on entertainment or going out
	Mental health and anxiety
	stress and worry
	Far less disposable income. Not as much socialising or "luxury" trips e.g. cinema, restaurants, pubs etc. Hardly ever visiting family because fuel prices are too expensive to fill the car, so we just stay at home.
	Don't feel as Easy home
	Cut back on discretionary expenses.
	It's doubled !!! At least doubled in the past 6 mths ,a big of pet food for the dog cost £9-99 last month ,this month it's £ 17-99 , it's just beyond any reserve I had ,is gone .
	Had to remove the kids from some activities
	I can't afford as much and worry about the bills, but I pay them best I can and am mentally drained from worry. I work but don't get benefits so don't help. I can't see a doctor and so can't apply for PIP to help with the extra costs from disability from Polio and Cancer
	Less money for healthy foods, general hopelessness.
	Considerably increased pressure.
	Colder home
	Have had to buy cheaper foods

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	Worry about using my car to get to work. I use my car for work and this is why I cannot use public transport. I may end up losing my job if I cannot afford to run a car as I am an essential user in the Local Council
	Reduced heating, electricity for leisure use
	My Wife suffers from Fibromyalgia, and requires hot Showers more frequently than some other people due to the Nature of her illness, obviously this occurs additional expense with higher costs.
	Not being able to heat our home or use lights to try and keep costs down.
	Less disposable income, no socialising at all, not even considering a holiday even though we haven't had one since before covid
	Colder and not as much food
	Not using as much electricity has impacted our autistic children who rely on iPads for support. Also not washing clothes as often as we once did.
	Reduced spending on household items
	Reducing use of central heating
	Loss of weight and mental health problems.
	Less activities for our kids!
	Less meals eating out at a restaurant
	Can't afford luxuries
	Being summer the situation is just about manageable but we are dreading the winter coming in.
	cut back on luxuries and eating out
	Cold during day and night. In bed to keep warm. Not good for health. Have to eat so no heat. Stressed
	Feeling cold but afraid to turn on heating.
	Cut back on various things, eat more cheaply, go out socialising less, travel less frequently due to costs
	missing meals, having more clothes on to stay warm
	Doesn't leave home
	Our house is cold some nights because we can no longer afford to put the heating on.
	Trying to buy cheaper foods and not getting any treats or nice food as its too costly
	Additional stress

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	Every food, clothing and energy purchase I make is as much as 50% higher than 6 months ago. So I have to do without
	No longer can afford the small pleasures in life. I exist to pay bills.
	Financial and personal pressures to make ends meet.
	Change's in spending "unwisely " due to caution over price rises
	Partner has chronic pain syndrome. Has to wear layers or go to bed when heating off
	Less money for other bills, having to decide what we can do without. Although we're not having to heat or eat we're doing without a proper holiday and nights out not to mention new clothes
	Currently living in colder conditions at home and no spare income for elective extras.
	Cut back on little luxuries
	Our father has brain tumours and on cold days we have to put 2 quilts on him to keep him warm as we can not afford the heating on and food costs.
	not being able to use car as much even though one person has mobility problems
	Reduced spending in other areas to ensure heat,hot water and power
	Spending too much time worrying
	Husband always cold due to autoimmune illness. Will now put on extra layers or use blankets instead of central heating
	Constant need to look at cheaper alternatives
	Less disposable income available to support 2 teenagers
	We don't really go out or socialise any more as we have less disposable income. Going shopping used to mean browsing and having a coffee, buying something that we maybe didn't need but liked (clothes/accessories for the house etc, doesn't happen any more because there's a lot less 'extra' money and the cost to fill the car with fuel is absolutely horrendous. We now work to pay much higher bills.
	We can't get out as often as we live in the middle of nowhere and rely on our car.
	Travel less because of oil prices.
	Unable to go out as much either in the car or to have meals out
	Less socialising out. More at home socialising.
	Less disposable income means lowered quality of life.
	Savings for other things in life outside of necessities have been depleted
	Same as above.

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	Affordable holidays are a thing of the past. The coming winter is a worry when our fuel needs will be at their highest and prices are on a rapid and seemingly irreversible spiral.... and, as in Question NEA5 our social life will be even more restricted and our sense of isolation increased,
	Stress
	Not able to do other things due to money being spent on energy bills
	Impact of petrol and diesel prices restrict travel
	i use as little gas or electric as possible
	Feeling colder as we use the heating less.
	Less money for treats, luxury goods holidays etc
	Having to bathe less, also layering clothing to keep warm when delaying putting on heating. Bad for mood/quality of life.
	The cold impacts on our long term conditions
	Often cold
	I have always been very careful about using the central heating, now even more so. So there are times I am cold and would like to turn it on but dont.
	As above
	Reduced electrical use - especially tumble dryer
	Less personal hygiene and less food to eat.
	See above
	less disposable income for clothes holiday. canceled Sky sport
	Less disposable income
	Less income available for other uses. More hesitancy around using power
	Less disposable income
	We've had to cut back & the cost of everything has shot up drastically
	the constant worry about fuel & transport costs
	As above
	Less spent on food and heating. Frequently cold in recent months.
	Cannot afford basics

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	Reduce travel and groceries
	Shopping around for best value and changing shopping habits. Reducing the times we'd eat out/takeaways.
	Anxiety as worrying about the ever increasing prices and wether we will be able to afford heat this winter
	Had to reduce expenditure on many other things, Events.
	Now buying cheaper food options if possible. Using car only when absolutely necessary.
	The cold - lack of heat.
	My anxiety has become much worse.
	Less to spend on other things
	Just may making alternative decisions and choices. Prioritising and being responsible in my choices and educating my family to follow the same behaviour.
	Much less able to meet friends and family as cant afford to travel or socialise Food quality and quantity has dropped In colder weather house uncomfortably cold at times
	Due to stress of worrying about bills
	No heat on in April/May in spite of northerly winds
	Less disposable income
	Can't afford to socialise.
	Worry affordability
	Anxiety
	Early to bad
	My mental disease I've had from 16 since 2020 came its got worst. I haven't even the energy just everything on top of me
	Cut back on other important house hold items
	Cant shower as often. Have to wear additional clothes in the house
	much less disposable income so less luxuries.
	No socialising as the increase in fuel costs now use this money.
	Due to rising fuel prices we are unable to visit our grandchildren as often as we have been used to.

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	Less disposable income for social events or luxuries
	Reduced mobility/socialising
	As above
	Afrind to buy to much food
	I need to cook foods which take less time,use less energy. Nó extra treats.
	Only part of the dwelling heated. Occupiers having to wear extra clothing and blankets in colder weather
	I myself work in the taxi industry it was hard enough during pandemic..now the price hike on fuel really makes it not worthwhile....
	Have cut back on spending on things that are not required I.e. mobile phone
	Can no longer go our to nice places with the kids
	Feeling cold and miserable.
	Less money for socialising or for unnecessary goods
	In debt to other family members to help keep the lights on
	No money for activities, socialising, bus fares, no treats
	We aren't driving as much and living rurally this is impacting on our wellbeing and connectedness. Have given up exercise classes and other social /health opportunities to save fuel.
	We are washing less frequently, have to sit with hot water bottles and dressing gowns over house clothes during the last winter. It is going to be the same this coming winter too.
	I answered yes but not just based on the cost of energy but on the rising cost of so many things including petrol and groceries I am cutting back in my discretionary spend including takeaways, days out etc thus negatively impacting on small businesses trying to recover from the pandemic.
	Can't afford to buy things I had hoped to buy this year
	Ask me in winter
	Already stopped going out due to money issues long before covid hit ,now am not able to even stretch to a takeaway
	Less spendable income
	You can't do much spontaneously, you are always checking if you have money, even to meet friends for coffee. Socialising is the first thing to go, and you are always looking for cheap food - no luxuries.
	I've had to rely more on my elderly parents.

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		We don't go out
		When energy prices started to go up I was not working and that was a major worry
		Staying in home more often
		Skipping meals and washing with cold water
		I get cold
		Alot less disposal income
		Fear of what's coming
		Cutting back on non essential spending
		Stress, anxiety, pressure of providing
		To early to say
		Mental health is effected due to constant worry about the cost and rising of prices.
		Spending cut back on heating and food
		Less leisure trips
		Spend more time in bed to keep warm.
		Have had to cut down on travel
		Mental health from worry re cost of living
		Less disposable income as more going on fuel
		Not sleeping well , worrying about heating bills
		Worry, little money
		Forced to buy cheaper food products. Eg stopped gluten free items
		We all are having to review spending habits and had already cancelled future holiday plans as a start
		Home is colder.
		Has to wear extra clothes to keep warm.
		stress
		Showering once a week, in lukewarm water. No hot water to do dishes, so dishes pile up, which doesn't help my depression

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	I can't afford to heat my home the way that anyone should be able to and because I'm disabled I can't work to pay for heating
	More pain with reduced heat
	Partner who is a nurse is now working agency shifts to cover cost of living. Agency pay is better than nhs.
	We just about keep ur head above water. Our kids no longer get days out or the odd treat. They are autistic and don't understand why. We feel like bad parents for not giving them the quality of life they deserve.
	less family days out socialising
	We are not able to use the dryer and it's difficult to get laundry dried in humid warm weather. This means there is damp air at times indoors to get laundry dry. Two of my kids suffer asthma and this is aggravating that.
	Having to put on extra clothing to stay warm as heat is too expensive
	Miserable being colder and worried if the oil runs out. My last oil was double the price so I need it to last.
	Anxiety to know what to do for the children.
	Unable to use the car as much to take my disabled daughter out. This means she is entirely restricted to the house.
	Had to cut back on kids social activities
	Now I cook meals on mass. We eat the same thing for days and use the immersion as little as possible meaning we have tepid shirts or baths
	Worrying about Gerri going into debt and taking less trips out.
	Rising energy/fuel costs has resulted in limited use of oil central heating - heating is only used when absolutely necessary ie the house has become unbearably cold or the need for hot water to shower. Whilst the home has an open fire we can no longer use same due to the use of supplemental oxygen equipment & even if there wasn't this safety aspect, the cost of coal is somewhat prohibitive. Also medical aids such as hoists, pressure relieving mattresses, chairs & cushions all need electricity to function, which places additional burden & stressor upon households limited finances.
	Working from home with no heating on. Wearing dressing gowns over day clothes
	It's stressful and causes worries and anxiety
	I have 3 daughters who are students and they struggle to keep up with their energy bills.
	we don't go out as much
	I can't afford to go out in the car
	but weather is good at moment less use of heating
	Less happy cannot come home from work and relax always worries about costs of heat food electric

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	Sitting with coat on inside, is like the dark ages
	Always worried and down over raising costs
	Worrying about how I'll pay for food etc is causing anxiety
	Contributed to large reduction in disposable income
	Stuck indoors. Isolated and reduced opps to have fun.
	Cut back on travel and socialising
	Less money to go round
	The amount of disposable income has been greatly reduced.
	On a cold night I go to bed to keep warm ...
	Less disposable income
	As above. Both pensioners and we are worried re the future. Plan to downsize house.
	by worried induced stress
	No luxuries, not even the ability to save for anything. It's all out of reach.
	The impact is so hard trying to juggle what I use my wages for its so bad that I now have to work out how much petrol I can put in my car to allow me to get to and from work and this is now changing day to day , soon it will be do I buy food or heat my home or even now pay for petrol to get me to work to get what money I have .
	The house is colder and less comfortable.
	We have had to cut down or cut out our usual branded items when shopping and go for cheaper fuel when topping up our car.
	Less availability of money for entertainment and travel/holidays.
	Having to consider if taking the car is an essential for to the cost of fuel
	Reduced the amount of disposal income
	Gone are the little treats like a day out or a drive around the coast.
	Reduced money available for non-essentials such as days out with family
	More cautious of what I simd and on what. Especially using my car
	Yes effects your mental health and my blood pursuer is as it is a contest worry about money to pay the mirage

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	I put in a cost instead of the heat. And I eat less so I do t burn electricity cooking it and I have cut down on grocery shopping to help pay the gas and electricity.
	Trying to use the car less.
	We don't have that much disposable income, what we have has been significantly reduced.
	Not being able to go out the same or buy the same foods
	I will consider how I spend money on leisure and holidays etc
	Anxiety over cost of living causing sleep loss and other coping behaviour
	More money for heating less for food etc.
	I spend a lot of money on integrative cancer treatments and only now work part-time because of my illness. Money is tight and getting tighter.
	Need to make cuts in expenditure, no luxuries
	I spend more on heating my home so i have less money to socialise which affects me as i live alone
	Less money to spend on everything else
	I don't put on heating and would use more clothes to stay warm.
	Have to do without to be sure there is enough left to keep the lights and heat on
	Through mental health and worrying about bills
	Can't afford necessities anymore. Stripped of mental health and well being outings etc. Cant afford to go out now...which makes one sit in colder house...trying to economise
	Afraid to keep the heating on too long, Go for a drive in the car to warm myself.
	Budget more. Buy less
	Less money to go around
	When I feel cold I put on something warmer instead of putting on the central heating as I'm worried about usage and ultimately the cost.
	Don't travel as much in car. - Don't eat out.
	Not yet but it may be next year when the price hikes really affect our resources....electricity direct debit was set last September so the huge rises have not yet impacted on us but will, come September. We were fortunate to have sufficient oil already in our tank to avoid the needing a refill over the last few months. We have a multi fuel stove and the costs of coal and logs have risen sharply.
	Having to cut back on eating out and leisure activities

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	Reduced quality of home cooked meals, cheaper, forced to make more processed choices. Mental health shattered with bills increasing so much so often
	No heating.
	Less disposable income to buy basic necessities
	As above. Previous answer.
	Yes only affording essentials and luxuries or treats are difficult
	Constantly worrying about can we get through each day
	As a lone parent with 3 children, one with a serious heart condition. We can no longer afford trips out as petrol is very expensive (walking not an option for 1 child). Socialising with friends has had an impact due to the cost.
	Both disabled and need car
	Less warmth - Less washing
	Taking no holidays this year, reduced eating out, cut back on takeaways
	Can no longer afford luxury items such as eating out, takeaways, alcohol, family trips
	CUT BACK ON EVERYTHING, ESP TREATS AND DAYS OUT
	No money for food.
	Cold home
	Not buying as much groceries
	less ad hoc travel
	Cut back on other things.
	Less food in the house. Recreational or social activities are almost non-existent.
	Less disposable income to spend on clothes, going out, holidays
	Less disposable income.
	Stress and anxiety and we think twice before putting on the heating.
	depressed
	Far less disposal income once essentials come out of household budget
	Working from home in the cold weather

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	Cut back on activities, reduced sky TV packages
	Stress and anxiety impacting health conditions
	Not enough money to go around due to rising energy and rates
	Skipping meals, Exhaustion, Poor temperament, Unable to drive places due to fuel costs, isolation + loneliness, mental health decline.
	Its always on ur mind from morning to night
	As above .. I've been diagnosed with stage 1 lung cancer and COPD, trying to keep working part time, getting no financial help my husband's my carer but self employed having to only be able to work PT because of caring for me and we earn just over threshold jointly to get any help. We can't afford to eat properly or have the heating on and I find it so cold with being unwell and going through treatment and we can't afford to way out, go anywhere or properly heat ice had no carers since lockdown had no contact and as I work still part time from home I just live in my pyjamas as I've no immediate family to help me get showered daily and dressed anymore. I suffer severely from depression now and on medication
	Anxiety
	Limited socialisation opportunities to mitigate costs of food and energy. Reduced healthy food items in diet
	see last question
	Less opportunities for outings and socialising.
	We now have no disposable income and and at times we have to cut back in essentials
	Can do less, feel unable to do many things including getting a small break or holiday
	Low mood.
	As above
	I spend most of my money on rent, utility bills and food, there's not much left for anything else
	Stress and no disposable income
	Unable to afford the cost of running the car as usual
	Diesel costs. Still buying it mind you.
	Worried
	Trying to keep heat off as much as possible so rooms are now continually cold
	Money is a lot tighter, so we aren't spending money on 'luxury' items and we are a lot more savvy with regards grocery shopping, ie discount shops/ brands rather than big supermarkets/ leading brands.
	Miserable existence

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	Less journeys compared to before so less visits to park for kids
	We are a dairy intolerant family and yesterday 1 litre of non dairy milk cost £2.19 I have therefore asked children to cut down on their consumption of it as I can't afford it on the same level as before. We are also cutting out days out as they are so expensive
	Luxuries stopped
	Don't us the heating as much house cold.
	Can't afford treats or days/nights out
	Anxiety levels
	Have to use the car less, keep heating turned off longer in the house
	Less money for the non-essentials extras
	We have less money to socialise and go out.
	Massive reduction in disposable income. Very little socialising etc.
	Considerably fewer luxuries now available
	Colder at nights
	My son has given up trying to budget and drinks his money away. He was doing so well but the impact of increased has left him unable to manage and he has simply given up.
	I have been making cut backs on the small number of luxury items I normally purchase
	I have a chronic condition and have had to limit the number of baths I have per month
	Not socialising as much now
	Having to reduce showers and keeping the heating low
	We are having to cut back other things just to be able to afford energy costs.
	see above same reason
	I am spending less on going out
	Massive increase in fuel prices and cost of living and future upward spiralling costs will have lasting effects on our quality of life
	Less/no disposable income. More income eaten up by fuel for work and home. Limited finance for family and leisure activities. Belt tightening on every shopping trip.
	Less disposable income. Prioritise essentials. Cannot afford luxuries
	OK for now financially but worried about the future and struggling to pay for rising electricity bills

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	Reduced disposable income
	Heating and use of electricity reduced to try and keep costs down. House has been cold at times and kids told to put on extra layers of clothes.
	Less luxuries
	Cut back on car journey's.
	House cold more often
	Have to tighten belt and look at cost savings on food and travel more by bus
	Switch to supermarket own brands
	Reducing use of the car.
	I cannot afford to treat myself and have had to limited the activities my child can do
	Stress of not knowing how winter is going to impact
	Non existant social life
	Less disposable income
	Using central heating and gas fire less
	Lung condition
	The combined rising costs make it difficult to spread salary. Much of it is eaten up with rising grocery and energy bills.
	Less consumer spending
	Seeing more and more money go to food and energy needs has been impactful. Maybe if you ask the previous question to me in a few months, perhaps my answer may see me in need of credit to pay for shortfalls.
	Mental health - anxiety and depression.
	Less money for other things that we might need
	Frustrated because I don't have the money to go out - getting from payday to payday is more of a gauntlet each month
	Heating not being on as often as needed is impacting the older members of family.
	worry concern this stress and insomnia
	Less money to spend on other things

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	Everything questioned heating, washing,transport the whole lot has to be considered fully to reduce the costs and wastage of everything. this isnt living . why did the government promote Gas usage when we were dependent on a rogue state to supply it, so when it goes tits up as like now we are at the mercy of the devil. the government has fecked up and should pay for that as anybody else would have to pay for making a monumental feckup.
	My husband suffers from depression and the risen fuel prices has prevented him from taking therapeutic drives for the betterment of his mental health.
	Less money available for other expenses
	Cutting back.
	As above stress
	being disabled i dont drive as often so dont get out as often
	Would not use the car as often so don't socialise or visit family as much.
	I have had to cut back on everything which has included reducing the amount of household shopping, like food and toiletries, trying to make them last longer.
	Everyone has less money. The cost of fuel impacts everything, from heating and electric to transport and food prices.
	Always thinking of energy consumption, by myself or others,when seldom considered it previously.
	less social events and cheap foods
	We are having to be much more cautious with how and when we use things. We are telling the kids to put on their dressing gown in the evenings instead of putting the heat on.
	Cutting down on heating
	Money that would have been spent on luxuries is now used for gas and electric
	I have had to spend less on food.Change the many times I can go to hairdresser's from once a week to once a month.
	Lost sleep and reduced social life
	Can't afford groceries, living on toast. Zero quality of life atm
	Reduced use of heating
	Increase in costs have affected changes to our lifestyle
	I have a disability and its important for me to stay warm and comfortable
	Constrained activities and cutting back on entertainment and Spend
	Worries about rising prices. Curtailed visits using car. Traded down on groceries

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		My daughter has long quite greasy hair and likes to wash it every day. This is just too expensive on the hot water. So I can only allow her twice a week now.
		Fuel , costing fortunes to get to work .
		More worries about money and costs
		Less expendable income to do family things
		Negative effect on mental and physical health
		Can't afford to eat out.
		Limiting even short trips due to cost of fuel, so feeling more isolated because I can't go visit friends.
		Stress, worry, fewer car journeys, cutting back on essentials.
		No holidays
		Have to be more carefully regarding use if electricity and gas.
		Having to cut down on almost everything
		Unable to visit family as often due fuel costs
		Anxiety over whether we can balance our household budget.
		But this could change with more rises.
		I dont go out to see my friends. I dont bring my child to the cinema or events as its just not affordable. She is missing out on experiences
		less heating makes house environment colder affecting respiratory issues
		Reduced travel, also extra cost for travel to work and for work related activities.
		A family member has a serious illness and often gets cold. We have had to use less heating and I'm sure that it negatively affects them.
		lack of sleep, worry
		Fuel increases have caused us to travel less with our grandchildren.
		Stress about making ends meet
		Constantly assessing what bills get priority
		less money to spend on other things that improve quality of life
		Sacrifices have been made in many areas meaning less enjoyment out of life

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	Same answer as above. We've all been impacted. I'm hoping my husband agrees to engage with mental health services soon. In the meantime I am searching for a manageable second job.
	Cut down on driving
	Less disposal income
	Far less disposable income when energy and fuel price rises kick in compared to this time last year
	But will be if the rate continues to rise
	Had to return mobility car as could not afford the fuel Less disposable income means not doing as much with kids. Can't remember the last time I had a meal out. Struggling to make ends meet. Disposable income has decreased massively. More money going on energy, fuel and food Less money available for essentials Constant worrying and fear that heating or electricity may not last until the next pay day Reduced mobility and increased pain due to being cold Less disposable income for socialising and treats. Buying less meat, buying cheaper bulk groceries to save money e.g. rice, beans etc Less spending money. Not eating, no fuel, no day trips, in more debt Less money to spend on essential items. Dreading winter months when fuel consumption is greater Takeaways, nights out, holidays and baths no longer affordable. Constant worry and awareness of prices and worry about future rising fuel cost has made my partner's commute to work in Dublin ridiculously expensive, and that is not a claimable expenditure as it is simply going to work Not yet We've had to change how and when we use energy, how much and for how long. Go to bed early to save heating and electric. More time working to earn money = less time to exercise [physical health] or spend time together [mental health]

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- More reluctant to spend just incase
- Less money to spend on quality time with family and friends
- No money for any sort of luxury, it's heating and eating, sometimes choosing between the 2
- High petrol price reduces use of car
- I enjoy a warm home and now we're operating in hot water only rather than turning the heating on
- Less money more stress
- Many items are now unaffordable and heating has to be switched off
- Repairing old clothes rather than buying new. No trips out all days off are at home or close by.
- Unable to take holidays.
- Financial worries plus less comfortable due to reduction of heat
- More and more money going to pay for heating their is less for all other things, I haven't been out of the house for months and don't get to interact with others
- Can do nothing outside of paying bills and this takes every penny we have as a family. No days out, no holidays, no fun, just trapped at home.
- Cant afford a holiday
- My wife's health condition makes her cold even when it isn't cold so she would have had kettles boiled 4 or 5 times a day for her hot water bottles but we've had to reduce this to 2 times a day and make do so she is putting up with being cold from time to time.
- Stress difficulty
- Chest infections
- Less Energy has to be consumed so more gadgets were sacrificied
- Less expendable income, or income available for food
- Less income to spend on other things.
- Heating rarely used. Use blankets when cold and sitting down.
- we invite nobody we are not going anywhere
- Stress and anxiety. Reducing outgoings from other areas of life - can't do things we would normally do.
- Stressed out
- We've had to tighten our belts. Treats/days out, are less frequent.

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Not going out

All income now used for essentials only.

Anxiety, Mental health. Isolating from friends. Battle up all worries on where the money coming from for basic living needs

Can't afford to go out or treats.

Constantly worried

Have to stay at home as can only just pay for commute. Had to cut back on everything and stop leisure activities and visits

I can't sleep worrying.

Not enough spare cash. Especially with diesel costs.

The cost of getting to work as we live in a rural area and have to travel miles - 60 mile per day

Can't hardly afford to live

Less money for other things

Worry/concern of the roll on effect

Less driving

Not yet but could be if prices continue to rise

Less money for spending time with family and holiday.

We rarely to the seaside for walks. We go to bed at 8-9pm to save gas heating.

No money

Spending more time in bed for warmth

I have had to reduce vthe number of appliances used including the washing machine. Reduced the number of car trips I make.

No living just survival

Cut backs on everything no extra money for treats or socialising.

Less money available for leisure pursuits

Cutting back where possible. No holidays booked and don't think we will have one next year.

We don't use heating - use blankets and hot water bottles  
Try not to drive or leave the house too much.  
Severely restrict shopping which has also resulted in a less nutritious diet.

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- Worrying a lot more
- Rising costs of everything and no sign of it stopping
- As above and worried about the winter ahead.
- Less car trips to visit grandchildren
- Cut out car journeys. Cut out heating. Cut grocery bills. No disposable income
- Can't afford the money for family day out, or a rare takeaway
- we've had to cut back on trips out with kids or nights out with friends
- Less treats.
- We cannot afford to put oil in so the house is now having to be cold unless in absolute emergency.



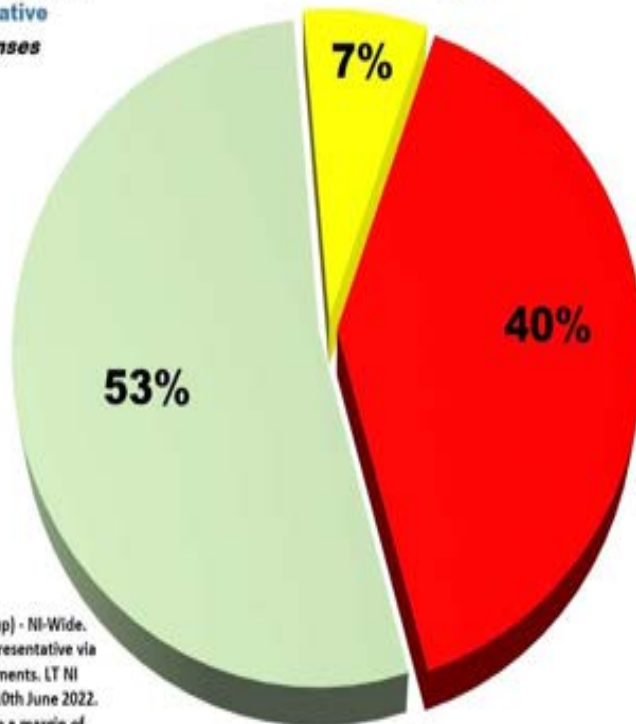
LUCIDTALK NORTHERN IRELAND(NI) Poll-Project: June 2022 - re. 'Energy issues' for NATIONAL ENERGY ACTION - NI. Poll Period: 7th to 10th June 2022. 2,468 responses - final balanced/weighted NI Representative sample.

**POLL QUESTION 6: Has your quality of life, or another member of your household's quality of life, been impacted by the rising energy prices and the cost of living?**



**TOTAL RESULTS (NI-Wide)**

- NI Representative  
- 2,468 responses



**■ YES**

**■ NO**

**■ Don't Know/Not Sure/No Opinion**

2,468 responses (18+ age-group) - NI-Wide. Audited/Weighted to be NI representative via 17 NI demographic measurements. LT NI Tracker Poll - Poll Period: 7th - 10th June 2022. All data results are accurate to a margin of error of +/-2.3%, at 95% confidence.

**NIView - QUESTION NEA7:**

**Do you believe politicians in Northern Ireland are doing enough to address the cost-of-living crisis?  
– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

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Answer Choices		Response Percent	Response Total
1	Yes	6.0%	140
2	No	85.0%	2,102
3	Don't Know/Not Sure/No Opinion	9.0%	225
Analysis	Minimum:	1.00	Mean: 2.03
	Maximum:	3.00	Variance: 0.13
	Satisfaction Rate:	51.36	Std. Deviation: 0.36
			Std. Error: 0.01
			<b>answered 2,468</b>

If you answered 'Yes' - How?, and if 'No' - What should they do? (891)

	Get back to work, they're an absolute disgrace
	They should get back to work and provide emergency legislation for those in need
	Reactivate the Stormont Executive
	Get back to work....
	They cannot do anything. Direct rule needed
	need to actually govern - release the additional support to those who need it the most
	They should get back into the Assembly and debate the issues and come with a plan to help people, particularly those most in need
	Stormont should be back running
	Restart the Assembly
	Those that need financial assistance should get some type of additional financial benefit
	Get the assembly working.
	What can they do? Only Westminster can properly help.
	Direct rule
	Get barnett consequential money out to people
	They should be doing more instead of using buzz words and arguing among themselves
	They cant do anything as they are subservient to the GB gov.
	Work together! The DUP in particular are being reckless and irresponsible.

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		Get back in government and do their job
		In process of doing something via one off payments. Limited to what they can do as they can't control the price gouging by the companies involved.
		They should be governing and operating the institutions
		Get into Stormont at once.
		It's more to do with EU and UK government embracing all the Greta Thunberg agenda
		Heating oil prices need to be regulated
		It is deluded to believe that NI politicians can exert any influence on our cost of living.
		Get back to work
		Get back to work.
		There needs to be urgent action before the winter to tackle this, or people will die of the cold.
		Get back to the executive
		Get stormont back working
		Get back into Stormont. Force the Utility regulator to stop allowing companies to increase profits during a Cost of Living crisis
		Get back to work in Stormont!
		They've done nothing, so anything would be good
		Get back into Stormont and do what they are elected to do.
		They should be using the money they have tied up to pass out to everyone the same way that was done with the prepaid cards
		Not enough suppliers and unfair that when having gas& electric with one supplier we aren't allowed loyalty discount. All help goes to those on certain benefits but low paid workers& pensioners& disabled are struggling too
		There is not a lot they can do this is worldwide. Winter is going to be brutal for heating costs
		Our elected representatives need to get back into the executive and put their heads together now.
		Reduce all taxes on energy to zero Consider a fund to enable stable fixed price energy by a percentage of energy company pretax profits + a percentage of the Corporation tax being stockpiled into the Fund to offset price rises.
		Get back into Stormont, if DUP/TUV wont sit have joint British Irish agreement that it can sit without them and stop their pay also. Stormont needs reform and quickly no political party should be able to hold others to ransom and also get rid of mandatory coalition and POC.
		They should get into stormount instead of arguing about sea borders

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		Hun cunts in the DUP won't even go to work - useless. Need to be in the assembly and milking the English for every penny.
		Work around the DUP and find away to release funds
		They need to get to stormont and agree an energy cap as well as agreeing a reduction in vat and stopping the price gouging that petrol stations and energy providers are doing
		They shouldn't allow fuel prices to rise at such high percentages.
		Energy cap as in all other regions
		The DUP should get back into the Executive
		Form an executive to deal with these matters
		Form an executive to ensure monetary assistance to those who need it.
		Get back to stormont
		Sitting in Stormont would be a start.
		Release money to help people, and not just those on benefits. Many families are in a similar situation with 2 people working and just above the threshold to qualify for any kind of benefit- the working poor
		Mor grants for energy bills
		Form an executive that the DUP are blocking and allocate funds to the people who need them most without further delay
		get the help that was announced by our uk government out to the people of N.I
		DUP not in government a massive issue
		They don't do anything except squabble between themselves and blame each other
		Try actually working.
		It's the NET zero and green taxes that are causing the high cost of living. Get rid of that and we'll probably be good.
		Put more pressure on the UK government
		Westminster are giving the monies but the public departments responsible are NOT doing their jobs
		DUP do your job in Stormont
		Minimum wage needs a big increase
		The lack of functioning executive is not in any way helping the people of Northern Ireland deal with the cost of living crisis
		Dup have collapsed Govt. They can't do much. It's time for reform

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		Price cap on diesel price
		SF are too busy trying to score political points over the DUP to do anything to help, shame on them
		When a party holds the community to ransom by prioritising a protocol over people it's completely unethical
		They could get back to work. None of the rest of us could get away with this kind of behaviour
		Rule the country and its citizens welfare better
		My sense is most of the big things that could be done would be at Westminster level, not sure there is that much the devolved assembly can do that much by itself
		Attend the assembly and vote through mitigation measures
		They can't do anything more as it's up to Westminster. We are restricted due to the Protocol and abiding to EU law.
		Something would be a start. Profiteering by energy companies should be a criminal offence
		Either they get back immediately or pay must stop or call another election. Also consider the cross community aspect of GFA and move to majority rule.
		Get back to work themselves
		Get to work and help the people they represent. Give us all some sort of relief
		They should be pressing for a VAT cut which they are not doing, because of a ideological comittment to the NI Protocol. Aside from this there is very little they could do.
		They are doing nothing except fighting amongst themselves
		Politicians rhyme incessantly about giving support people on benefits. The cost of living crisis is impacting on ALL of society- any help should be for everyone.
		Pessurise Gov.
		More help to those in fuel poverty now
		The DUP need to get back to work to form an Executive
		The DUP either need to shit or get of the pot. Assembly needs to bypass them otherwise NI as a political entity is finished
		Back round the table
		Aid is not directed to low income working class families who don't qualify for benefits and if it is nobody knows about it.
		Getting back to work in the executive would be a start. I am one half of couple we have two incomes & no children, we have had to adjust so for those struggling to keep a family going it must be horrific. Stormont could ease that significantly by returning

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	Get back to assembly and approve budget and give households money rather than wasting money on shopping cards which helped bigger businesses
	Get stormont back - put pressure on Westminster to sort out the protocol
	Cap on fuel increase like elsewhere in UK; grants to those on household income under 20K; Type of support for proper insulation as current scheme inadequate to cover entire house; proper support scheme for non- fossil fuel heating systems.
	Get back into Assembly and start making/ implementing decisions
	Get back to work and release the money they have already got to help, and put a price cap on energy firms to stop unjust price increases
	Get back to work!
	They can do little or nothing about these costs unless they are brave enough to stop price gouging and Bonanza profit making by the big supply companies
	Get back to work
	Nationalise energy companies
	Form an assembly and executive, and set out a budget that provides financial support to those most in need
	DUP politicians are working with the Chancellor to see that Northern Ireland receives the same protection as other parts of the UK.
	DUP are holding the North back from accessing vital funds to combat the cost of living crisis. This Protocol is a fantasy land subject designed to stamp authority on the majority of people here who are getting on with their lives even during the current struggles with rising costs, crippled health care system etc.
	Get back to work and get money to those people in need.
	fixed pricing on energy, vat cuts,
	Monitor vehicle fuel providers on how they raise and lower prices
	Get back to work as they were elected to in May within a functioning assembly and executive
	They are not in government. The DUP'S withdrawal from government means that decisions can not be made
	Get the Assembly up and running and do some work.
	Need Assembly up and running
	DUP should get back to work and help families, people on hospital waiting lists, and ratify education expenditure so SEN pupils can have their support hours ratified before the end of term.(small example)
	DUP refusal to set up executive.

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	Distribute cash already in the budget, ensure chancellor's money is readily available - reduce costs of government or keep static during period of pressure - look at all locally controlled costs and maintain costs without adding on increases due to inflation
	Get back to Stormont
	Get Stormont back & focus on the big issues impacting the quality of lif
	Get to work and do things to reduce the impact.
	Target help to those most affected.
	Get the Assembly up and running.
	They can't raise tax for spending in NI
	Ensure release of planned payments to the vulnerable.
	Useless shower of MLAs, they are well paid with expenses for doing their job... they simply have no concept what poverty looks like!!!
	Addressing the protocol
	Form an executive and release funds
	There hands are tied - get back to work! Get grants out to those of us waiting to get homes insulated. Reduced heating bills would benefit me more than on off payments for bills that will just reappear next month.
	Continue on the executive with a coalition of the willing and get rid of the DUP so legislation can be put in place to aid people struggling in a worse off position than myself
	Get back to work and sort out getting the money that is 'on hold' to the people that need it!
	DUP needs to get back to work. We need the Assembly up and running immediately
	Form an executive. Help us.
	Get back into Stormont and do the work of an MLA. DUP should not block progress.
	We need our MLA; regardless of policies to retun to Stormont and provide the service the were elected to
	Introducing price caps, payments to people to help make payments, increase wages in line with inflation
	Get back to work
	Dup should let the assembly return
	DUP need to be back in to help address this crisis
	DUP need to get back into Stormont
	Executive needed urgently to distribute funding that is already there to help people.

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		Dup to form an executice for one
		Politicians should be more active in implementing a home insulation strategy, and looking at public transport strategy to reduce car use.
		I understand their hands are tied but they should be pressuring Westminster and the chancellor of the Exchequer specifically to lower prices. He should be reducing energy taxes now and raising taxes for big companies e.g. Shell and BP. His wife should pay tax.
		get Stormont functioning
		Get the Executive up and running so that these issues can be dealt with in a strategic, cross-departmental way.
		Reduce VAT on Fuel
		Politicians in NI can only provide assistance depending on how much the UK government allocates to NI. UK government will set the agenda not NI.
		decrease tax on fuel and cap the costs
		With no executive there is no adequate action
		Get back to work
		Yes because they don't need to do anything. Some are shouting to score points.
		Return to work
		Get back to work
		get back to stormont
		Get round the table and agree a common way forward to help all those in need....Now
		Look at ways to limit price-rises.  If at all possible!
		Some households cannot afford to even cook food. It's summer now but I worry about them in the winter. MLA's need to introduce grants/ subsidies to help families & others who cannot afford to feed or heat their households
		DUP boycott of Stormont means issues not properly addressed, how are energy companies allowed to make huge profits when people, including those in work, are struggling with energy bills?
		Get into government and reduce household bills dramatically
		There is a finite amount of money available to spread across many sectors and I think welfare provision is fair. I think it's how we distribute and monitor payments that needs to be addressed.
		They should all get back and do the job their payed to do .there was no problems for DUP to go and sign in and get payed and walk away .the rest of us have to sink or try our best.

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	Shouldn't be taking pay
	Get back to work
	Get back to Stormont
	Get into government
	Find out if the continual rise in costs is justified or are such companies making huge profits. If huge profits are being made then politicians should legislate against that.
	Apply UK subsidies
	Re-establish the NI Exec & release funds
	Get back to work and use the £300million spare cash to help NI households
	Get Stormont back and provide extra money
	Shameful act of the DUP to not elect speaker or go into Assembly to tackle this.
	starting up Stormont again would be a start.
	Many of our population are suffering with the crisis that is affecting everyone.If it needs all politicians back at Stormont to help the needy then they should be back immediately.
	Get back to work and try to provide support for workers and not just those on benefits
	Stop drawing their salaries until Stormont is fully functional
	Absolutely not. The DUP/UUP/TUV holding NI to ransom, while it has a Protocol Tantrum that we cannot do anything about and they brought on themselves is maddening. As for the other parties, they need to find a legal work around to the Unionism holding the Executive from forming. This is really disgusting behaviour by Unionist politicians to be honest. It shows they have no idea about the realities of constituents. Not surprising as Woman and Children of NI are shown we are second class citizens. No regard either for our suicide rate and how its mostly males. Reunification cant come soon enough.
	Get stormont up and running
	Get back into government. Distribute Westminster funding
	DUP should end blockade of Assembly / executive and allow other parties to get working for people.
	Get back into government or stop taking their pay. Their offices won't be bothered about heating costs as they will be fully met.
	DUP need to get back into the executive
	The DUP should get off their backsides, go to work, stop blocking everyone else, or be set to one side to let society tackle the hat they run away from.
	Do they job they were voted in to do. The DUP protocol thing is a smoke screen. Legislate to form a majority government without them if necessary, rather than risking a trade war

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		They need to get Stormont up and running
		Get back to work would be a start
		Reconvene the assembly
		This is outside their control. Price rises are as a result of the Just in Time economics and the movement of manufacturing to the Far East. Cost of transport of goods and the restricted supply of goods is pushing up prices. Energy costs are related to Russia's war. Though for many years energy prices were too low and did not encourage users to be efficient in their use of energy and the low prices did not reflect the environmental pollution caused by energy conversion.
		Form an executive and put in place financial support plans
		Get to work
		Don't want politicians interfering, they are a waste of money and the public sector pay is what's pushing inflation up. Taxation is at the foot of energy costs
		Give a one off payment grant, stop wasting money on gaelic, ulster Scots language ,Street names duplicate language papers for citizens translators and a root and branch investigation into waste in all aspects including casement Park millions going to waste.
		Get back to work. The protocol is not impacting on my life but the cost of living is having a damaging effect, Secondly, I have a good salary but Im struggling to get by yet I would probably fall under the threshold for help under any government scheme because it all goes to the unemployed. We are the forgotten citizens.
		They need to address the cost of living crisis and raise the minimum wage along with benefits for people
		unsure
		Form a functioning executive & distribute funds to help people who are struggling. Lobby Westminster harder, firm links with other UK parties on this specific issue to challenge conservatives
		Where i# the £400?
		Force companies to reduce their pri
		Nominate a speaker and take their seats.
		Get the finger out and do everything possible to mitigate this ever increasing disaster.
		Get back to work
		They should take their seats in stormont and do the job they are being paid for out of the public purse
		Find an alternative to needing the DUP in the Executive.
		Should have a poverty strategy and more community schemes like oil clubs. Also regulate the oil home heating supply.
		Get back into Stormont
		Get back into government

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		They need to get an executive up and running to address the issues head on - failure to do so is making vulnerable people more vulnerable. As someone who lives alone and is on a comfortable salary I have started to feel the pinch of rising costs of living, but I'm in a position to reprioritise my outgoings, many people aren't.
		DUP need to get back to work or let others get on
		Organise for fuel subsidies and additional benefits for vulnerable people.
		Taxes on fuel should be reduced, and windfall taxes on energy companies redistributed to households in need.
		Get back into stormont and form an executive
		Reform an executive.
		Getting back into Stormont and distributing the funds already there would be a good start! Disgraceful failure to do their job by DUP putting every struggling constituent in a terrible position - we should be able to have effective government no matter which of the parties is having a hissy fit!
		They urgently need to address the rising cost of gas and oil, and if possible, bring the costs down.
		The DUP should get back into Stormont so the 333million ready to be used can be put to proper use.
		Don't feel they have much wriggle room to do much about it
		Targeted financial help to those solely on benefits would be appropriate. The blanket£400 seems very poorly targeted and reducing VAT significantly on fuel in association with benefit adjustment seems much more appropriate. The landlord and multiple property owners do not need this
		Make decisions, but they need the DUP for that
		DUP should stop refusing to form an Executive
		Get back into Stormont
		DUP refusing to do any work to let us gets funds while they get paid - what a joke! Get back to stormont and try doing things instead of ripping us off.
		They cannot legislate to get a windfall tax So they should Insist in a collective manner that energy companies operate for 12 months on a no profit basis or organise a complete payment strike for consumers.
		Get the DUP back to work. Ideally renationalise oil, gas and electricity. But this is for a United Ireland 😊
		End the DUP veto and allow the Assembly to release financial assistance
		Go back to Stormont and help deliver benefits to address the cost of living crisis
		Politicians in NI do not appear to be doing anything (as DUP will not allow Stormont to function properly). They should be giving money towards fuel bills for those most in need.
		I would welcome some contribution towards home insulation or the provision of a low interest loan scheme to allow individuals to convert homes to renewable energies

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	Get back into the executive now
	More grant aids and more pressure on big companies
	Govern in the way they were elected to. Examine why energy prices are so high when the energy companies are making record profits.
	They are totally ignoring the fact that people are starving
	Form an executive in order that decisions can be made.
	They can't do anything as they keep saying so what's their purpose 🙄
	Find a way round the lack of an Executive to free the cost of living budget.
	Get the executive up and running and focus on the main problems for NI
	Give us government
	Do what they're being paid for and take their seats at stormont
	Provide emergency funding for low income households
	Get Stormont up and going and implement the Protocol which is helping our economy.
	Get back into the executive and help people in real need with heating and fuel bills. Also need to introduce at the very least a living wage.
	THE DUP NEED TO GET BACK TO STORMONT ASAP, ITS PATHETIC!
	Get the assembly working
	Get back to work
	not much they can do. Private companies are getting wealthier. When Government reduced fuel levy last time the price of petrol didn't drop as much as the discount
	DUP are a disgrace, they need to get back to work with other parties to help people
	Get the DUP back into the Eexecutive and spend the £400+m on help
	Dup get back to work
	Agree on a method of distributing the money available to help households.
	Dup need to get into Stormont to release money
	Get the Assembly running, if the DUP don't want to participate then find a way round them.
	Get assembly up and running again
	There us not a magic money tree

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	Get the executive up and running again so they can at least try to do something about it.
	Get back into government!
	Find a way to legally circumvent the DUP holding the political institutions in NI to ransom while people starve to death in our communities.
	Get back to work!!!
	GO TO WORK!!!
	Get executive back up and running, distribute existing funds
	Get back to work and help people out with the unspent millions in their bank account but don't just give it to people on benefits, help all those working poor who don't get any benefits
	Stop agenda 21/30. This isn't happening by accident, this is an agreed plan signed in 1992 by the U.N and 192 countries have signed up to it. Why do these politicians act stupid if they don't know what is really going on.
	They should get back into government and provide help to those in need
	I'm not sure there is much they can do
	Get back to work in Stormont and start addressing the issues
	The DUP need to get back to Stormont and allow govt to function
	Not introducing policy to make £400 available yet (from UK government)
	get back into Executive
	DUP should return to Assembly immediately so that action can be taken to lessen the impact on households.
	Get back to work.
	Those who are trying to form an Executive are doing their best. The DUP are not
	A maximum tariff and the government pay the rest from a windfall tax on energy firms.
	They don't have the fiscal power to do much, it's up to Westminster and the treasury to sort out.
	Think it is up to Westminster not Stormont
	Need a benefit uplift for those on benefits
	The DUP need to get back to the Assembly and do their jobs. Until they do their salaries should be stopped, then they can experience poverty like many people in NI
	The DUP need to catch themselves on and get into Stormont, we don't care about the protocol disrupting the drugs of their paramilitary friends getting in to NI. They need to get their fingers out, people are going to die this winter, lots of them!

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	Form a government. if not stand down.
	Useless beyond belief. Local politicians are a waste of money. They couldn't run a bath, never mind a country!
	Need to subsidise lower income citizens.
	Form a government to target support to deal with current cost of living crisis
	Give money to help poorer families
	Form an Executive and get to work. Renewable energy produced in NI reduces exposure to world energy costs.
	They should stop playing politics and get to do what they are supposed to be doing- helping the people of N.I out of the mess we're in.
	Lobbying Westminster
	Cut taxes
	Get back to government
	There is a limit to what they can do, there isn't a magic money tree. Needs a lead from Westminster who hold the purse strings.
	They should come together to resolve the problems with the protocol so an executive can be formed to get money to those in need.
	Mp have no control over matters like this it's up to person to earn more or spend less thrifty people cannot look after fools
	They need to get back to work, put their petty tribalism to one side and think of the ordinary person on the street trying to make ends meet.
	I do not need help at the moment, but thousands do. For a start, forming an Assembly and Executive so that Barnett money can be properly disbursed; and longer term, more serious action if necessary.
	Get back into the Executive, get the money that has been earmarked for those who are struggling into their accounts
	Get to work
	Ban all bigots and bombers from office as well as firing civil servants who fail in projects such as RHI. Run NI as a region that pays its way almost as a social company Cut funding for four versions of school plus Anybversion of so called Irish or made up Ulster Scots
	Get back into government and release the funding that has been released from Westminster
	Executive needs to be up and running to get help to those who need it.
	By keeping Stormont from functioning they are saving much public money mainly paid for by the English taxpayer from being wasted.

**NIView - QUESTION NEA7:**

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		get back to stormont stop there wages until they do so
		They need to work together; they need to get energy companies to reduce costs & put a cap on the amount they can raise costs during the year
		Get back to work and start coming up with startegies to help low income and elderly cope with the energy crisis. More money may not be sufficient. Practical advice for living in a cold home (dress warmly!) or perhaps cooked meal availabilty may be needed next winter. Our politicians need to address this crisis.
		Have executive set up & work together
		Form Executive to provide financial aid to households
		they should form an executve and and the DUP stop lying about the protocol
		The DUP need to get back to work and enable the Assembly function so that help can be given to those who need it
		form an executive and take action. stop taking their pay.
		Parties should form government without others who don't want to or cant
		Form an Assembly and distribute the £340M available.
		Actually sit in government... DUP, we're all looking at you... not caring if you're feeling insecure about your political identity.
		Get the assembly and government running
		They are not pressuring the British government for more assistance
		Get government to stop taking their usual high taxes of duty on the increased costs
		Get back into government, insulate the homes of those in energy poverty over the summer before the winter and get people the money they need to keep warm in the meantime
		They should get the Executive up and running properly and get back to work!
		Get back into Stormont to make decisions on what measures can be put in place to help everyone on mitigating the factors
		Go back to work!!!!
		Greater and more adequate response needed from British government and without DUP back in government it does not bode well for what little the Executive is equipped to fo do. VAT needs to be scrapped on energy bills, more help to people who need it (and not those with second and third homes). Also need to be looking at a windfall tax on energy generators with the money going into stemming rising poverty and depravation
		DUP need to get into govt
		The DUP are holding the country to ransom over the NI Protocol that if implemented correctly could have a massive positive effect on the NI economy by boosting local companies. The DUP should be ashamed of

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		themselves that they are doing this while people in their own constituencies are choosing between heating and eating. The impact on lower income household is shocking and any politician who say they actually care about their constituents should be in work and doing everything they can along with the UK Govt and EU to get a handle on this crisis.
		Get the Executive up and running
		Get back into government and give people help. DUP preventing that.
		Also help working people NOT on benefits
		There hands are tied. London sends the money
		Executive should be meeting to ensure we all get help with our energy costs, not just those on the dole who get everything automatically but those of us who have to work for a living and who are also finding it tight. Exec salaries should be cut and money redirected to helping households with fuel costs.
		Remove VAT from fuel, although that may not be a devolved matter. If they cannot, they should be lobbying MPs to do so.
		Get back into stormont and do the jobs their bery well payed for.
		Return to Stormont, vote for a speaker, get the Executive established and a budget agreed.
		Politicians need to go to work!!
		We all blame the DUP
		Get the Executive working again to authorise paments to those in fuel poverty.
		They should meet as elected to do so, we need local parliament
		Get back to work/assembly
		It's largely a question for Westminster
		NI is dependent upon Westminster releasing monies ot reducing Vat . NI politicians are irelevant
		I acknowledge that our local politicians have limited ascope to do anything about this as the real power to mitigate the effects of fuel poveerty lie with Westminster.
		Go back into Stormont for a brief period to get money out to those who need it.
		They'll do what the always do nothing and then claim the credit that they did something come election campaign!
		Form a government. The DUP are an outrage.
		The DUP should agree to the formation of a new Executive.
		Release the funds which are lying dormant to assist with this crisis
		Get back to bloody work

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	Do the jobs they were elected to do. Get back to work.
	The DUP needs to stop blocking an executive being formed
	get a government up and running and introduce a cap on energy prices
	Get back into government
	Establish an executive
	I am really concerned that as a middle class pensioner on a secure government employee pension my answers do not relate to the real fuel poverty issues faced by others. Assembly should start work right now. They are the ones who have undertaken to know how to address these issues.
	They're not operating all 3 strands of the GFA institutions - on this occasion largely due to DUP, though it's been them and others' before - and, being summer now, the worst is yet to come once autumn comes. I feel powerless and voiceless.
	Start talking and planning
	Form an executive
	Get back to work and stop fucking around over the protocol
	Hilarious question. They're doing nothing as usual.
	NI Assembly have limited powers and resources in this respect.
	Get back and get executive working
	Spend more time on resolving cost of living NHS education environment etc than the protocol and flags
	Get back too work !!! Very simple .
	They have no control on world wide costs
	They don't really have the Powers to do what is needed to help people. The cost of Gas & Oil is set at wholesale World prices so the Big Companies have no additional costs just more & more profit. 2014 World price for a barrel of oil was \$110 and that seen Litre price on forecourt at £1.30 the cost today is \$117 a Barrel but the cost on the forecourt is £1.82 a litre it is all just profit and TAX.
	Catch themselves on
	Return to the Assembly and work together to look at ways of reducing issues impacting on the crisis, e.g., the Protocol.
	Form a government and do what they're paid to do. DUP ****s holding everyone to ransom.
	Get back to doing the job they were elected to do, change the rules so that no single party can hold us all to ransom.
	Get back to work
	Get into Stormont & start working.

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	Get back into Stormont!
	Get back to Stormont and start doing their job!
	Get back to Stormont and do the job they were elected to do. The NI Protocol is a UK/EU issue not a NI Assembly issue
	Obviously more can be done by politicians. Restoring the Assembly would be a start.
	DUP need to step up for Stormont to start functioning again in order to bring forward legislative solutions to support households that are hardest hit by the cost of living crisis. £300m could be used to provide fuel/electricity credits to low income households.
	There should be more help. The oil and gas fields around the U.K. should be used for our own use and stop being dictated to by foreign laws. We the people of the U.K. own these fields and should be able to use the products for our own means.
	Get back to work and implement more social policies to look after the people
	What can they do!
	They should be capping the prices energy companies can charge
	The DUP are holding us to ransom, collecting their wages while we starve
	People on benefits need instant help.
	Enable homes to be more energy-efficient by providing grants that are not means-tested to insulate homes better - particularly older properties.
	Be quicker in paying out much needed funds to disabled people. Make it easier for people to apply for benefits etc. Tackle the rise in the cost of living by NOT taking a pay rise and giving it to those who need it most.
	Become more grassroots and work with people most in need.
	Getting into government would be a good start. After that, ensuring new homes have solar panels etc to slow down the increase in demand while also investing heavily in renewables (and perhaps nuclear if we have the space) to decrease our reliance on external energy markets.
	The utility company are making the prices not the government
	Get back to work
	There is nothing, within their remit, that they can do. Fuel/energy costs are dictated by worldwide finances and economics and are way out of our control.
	Don't know
	Get back to work, get Sinn Fein to take their seats in Parliament to fight for the people and the DUP into the Executive to do the same
	DUP need to get back to government ,financial help gor poorest families and individuals

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	Get back to work, sort out the £415million for the poorer families and work up a plan to see us all through this financial crisis
	They should either get together and do their job, or stop collecting their huge salaries for doing nothing while the rest of us who DO work can't cope with the cost of living.
	Get back to work and start doing whet they're paid to do.
	Examine tax aspects and agree measures with Westminster
	Its above their pay grade. Its a matter for Westminster not Stormont.
	get back into government and stop wasting time and lives
	Get back to work please @DUP
	The DUP are holding NI to ransom because of mistakes they made supporting Boris Johnson by refusing to go into government. Their shortsightedness is punishing the people
	Matter is not in their control. Pressing for full UK subvention though nationalist and Alliance not doing enough as it will require alterations to the Protocol which they seem to regard as a holy grail.
	They should get back to work. People are cold and hungry but they still cannot do their jobs.
	They are aware but not doing much to help people I work full time and only barely managing
	Take their seats in the Assembly and work together to help people with more heating grants and insulation grants.
	They will always ensure they have enough while the (slave) labour force struggles.
	DUP get back to work!
	They are beyond useless.when they govern, they govern for headlines, not for people. They don't realise that this crisis has sucked in the middle classes too, we are all collectively struggling.
	Dup need to elect speaker and let others get on with the job.
	Get back into Stormont and start working instead of grandstanding on the protocol. Also Ulster University have received millions in government grants but are now paying a cost of living allowance to all but the most senior staff. Meanwhile the poor wait and wait...
	Well, they need to get back to work for a start. After that, they should look at suspending VAT on fuel for a time, especially after the summer if the fuel crisis continues.
	Reduce vat on vehicle and industrial fuel
	DUP Get back to Stormount and do what you were elected for.
	Get back to work
	Yes as there is very little they can actually do in the first place due to tax controls and a lack of inventiveness when it comes to taking green energy to the next level

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	get executive running & take some responsibility for alleviating fuel poverty
	Challenge energy companies to ensure their profits aren't excessive during this time, that they too carry some of the costs
	Form an executive
	Get back into Stormont and do their job. If they can't sort out the Protocol issue Westminster must directly intervene immediately.
	Get back to work
	The DUP should step back from their position and allow the Assembly to have a Speaker and an Executive to form if they are indeed Democrats. If not they should donate their salary to fuel poverty relief.
	Work together
	Get the Executive up and running and get back to do what they have been elected to do. If the DUP want to take a stand, let them but don't stop those who want to do their job in Stormont! Those who refuse to do what they are being paid to do should absolutely NOT be taking a wage for doing nothing and all their wages should be stopped. That might re-focus their minds.
	Scrap Stormont and devolution. Let the non-tribal politicians in Westminster run us.
	Get back to work or if not stop their salaries.
	Form executive to allocate all available funds to households
	This requires international action. Westminster should act to reduce international wholesale cost of energy
	Get back into Stormont, then get effective ombudsmen in place to cap costs.
	Energy cap on prices. These energy companies and their parent companies have made obscene amounts of wealth over this past few years, while working people have kept society running. We should be coming for their profits, if not their heads.
	Gorming an assembly government would be a start!
	Fight to bring the prices down instead of arguing over the protocol. Tax the Rich, including themselves, and make big companies pay more. Stop taking money from the big companies
	The first thing our politicians need to do is to put the needs of the country before their political ambitions and differences, get the Assembly up and running again and work TOGETHER towards a SHARED, PEACEFUL AND PROSPEROUS future.
	DUP should form the executive
	Distribute the £400,000 to those who need it. Also people in need of surgery!!!!
	Get back into the executive and assembly
	Get back to governing the country
	Get back to work

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	Nationalise utilities, cap prices, begin a new deal style government funded renewable energy build.
	Force EU to allow for a reduction in VAT on energy costs.
	reduce taxes on fuel. consider nuclear energy
	Get back into government. We are not a third world country. Maybe that is what certain of our politicians wish to aspire to
	Talk to each other
	Get into Stormont
	NI MPs should be putting pressure on the government to increase taxation on energy firms, on a permanent basis and MLAs should be putting pressure on the DUP to stop playing silly beggars and start acting responsibly for the people who elected, or didn't elect them. They should be making coherent arguments against the normalisation and categorisation of poverty, there is no such thing as fuel poverty, period poverty etc. it is just poverty and it is unacceptable in our society.
	Support those families that are now below the breadline with an increase in benefits
	So-called crisis is a result of factors beyond Northern Ireland's control.
	At the moment there is no Stormont Assembly, so they need to get something sorted out to make decisions
	Get back to work
	Release funding to help people in need.
	Find a way to reduce cost
	DUP get back into government and forget about the pretend Protocol hype.
	Get back to work to ensure we can get the £400 contribution to our energy costs that the rest of the UK is getting. That would help me a lot. As well as that pot of EU money we haven't been able to access since the DUP crashed the executive. Some of the MLAs (I know some are well aware) need to visit local food banks and see what is actually happening on the ground. If they are not going to operate the assembly then they should be donating their salaries to charities working with people who are struggling at the moment. Of all the times we need a functioning government it is now.
	Get back to work
	Get back to Stormont & form an executive
	They are only a puppet show and a complete waste of time and money
	They should get back the Assembly and address other issues rather than using one policy area as an excuse to avoid addressing other things that equally or more important.
	Get back into the assembly.
	get protocol resolve first then get back into government and make decisions

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	Get their act together and end this silly logjam supposedly regarding the protocol.
	The DUP should cease preventing the forming of an Assembly.
	reduce VAT on fuel
	Get back to work
	Form an Executive and release money to most needy households.
	Some politicians should be ashamed of their recent actions.
	Go to work!
	Form an executive in the first place.
	No innovative solutions.
	Northern Ireland politicians are not fit to run this country full stop.
	get our executive back again
	We are being sacrificed for an ideology. Our politicians care more about what flag is displayed at a jubilee pageant than about the ability for our households to feed their children stay warm. Meanwhile, the relief ALREADY agreed that everyone else in the UK had access to, is sitting in a NI Executive Bank Account
	Northern Ireland politicians have no control over the issues driving the cost of living up, nor do they or should they have further fiscal powers.
	DUP need to get back into govt.
	Cut rates bill to allow households to keep more of their own money to finance their life expenses.
	Form a government
	The DUP should allow the formation of the assembly so they can spend the £600 million allocated for NI
	Get back to work and devise Schemes for people in need
	Get back to work!!
	Stop blaming the 'protocol' and return to Stormont
	Price cap on energy costs and impose rules on energy companies re how many price increases in a year, by no more than how much, windfall tax etc
	Nothing they can do-anyone who believes they can help is mistaken
	They are a waste of space and cannot do anything for any real, long term benefit.
	The DUP need to get back into Executive to release necessary financial help.

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	DUP should serve in Stormont
	They should get back to work ASAP and make some decisions that will help reduce the cost of living. Or they could just give back their hefty salaries to some of the poverty charities ..... that might help a substantial number of families over the next few months.
	Get back into Stormont!
	Get the executive back up and running and dispense the funds to those in dire need of them
	They have little control over global events and we are being severely penalised/punished by the Northern Ireland Protocol which was imposed upon us by the EU and ROI. Any benefit of being under the jurisdiction of the UK has been greatly diminished under the Protocol. The Protocol has restricted my choice of alternative cheaper food and products. The EU and ROI are refusing to acknowledge and accept this in their selfish pursuit of political objectives. The process is a nonsense considering the amount of food and products bought in Northern Ireland by residences of the South. These food products, millions of pounds worth are taken into the south without checks. The EU and the ROI are bullying Northern Ireland for Brexit and have conspired to make Northern Ireland resident suffer as a consequence.
	Get back to Stormont and distribute the money
	Confirm how they will support people's ability to pay for gas/electric this winter
	It's a global issue and not a devolved issue
	Help those on low income either by increasing their weekly benefit amount or providing top up cards for fuel and electric payments every month.
	They should be trying to sort out addressing how they can get the money promised by the UK government out to the people in NI
	The price cap should be on what we pay, not the greedy companies
	This isn't just a Stormont issue. This goes right to the heart of the British Government who have continually slashed the fund year on year and Stormont has had to prioritise one thing over another time and time again. The fault lays with Westminster not Stormont
	get back to work in stormont so that changes can be made to laws etc
	putting the protocol ahead of people's health is a scandal get stormont running and do your jobs or lets have another election
	Need support for low income families coming into the winter
	Reviewing how best way to get targetted support to those in need.
	Get back to Stormont, form an executive and distribute whatever funds are available to help alleviate the growing cost of living
	Get into government and start working together to protect NI from increased costs
	get stormont back
	Help all pensioners by providing oil or gas vouchers also help single mothers people on universal credit

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		Get the assembly running and bring in support especially for those on lowest income
		They need to get stormont up and running the protocol is between uk and EU and dup could still sort it aswell as stormont. This is worst time to not have stormont and taking pay whilst even alot of people working are struggling. It's very scary
		Get back to work and release funding
		Get back to Stormont and administer the governments household £400 grants
		the DUP are holding the entire country to ransom, the assembly not being in operation is preventing money from getting into people's pockets and making life unnecessarily difficult for them. The DUP are 100% responsible for this and they should be ashamed of themselves.
		Investigate the single electricity market and the payments mades to wind farms for nothing as well as the capacity market
		Get back to work, so that important decisions can be made about support for needy people
		Ministers are still in place. Get on with it. Stop making excuses regarding no Executive. It has delivered nothing.
		Return to stormont to work on solving the issues.
		Take responsibility for the job they are employed to do and get the Assembly back up and running
		Get back to work and start making decisions
		cut vat and rates
		Get back to Stormont and release the £421 million
		Get back to work
		Due to the current stormont impasse I believe attempts to help people like me are frustrated
		Think about the implications of the policies and ideologies they embrace, rather than blindly following the latest thing, irrespective of the consequences. E.g. Covid, war, sanctions etc. We are reaping the consequences of idiocy.
		But a cap on price hacks
		Itemise and outline what the difficulties are for many who can't pay bills. Why??how do they clear back payments?and who is benefitting from all the increase in energy costs??The gov is earning huge amount from every litre of diesel, oil,we buy. Gov needs to address this, leaders need to find solution.
		Resume Stormont!! Easy
		Most benefits seem to be focused on those receiving benefits. Many more people on low incomes are suffering every bit as much along with costs such as high rates. Seems that the more you try to save or better yourself the more you are persecuted
		Get Stormont operating again

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		They should leave it alone or they will make a mess of things as usual
		Put the cap back on energy prices that they lifted under the radar during covid lockdown
		Every household should get financial help my only income is a small pension from a previous employer so I'm not entitled to benefits therefore I get nothing yet my pension is less than £300 per month
		Unionist politicians are completely caught up with "the protocol" like dogs chasing their own tail. Protocol is not damaging NI to the extent absent leadership does.
		Get back to work and remember that many people are not as well off as they are
		Form a government would be a start
		Form an Executive ASAP.
		Form an assembly! !!
		The DUP should do what they're paid to do & agree to enter the Executive.
		If the can release funds they will
		Because they're not involved in decision making and the British government in Westminster will deal with it
		Get back to work, get round the table, arrange emergency welfare for people in need. Stock foodbanks
		Re our MPs in Westminster it's mostly out of their hands and is an international problem- supply problems, \$ to£ conversion re oil etc. Although protocol could cause problems re Westminster -vat, hand outs etc.
		Start working together in a positive way concentrating on the real problems. Cancel VAT and tax on diesel, petrol, electricity etc
		Get the government up and running !!!!!!!!!!!
		get back into stourmount and release money
		Cut taxes on gas oil petrol electricity
		The DUP are holding this country to ransom over something we have no direct control over. Where was the DUP's input when they backed brexit
		Go to work and make the assembly run. Then they need to work as servants of the public and make the revolutionary idea of putting aside party politics and work together in coalition of intent. Create some alternatives, in consultation with all the charity groups who work on the frontline of poverty, and offer an alternative route of actions that will build a path out of this quagmire we are in. Even if it needs clearance from Westminster why don't they still create something to present to Westminster and be seen to be seeking a new way. This is going to build into a state of emergency and national crisis- it feels like one already to my family. Our government needs to reflect this. Some innovative things needs to be done or nothing can change.
		There hands are tied to global economy, but more pressure needed at Westminster
		DUP should get back in the Executive

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	Do what the English Scottish and Wales governments are doing, such as giving money to households via rates rebates, its fair and can help all households not just those on universal credit, other people are feeling the pinch too, and we pay out taxes!!!
	Get back to work if not then don't pay them end of
	Only one party responsible for not getting things done
	Should be beating down the treasury door ,or at least being seen to do something.The amount of MLAs who aren't even going to their office more than once a week is awful
	Reform a government and use funding to support families who are going cold & hungry
	We cannot reduce tax so stormont can't do anything anyway
	We need our NI Assembly and Executive back to help people and deal with the cost-of-living crisis. The DUP is letting people down big time. Also, there are few MLAs that have experience of poverty, and some of the rest have no understanding of how people live who are on benefits or low income.
	Help resolve the protocol issues and get back to Stormont. Work with UK treasury to get payments out to assist people in need.
	They are only puppets in a bigger global game so can do nothing anyway
	Form an executive
	They can't due to no Assembly
	Get back to work immediately
	DUP are preventing action being taken in Stormont
	Get back to stormont
	Not sure what they could actually do as they seem pretty useless at doing anything to improve peoples lives.
	Stop going on about the protocol which has little effect on most people's lives and get into the assembly
	Get back to stormont
	Duplicate needs to prioritise the people rather than trying to undo their brexit folly
	They need to form an Executive to release frozen funds in order to help those struggling to cope.
	They need to cap the prices and get back into office and try and help people
	If the DUP would get back to work instead of worrying about an invisible border down the sea
	Get their act together. Apply the democratic process and care for those they propose to represent
	Get back to Stormont and actively legislate for changes. The DUP are pathetic leaving vulnerable people with no support from their government. Holding them to ransom over invisible lines that could improve the field for NI businesses is not responsible at all

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		They should take a smaller wage and get the money that is there out to everyone.
		Release money to the needy
		Politicians in Northern Ireland do not have the capacity to adjust taxes on fuels or vat on goods.
		Get Stormont Executive and Assembly up and running
		Energy prices/profits should be capped.
		Return to Stormont and allocate the extra funds available tp assist those people in need
		Help the hard up pensioners and families now.
		Scrap devolution. Economy of scale is completely lost
		Get back to work
		Elect a speaker so that budget can be set
		Get back into Stormont and form our government
		Go to work be good start
		Some are physically stopping any potential help by staying out of government.
		I don't know what they can do to help other than get sorted out and act as a hover should.
		Get back into government and try to work out some alternatives
		Get back to the Assembly and help the people that need it
		Confront energy suppliers about their increasing profits
		Get the Executive up and running travesty that it's not
		The DUP should enter the executive in the Assembly to allow it to tackle the cost of living crisis.
		Form an executive and take action!
		Get the Executive up and running. Provide people who get no benefits aid with household and energy bills. Invest in renewable energy grants
		Distribute the extra money given by Westminster and stop playing politics saying they can't because the DUP won't form an executive. There is still a finance minister who could distribute the extra money if he wanted to.
		Get back into stormont
		Get to work and sort out some mitigation for households against this cost of living crisis.
		They have a responsibility to improve the lives of their constituents

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	Get back into Stormont
	A rebate for all working people
	Not in stormont . not working for the people. the dup.. sit in stormont and work for the poeple without the dup
	Get back to the Executive to do the job they were elected to do.
	Bring energy supply into public ownership or create not for profit energy supply
	It is in the hands of the National Govt not little NI Assembly who have no say in events
	Get to work or give up their salaries.
	Reduce fuel taxes & green subsidies
	Get back into the assembly and help people. Sort out some sort of arrangements and not only for people on benefit
	Stormont should be up and running if dup do not want to go in stormont should run with out them
	I really don't know what local politicians can actually do.
	Get themselves back to work!!!
	Get back to work
	Get back in the assembly and target help to low income households.
	Form an executive and help the people
	Go back to work. DUP is holding everyone to ransom. I feel it's because they didn't win the election.
	Form an Executive and distribute funds and assistance where it is needed.
	if they were not being blocked by DUP I know they would do the best they could
	support those in difficulty to spread bills, ensure no one is cut off for non payment, provide free public transport, encourage work from home options
	Have given extra to people on low income, UC, etc, but haven't considered pensioners, who are just above the limit for pension credit.
	You can always do more even if it's very little - poor question: There is very little they can do depending on money from the UK Government who in turn only have limited resources.
	I am so frustrated by the actions of the DUP. I hold them solely responsible for the inability of the other parties to introduce measures to help people in poverty
	Executive is not formed. Only non controversial legislation can be pushed through without a functioning exec as a minster could be subject to judicial review. To be fair to sdlp and alliance they are trying at Westminster

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	Get back to the Stormont Assembly and do the job we voted for them to do!
	Reform the executive. Thus is a crisis for some people.
	Get back to work. Fight the energy companies. Apply fairer taxation on fuel and essentials.
	Be in executive to release the funds they have access to
	Get back to work.
	They need to get back to work and try to help the people
	Resume the Assembly
	Form a government immediately .
	There is no movement that I have seen on demand-side interventions to reduce the demand for energy by households. All of the response so far has been sticking-plaster interventions with no movement on creating lasting and long-term changes which mean that people won't be in this situation next year. Insulation and retrofitting should be top of the list and it should be happening now so that homes are warmer in the winter. In the absence of that, Government should be considering interventions like warm-rooms and community hubs where people can go and be in warmth and comfort and so they can avoid very large bills in their homes. Energy efficiency in Government buildings and owned properties would also help too because their estate is massive. Those are just some ideas but there are doubtless more.
	Set up The Executive
	Form an executive and start to work for ALL the people of Northern Ireland!
	They need to sit in the assembly together and sort this mess out like adults. Not the children they have been behaving like for the past 10+ years.
	Our politicians are only interested in orange and green issues rather than trying to work for the people and try and get pressure on the exchequer to release money to help.
	Get the executive
	MLA's get back to work. If not, should not continue to get paid. They do not have to worry about how to pay their bills.
	There should be a cap on energy companies they are making huge profits
	Petition EU,IRISH GOV, British gov to come up with a Strategy.
	Review vat on energy, reduce fuel duty. (I know this isn't within scope of NI Govt).
	Make efforts to distribute the £400m available. This money is been used for political reasons. No reason why it can't be distributed without executive.
	Go back to Stormont
	Cut the VAT on fuel and push for a wind fall tax on energy firms

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		The NI Assembly can do nothing to affect world prices n. The Westminster govt could make the UK self-sufficient in gas , oil and coal and keep prices down . But they are the victims of climate change extremists whose demands and pressure has largely caused the reduced supply of essential fuels. The excessive rise in fuel costs is not just the result of Putin's war . Levies and the removal of traditional and home-grown dependable heat sources also contribute to t5e current crisis. But no one seems prepared to admit this ! Renewable energy cannot YET meet our needs .... and it is hugely expensive. The answer to the costs lies in the UK....not Stormont and not in Ukraine !
		Get back to work
		Form an executive. Release the £300m they can't currently spend. Give clarity about how the Chancellor's scheme will work here.
		get back to Stormont
		GET BACK TO WORK !
		They should at minimum have a speaker in place to allow a modicum of governance to happen. It would be better if there was a full government in place. Some financial support should be delivered to lower income households to help with day to day costs.
		If the DUP actually went to work and contributed to getting Stormont running again. That would be a great start.
		Should get back to work and stop playing politec
		If the DUP wanted rid of the protocol they should have walked out of Westminsteras well instead they kept there big money and left the rest of us high and dry.
		Get back to work fir a start
		Get back to work
		Huge issue for many households, right across income levels. DUP will pay dearly for their arrogance, especially given recent ruptions in Westminster. Out of touch and like Boris - out of ideas
		Get back into stormont
		I appreciate that the cost of fuel/electricity is outside their control; but our politicians could institute a programme of subsidised/free home insulation. That would make a big difference in cost of living, and in our overall use of energy.
		Get into Stormont and get things sorted.
		Get back to work
		More should be spent helping those struggling with the cost of living, particularly food and fuel costs. This could be done by increasing benefits payments on an ongoing basis, alongside one-off payments. More financial assistance should also be offered to food banks and the voluntary sector. In the long term, we should also be investing more in renewable energy to make ourselves less exposed to the volatility of fossil fuel prices.
		DUP should get off their arses and do what they were elected to do, instead of complaining about the protocol, they signed up to.

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	Would help if the assembly was up and running. I totally blame the DUP!
	Lobby the energy suppliers more vigorously and provide relief for householders.
	More help on renewable engery
	They should get bawk to stormont and help people struggling with fuel bills
	Get back into government.
	How about going to work that'd be a start. Can't do anything if not at work!!
	DUP should go back into government.
	Do their jobs, stop this nonsense and get the Assembly up and running
	Get back to government and help the one in most need now and ask questions of the energy company's profits and why there so quick to rise prices but slow to lower them
	Ditch the protocol then get back 8nto stormont/ cap energy bills
	Get back into the assembly
	Stop taking their pay rises, demand gas and oil companies to look out for the poorest people....and put the surcharges to the Richest companies etc
	Get back to stormont
	Get back to work
	Get back to work in Stormont now
	The DUP should get back into Stormont and allow money to be released to those in need!
	They have little or no authority to address this crisis.
	Get back to Stormont and distribute funds.
	Form an executive
	Get back to Storming and reduce tax on fuel
	No Assembly in place, fault OF DUP.
	Justify how oil goes up immediately but takes ages to come down
	Get back into the Assembly and do what they are paid to do.
	Price caps on utilities, payments to households immediately not later in year...pay rises for all workers ...bring back £20/week uplift on all benefits
	DUP should go back into government so that things can be done

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	Get back to Stormont and make policy - insulation grants, proper renewable funding etc
	DUP are arseholes
	Perhaps Westminster issues re vat cuts
	Go to work
	Get back to work. Tax the wealthy and corporations. Invest in renewable energy to address fuel poverty. Why are new council houses being built without proper insulation or solar panels?
	Those who refuse to take their seats and therefore prevent others from forming an assembly should be ashamed. They should form an assembly and address these issues.
	DUP should nominate a dm.
	Get back to forming a government
	DUP not forming government would need to wise up. Families are starving!
	Get back to work
	Some politicians are preventing the others from even meeting to discuss potential remedial actions.
	They are unable to do their job, because of the DUP who are holding the people of NI to ransom for their own agenda.
	Don't know what they can do
	Obviously the political position makes it impossible to do more at this time and I'm not sure they'll have the money.
	Get back into Stormont and start doing the work they are getting paid to do
	Stop using it as political attack line when they have limited ability to do anything
	Get the NI government back. The DUP position is duplicitous and incoherent.
	get back to the executive table and utilise the monies sitting there
	Get rid of the DUP and go to work
	VAT relief (but UKG) advance energy efficiency measures cash supplements for low income households
	Use their budget.
	Get back to work
	They should get back to work and help fix this madness! The UK government need to do more on a UK wide basis too - lower the taxes on fuel.

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		They need to get back to Stormont and find solutions
		Short and long term thinking required. Payments to those who need help will be required in the short term and longer term the politicians need to think about energy efficiency. We need a new RHI scheme that works, money for subsidised insulation, incentives to move from oil and gas to renewable. Look at district heating etc
		Their job which they are receiving pay for
		It's not only people on benefits that are affected. Husband works but I'm a stay at home mum 4 kids under 5.5yrs no benefits and yet no help
		In some ways the politicians are limited because I think this is up to Westminster
		Politicians need to do more to challenge the energy companies and their price rises.
		I think they should adopt a nation wide scheme to fit solar panels to all houses
		Bring in measures to target low income families
		there's not much they can do other than lobby the UK Gov for yet more money (Sinn Fein take note of where the money comes from)
		Start Stormont.
		We need price controls. This is a crisis situation.
		The DUP should return to the executive and the entire executive should produce a three year budget which includes measures to ensure that the hardest hit families have access to affordable fuel or failing that, additional voucher uplift. Longer term energy efficiency and insulation should be addressed.
		Get back to Stormont and develop mitigation measures to help those most in need... people with disabilities, unemployed, people living in the 3 most deprived areas of NI
		They should stop panicking people and stop looking for handouts from central govt. The prices are here to stay and people themselves need to adapt
		Put pressure on the Westminster and fuel companies
		Get back to stormont urgently. Get the £300m to the people who need it most
		The refusal of the DUP to enter into government is extremely harmful in the current climate and is causing distress that could be mitigated against
		Get back in government
		Spend money on insulation and alternative energy sources.
		The DUP boycotting the institution is preventing financial help to families
		Provide help with heating bills
		No they are not. Its clear from DUP delay tactics

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		Money has to come from Westminster. Not much our local MLAs can do
		Make more targeted funding available for those struggling - increased access to free school meals - long term insulation projects / housing upgrades - help with bills for the lowest incomes
		Recall the Assembly and elect Executive immediately
		Broken assembly Absentee party needs to pull favours With a giving Boris Johnson Tax rebate to essential workers
		Finding ways to bring down these costs. At least bring down rates bills
		Get into government. Those trying to implement changes are being derailed by the DUP
		Form a fucking executive
		press for reduction in VAT on fuel (even if temporary) stop focusing only on those on benefits. the working poor get little or no support meaning they effectively end up worse off than those on benefits. if making one off payments they should be in form of fuel vouchers rather than cash NI Parties should permit Westminster to make payments in absence of an Executive. It is perfectly possible under devolution settlement and they are playing politics if saying otherwise
		Get back to Stormont and access the UK funds that have been ringfenced for this.
		Those who are refusing to go back into government should be back at Stormont & working of legislative procedures to help.
		They should get back to work and shut up about the fucking protocol. It's just manufactured bullshit.
		Get back to work for a start
		Get back into government! NI Assembly always seems to operate in a silo mentality. Departments must and should work together.
		Form an Executive and get targeted support to those that need it desperately.
		I think they should increase payments to the lowest paid ie benefits claimants. Give energy grants in advance of money being spent on new boilers and energy efficient ways of heating home as most people have to buy the new boiler then claim money back which means the really poor can't afford as can't afford initial cost
		Reduce dependency on imported energy and fossil fuels in particular, by regulating and mandating electricity providers to generate more from domestic renewable sources, and providing more financial support to households to generate electricity from renewables and use renewable heating sources (i.e. heat pumps).
		Reduce the tax paid on fuel. Cap the cost of energy prices
		Get into Stormont

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	Get back to stormont and do the jobs they're paid to do
	Get back to Stormont and resolving issues (DUP)
	Form an Assembly and executive and fully implement NI appropriate versions of GB measures.
	Provide resources and funding for heating. Subsidised food for vulnerable children and families.
	They are doing what they can with the resources they have, SF are pretending not to have the power to administer additional monies
	Forcing companies to reduce their exorbitant prices rather than encouraging them to fleece people
	Get back to work
	They can only do what the British government allows them to do. They're just there to take the blame.
	Get back to Stormont to work together to insure help is offered to the most vulnerable
	Form an Executive
	FUCK THE DUP
	I have no idea
	Get off their backsides and form a proper executive
	UNTIL THE PROTOCOL IS REMOVED MY POLITICIANS CANNOT ENTER GOVERNMENT WHICH I AND MY FAMILY SUPPORT
	Dup and SF don't have a clue Or pay lip.service to ordinary people
	Article 16 now it is now illegal for an Irishman in Ireland to harvest his own peat for his own use on his own land by European diktat instead you can drive to the local garage and buy imported Latvian peat briquettes- the European Union is yet another an unelected imposed layer of government that I pay taxes to - and pay for !! No taxation without representation ring any bells?
	Get assembly running
	There has to be something else they can do!! Giving £100 to each household now will only patch over the broken system - fuel companies are making too much profit - need to cap prices at the pump and for power - enough is enough!!
	They are irrelevant to this problem.
	Get into government
	Firstly, it's not clear really what's driving the costs and it's not just the war in Ukraine, especially as these companies are recording record high profits. The govt is doing nothing except agreeing there's a problem. They need to stop virtual signalling and start looking at real interventions and quite frankly offering a one off payment is insulting as it will be gone in one oil refill. Their lack of activity in this area fuels my suspicion that they want us to fresh and starve.

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	Not that I'm aware but they need to put pressure onto energy companies & look into their profits next year to see as an indication if they have been making extra money on the back of their price hikes.
	Energy costs in NI are the highest in UK why and what are they doing to fix this.
	Stop letting one party hold us all to ransom
	Abolish The Stormont assembly
	Totally out of their hands. Globalist agenda.
	Encourage Government to reduce tax on petrol / diesel & heating oil
	Stop throwing money at the problem and tackle the root causes of increasing prices where they can. Public transportation should be cheaper and more readily available.
	The allocation of assistance to only those on benefits is wrong. Many working people require assistance with energy bills and cost of living.
	Get back to work. Get the assistance from the uk govt distributed
	Stop dup from blocking stormont.
	They need to stop subsidizing the wind turbines 42% of people here were in fuel poverty before the war in Ukraine and the energy companies are making huge profits and are being subsidized heavily but costs are going up and up System isn't working they should ask why?
	Get back to stormont and help us!
	The unionists parties should form a government instead of getting in the way of others willing to do their jobs
	The fact that one party is holding everything up is unforgivable
	Advice for people.on how to save money on what they have to buy - for example - SIM only deals for phones at £3-8 per month rather than £20-40 per month. Cut back on subscription TV, change electricity supplied, less carry out food, haggle for better broadband, etc
	DUP return to government and release the £300 million waiting to be spent on those most in need.
	Help reduce vat on fuel so everyone can benefit
	Provide grants to help families during the winter months with heating
	Go back into Stormont
	The UK government needs to cut the tax on fuel and hit the energy suppliers with pelentys if they don't pass on savings to costumers. If feul goes up its up that day at the pump. If it goes down we don't see the decrease at the pump for a long time and it never comes down as much as it needs too
	they need to get back to Stormont to help us, working 40 hours a week and struggling should not be normal.

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	Get back to do the job that they are paid for.
	get the institutions - Assembly and Executive running
	Let UK Minsters run the country.All the Stormont Assembly is A very expensive talking shop and the NI Civil Service an over manned job creation service.
	This issue lies solely with Westminster initially and the DUP for failure to take Executive positions to spend what we have.
	They should get the Assembly up and running so that we have representatives in place to implement measures to mitigate the rising costs for the most vulnerable families.
	They should form an executive immediately and give everyone receiving benefits some extra money
	Make greater comparisons to GB. More renewables e.g. via RHI
	Form an assembly and introduce an energy price cap
	Go to work.
	Convene the Assembly
	Stop the sectarian bickering and focus on what matters with the cost of living and even temporarily get help from Westminster especially around the £400 energy credit and more should go to low income households
	Reconvene assembly
	Get help to those who need it
	DUP should catch themselves on and think about people instead of flags, or lining their own pockets.
	They have done nothing to help. Won't agree on anything and can't even form a government.
	They should turn up for work and have specialist advice provided to them, which they can act upon.
	DUP intransigence, no strategic insight and led by donkeys. Not surprised, intelligence bypass her
	One plan would be to reduce or remove VAT on fuel.
	Get Stormont Government back to work for the people
	Get back in government
	get back to work
	Cap prices and tax profits for benefit of consumers. Aim to Nationalise energy provision
	There is very little that politicians can do about cost of living, major oil and gas company's are ripping the country off.
	Get to work would be a start. They should all be paid off as they don't sit in government. Keep direct rule and abolish mla salaries

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	I feel they should be meet to cooperatively come up with a plan to help struggling families
	UUP havecset upva poverty pilot scheme
	There is no Stormont so politicians have limited influence
	Form a government and get the executive going again.
	They should get back into power and release the money sitting there to those so badly in need
	They should be holding the energy companies and fuel companies to account for the unnecessary price hikes and should agree across the board price for all companies
	Politicians have no control over world energy prices
	Start with the oil companies. The price for a barrel of oil does not warrant the massive costs being paid by consumers for oil.
	If DUP cared they would allow Assembly to form.
	Go to work, form an executive
	Get back into Executive in order to actually do something
	Get back to work
	Get back in the Executive and get the Assembly up and running again. They are getting paid and should get on with the job.
	I don't think the local politicians have clue what to do. I think they are reactive rather than proactive due to their limited knowledge on the subject. For example the government reduced the duty on fuel some weeks back yet few retailers adjusted their prices down!! I've not heard one politician taking the lead on lobbying to get the reduction applied.
	Move past the deadlock over the protocol. It is scandalous, stupid, and is costing lives
	Get the assembly back working
	More support for those on lower incomes. Better access to debt support. Finance community initiatives
	Introduce emergency legislation for cost of living measures. Accelerate the use of renewable energy. Conduct a fuel poverty review based on evidence and create evidence supported interventions to assist those in poverty.
	Get back to running the country
	Return to assembly, nominate speaker, release funds
	first get back to Stormont. Then work with other devolved govts to push Westminster
	Earn their salary by looking at our endemic problems.
	For a start, the DUP could prioritise people...

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	Better grants for renewable energy and home insulation
	get the bloody finger out, The law should be changed ..If you tell ppl Ill do this and that and you fail to do this and that you forfeit your pay for that job you applied for.. end of No work no pay .
	The DUP need to get back into the Assembly.
	Form an Executive as a first step
	They need to work together for all of the people especially those who are struggling to pay their bills and using food banks to feed their families
	Form an Executive
	Get back to doing their job instead of following .personal agendas
	Get the DUP to take their seats and get the Assembly up and running so the cost of living crisis can be addressed
	They should not be able to shut down stormont or if they do their pay should be stopped as they stop people's payments and don't do their job.
	this is something that is outside of their control if more support is given taxes will need to rise to pay for it which will hurt more people in the long term. i do not believe hand outs cash to support bills is the way forward of but support for green energy for homes such as grants for solar panels/air source heat pumps and bringing VAT on such projects in line with rest of UK should be prioritised.
	I don't understand how large energy suppliers are still making huge profits whilst people are struggling. The government need to tax them appropriately, put price caps on energy and also have funds distributed to the most vulnerable families.
	A good start would be a return to Stormont and then those in need could be given the help the rest of UK will be receiving
	Their job! Grow up and behave like adults instead of throwing their toys out of the pram!
	The DUP is actively preventing the executive and assembly from functioning.
	DUP should agree to a Speaker and allow democratically elected MLAs back to Stormont and work..
	They are actually making things worse by their refusal to govern
	Political stalemate is bound to have negative implications for those on the lower income scale getting benefits delivered sooner
	They should all be back to work and have the executive up & running
	Get back into Stormont
	Get back into government immediately. Allocate resources already held to those most in need.
	They are limited in what they can do.
	Get back to work

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	Although I am not badly affected as I live alone, I see first hand families that are struggling. With no functioning executive, politicians are unable to try and provide the necessary support to struggling families
	Thanks to the DUP collapsing the executive I feel that local politicians hands are unable to do much currently.
	prices caps, more financial support fro poorer/medium income families, fuel tax the companies not the recipients, invest in alternative renewable resources...wind, tidal etc
	But with no assembly I can't blame them
	Get back into stormont and distribute Barnet consequential money. I know that many of the issues need to be dealt with my Westminster but there is money there that needs an executive to sort
	They should get back to work
	They should help people on low incomes and the elderly.
	cut fuel duty further
	Get Stormont open and do what they are paid for!
	Its a worldwide crisis. Why should we expect our Northern Irish politicians to be able to fix this problem with limited fiscal powers and authority when major international nations are in very similar positions with much greater powers available to them.
	Get the Executive back working immediately
	Get back to work and add
	Get back to Stormont and reverse BREXIT.
	For starters the DUP must stop preventing the Exec and Assembly from functioning, so at least they can distribute the Barnet consequentials - the millions the Treasury has allocated to help us!
	Get back to work!!!
	Sit in Stormount and work on a budget
	Get back to work and develop supports to help people
	Waken the DUP up to reality and get back to work.
	Form an executive and deal with the problem.
	Start to do their jobs instead of whinging and whining over party political issues.
	DUP need to get back into stormont
	Get back to work
	The absence of a an Executive means politicians can't do anything.

**NView - QUESTION NEA7:**

**Do you believe politicians in Northern Ireland are doing enough to address the cost-of-living crisis?  
– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.

	Stop fighting orange/green issues. Poverty doesn't carry a flag. Introduce secular education. Address profits being made by energy companies, improve social security benefit, lobby Westminster to increase taxation on multi-nationals.
	Get their fingers out and get back to stormont
	Return to assembly - increase pressure on central gov to address the problem and introduce local support measures
	The NI Protocol should be removed.
	Get engaged. Look at long term strategy to replace current electricity backbone, ie renewable energy with say small nuclear reactors.
	Lobby the British to reduce VAT and fuel taxes.
	They need to stop the prices going up. Wholesale costs are dropping yet we got hit with another rise. Our gas bill went from £40-60 to £90 and now will be £140!!
	They need to increase child benefit and fsm to all children. That will at least ensure homes with children are getting more consistent support
	Stormont should ask UK govt for all taxes on heating and electric to be suspended.
	They should address the issues regarding the costs
	They are fairly poweless of course, but they could pressure the EU and UK to reduce VAT and other taxes
	The DUP should agree to form an executive and stop bleating about the protocol
	Get back to work
	Get their arse in gear and get back to the assembly
	Provide financial assistance to those in need
	Get back to Stormont now
	Amend the Protocol to get Assembly running again.
	Go back into Stormont & do the job they're being paid to do
	Work as elected . Improve energy efficiency in homes. Be serious about green energy generation locally,
	Problem rests with dup alone
	I dont think they're doing enough and definitely should all be back at the Assembly working, but at the same time there will be some interventions only UK gov can make
	Need to lobby UK government re price caps
	The dup needs to drop their opposition to the protocol and get back to work. If they won't - should be sacked

**NIView - QUESTION NEA7:**

**Do you believe politicians in Northern Ireland are doing enough to address the cost-of-living crisis?  
– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.

	It's a Westminster issue to resolve
	Go back into government like the people voted for
	Insulation scheme Quicker planning permission for Windmills Electric car recharging points - Make sure all city deals are carbon zero or better
	Get back to Stormont..... Call DUP in everyday if necessary.
	The DUP need to stop blocking the Assembly, and join the executive
	Get back to working in Stormont.
	Dup need to get back to work
	the DUP will never share power with a female SF first minister
	Form an executive
	<p>Get back in govt!</p> <p>Form an executive and agree a budget</p> <p>DUP GET BACK TO WORK PEOPLE ARE SUFFERING. No one cares about the protocol. Selfish b*st*rds</p> <p>Local politicians are closer in their thinking to the Tories than they care to admit . The regulator warned when Stormont was fully functioning that these rises were coming last autumn . They done nothing despite having the time and money to do something</p> <p>The DUP have let down everyone in NI for staying out of the executive over the protocol even though the executive has no power over this matter</p> <p>Of course they are not .. when they are not in power at Stormont to approve emergency payments</p> <p>DUP need to put people first not the protocol</p> <p>Arrange for some of the £400 million to be spent around all households</p> <p>They need to get back to work.</p> <p>The DUP need to get back to work</p> <p>Form a government!</p> <p>The DUP are making things worse.</p> <p>The DUP should get back to work</p> <p>They should be back in government, doing what they were elected (and paid) to do!</p> <p>Get the fuck out of the UK</p>

**NView - QUESTION NEA7:**

**Do you believe politicians in Northern Ireland are doing enough to address the cost-of-living crisis?  
– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

**To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.**

The DUP need to return to work in the assembly ASAP and resolve the protocol issues with a referendum let the people decide.

Something. Or anything.

Too much politicing by some parties and little focus on looking after the people

Nationalisation of the energy companies and an end to private profits from essential services

They should do the job they were elected to do and get working in Stormont

Reignite the executive, draw down the public moneys available and devise a means tested scheme to help those who need help the most.

Get into government

Scrap the Green crap.

They should provide payments to those in fuel poverty to mitigate the current high prices.

The DUP should stop holding us and the Executive to ransom

Get back to Stormont & address fuel poverty

Lobby government to tax energy etc. companies. Impose price caps. Privatise utilities. Invest more in local providers and stop outsourcing globally. Form an assembly & stop finding excuses to get paid to do nothing. Join the real world that doesn't come with an expenses account but does have performance related pay.

Get back to work and do the jobs they are getting big wages for

Get Stormont up and running

We need to see action rather than rehearsed rhetoric, action needs to be taken in terms of taxing those big fuel companies inflated profits

The DUP need to get back to work.

DUP holding the country to ransom and everyone is suffering. They need to get back into government ASAP!

Build a nuclear power plant and increase gas storage

The DUP need to go back in to Stormont and form an executive. People are starving, deprressed, stressed, dying. There are people out here who are barely existi g never mind living. Get back to work and do what we voted you in for

Eliminate barriers to trade between NI and Britain

Get back to being an operating Executive. No money can be given out until Stormont is up and operating properly again

Joint rule if no consensus

**NIView - QUESTION NEA7:**

**Do you believe politicians in Northern Ireland are doing enough to address the cost-of-living crisis?  
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Reduce Rates

Get back into work!! If I didn't work, I'd lose my job.  
If one party doesn't want to be involved, fine. But let the rest do their jobs!

Get the Assembly back up and running.

At the very least make provision for the distribution of funds earmarked to help people with these shortages and devise schemes to assist those in need

Have a moratorium on sectarian rubbish for as trial period and use that time to address energy issues.

Our politicians are failing us they do nothing but talk while we continue to suffer. No action, no help, and no executive.  
They need to get back to work and do their jobs.

By not being able to form an executive. History shows when NI politicians get their hands on money they waste it as they have no expertise in any way to run a country in good times never mind when we are facing a world wide problem

I believe this is a Westminster and world issue and Stormont cannot really change the situation. A barrel of oil today is 92 dollars and petrol is almost £2 a litre but awhile back a barrel of oil was 109 dollars but petrol was only £1:19 a litre!! Doesn't add up over 50% of the cost is tax. The government and the big fuel companies are screwing the country!!

Need to help people keep their homes warm and ensure everyone has enough money to survive

A minster for energy who has powers to challenge energy suppliers and fuel companies on pricing

They should form a government in Stormount as elected to obviously

Getting - and keeping - The Assembly up and running. for the good of us all. We would not tolerate their petulant behaviour from our children.

Form an Assembly and actually govern...

work! and not be paid doing nothing as the DUP

They are doing nothing. Protocol is the only thing they are concerned about not the people who elected them. Absolutely useless.

They haven't done anything at all yet.

Get back into the assembly

The need to go back to work!! The Protocol is not going to keep people warm or fed!!

Need an Assembly and DUP to get back into Gov

Expand industry on renewable energy development.

Put a cap on the cost of gas and oil

As there is no government, then the people are left to suffer. basic life needs being ignored.

**NIView - QUESTION NEA7:**

**Do you believe politicians in Northern Ireland are doing enough to address the cost-of-living crisis?  
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Had the DUP re-entered Stormont at any time this year- whether it was before the election or since- they literally could have formed an executive on the basis of allocating the funds sitting in Stormont's bank account in order to alleviate some of the pressures facing households. They literally campaigned on the basis they would give a cost of living payment to each household. Now that payment has been doubled by the UK treasury and we don't know if we will ever see it. The DUP could quite easily reform an executive for the short-term basis of getting the money into people's pockets but unfortunately, their crusade against the protocol is clearly much more important to them. Best case scenario is that the DUP should enter a new executive and allocate the money but even if they would just nominate a speaker there could be ways and means of getting the money people need into their pockets.

Get stormont up and running.

Provide enough financial assistance to make us comfortable.

Encourage more engird providers and introduce a price cap

DUP are stopping money getting to vulnerable people by their refusal to take their seats.

Grants for solar panels, embed right to work from home in you can for at least 2 days a week to help with cost of living

They all talk, but little action.

They need to get back round the table to see what they can do with the limited powers they have

They can't do anything, no money, and no power,so it's pointless chatting about it

Get back into stormont

DUP need to go back to assembly and all can then deal with issue

Stop green taxes, vat on energy and petrol, stop net zero and using our own coal and start fracking

Politicians should get back into Stormont and take measures to alleviate this new normal. Release money to help those in need and put pressure on energy companies.

I am a total loyalist and I think they should get back into Government as soon as possible.

I believe it is out of their control I, they can't hand out free money to help as it has to come from somewhere so you end up paying no matter what

They need fight for working family's not just ones on benefits

Anything to improve it would be good.

Create policy, work together for the common good and do their jobs

Get back into Stormont and legislate - we need a functioning assembly

The pigs on the hill are really well fed and the wages get better and better it's disappointing to say the least

Bring forward the winter fuel payment to 1/7/22 and double it and the one off benefit to the same date

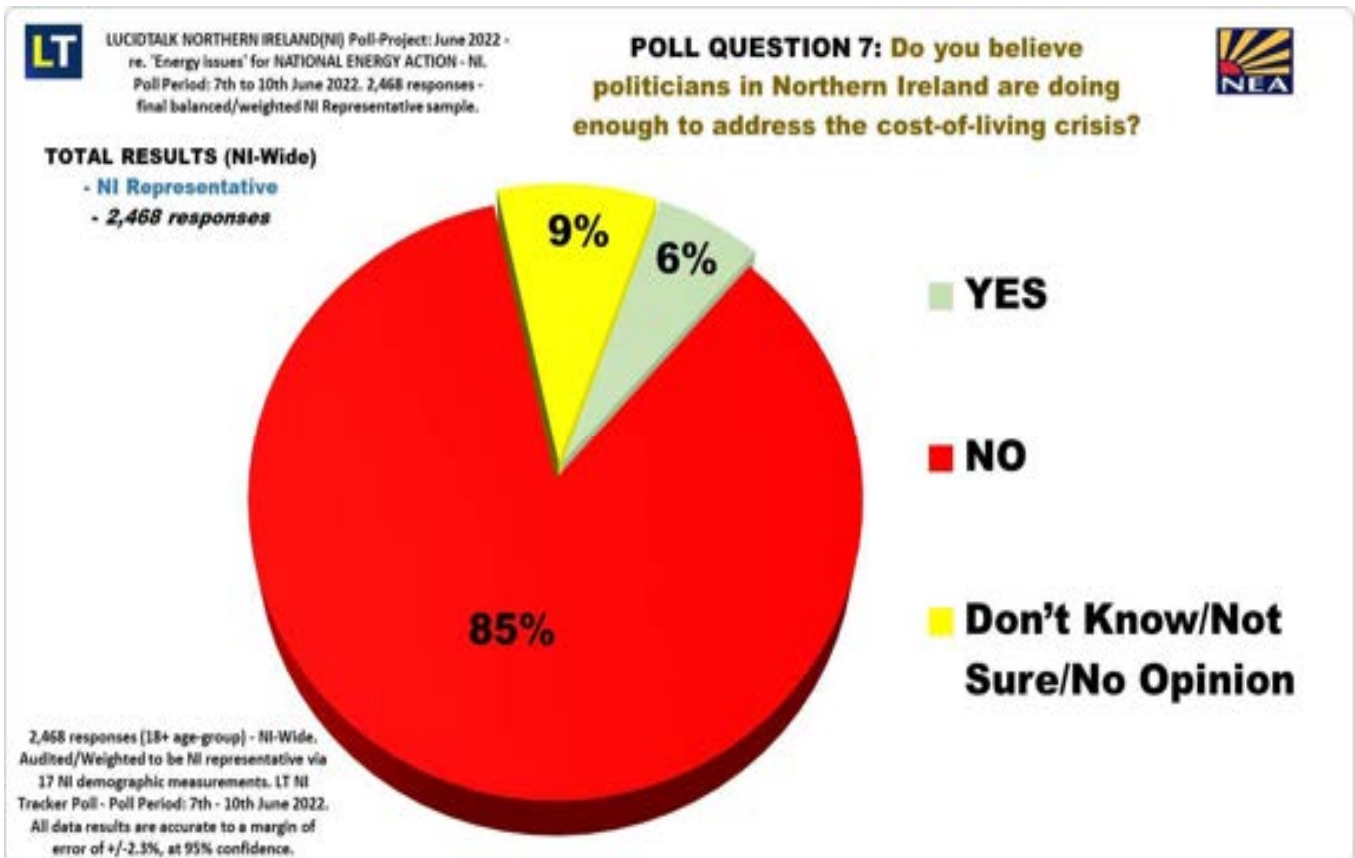
They happy getting there wages doing nothing....the working people are getting trampled on

**NView - QUESTION NEA7:**

**Do you believe politicians in Northern Ireland are doing enough to address the cost-of-living crisis?**  
**- POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

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	<p>I believe that they want to (or some of them) but are being blocked until the NI Protocol fiasco is resolved</p> <p>Actually form a government and impose percentage caps on large companies (similar to France); impose laws on reducing the price of healthy foods (I can no longer afford fruit for example, meat is really expensive too)</p> <p>Westminster: higher tax for billionaires and better laws around offshore accounts.</p> <p>Get to work and reduce fuel bills!</p> <p>Get back into Stormont and give us more money</p> <p>Remove vat from fuel charges.</p> <p>They should be questioning all energy providers</p> <p>Get back to work and develop meaningful policies and strategies with targets and timetables</p> <p>Never a word has been done to help people</p> <p>I've tweeted my MLA regarding the Assembly starting a NI energy regulator and have had no reply</p> <p>You know what they should do</p>
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**NIView - QUESTION NEA8:**

If you have a Prepayment Meter/Top up card, have you at any point in the last 18 months been unable to top up your gas or electricity?

– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)

To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.

Answer Choices		Response Percent	Response Total
1	No never	30.0%	747
2	Yes, on one occasion	5.0%	125
3	Yes, on more than one occasion (please provide detail below)	5.0%	129
4	Not applicable - I don't have a 'Prepayment Meter/Top up card'	55.0%	1,368
5	Don't Know/Not Sure/No Opinion	5.0%	98
<b>Analysis</b>		<b>answered</b>	<b>2,467</b>
Minimum:	1.00	Mean:	3.08
Maximum:	5.00	Variance:	1.93
Satisfaction Rate:	51.91	Std. Deviation:	1.39
		Std. Error:	0.03

If you answered 'Yes', on more than one occasion - please provide more detail: (78)

	Not applicable
	I had to borrow money to top up
	Not applicable
	Don't have one
	had to wait for money to come in before could top up
	Over Christmas we couldn't afford to. Top up so had to stay with my parents for a week
	Have had no gas a number of times as couldn't afford it
	When I was unemployed, I didn't have any money at all; the meter cannot be topped up by debit card
	Only because I have used loans to top it up
	Running out before payday
	Not has enough in the bank to do minimum top up. Suppliers need to allow top ups of less than £10
	Its the juggle of being a single parent and rebuilding your life. PAYG meters are so handy because as I try to rebuild my my credit rating, having a utility Direct Debit was not a good idea because I have to borrow and stretch payments every month
	Heat or eat

**NView - QUESTION NEA8:**

**If you have a Prepayment Meter/Top up card, have you at any point in the last 18 months been unable to top up your gas or electricity?**

**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

**To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.**

	Running out of electric as putting less in has made me have to use the emergency
	My electricity was low, thankfully it was a Saturday, but I didn't get paid until the Wednesday so I left it beeping until Monday when I knew it would go off, so that I could try and stretch the last of my wages before pay day.
	I've had to borrow from relatives and friends
	Problems with the card
	Half the week I have to live without gas each week.
	I haven't run out but that's because I took out a £1K bank loan in order to have the maximum £999.99 on the meter. Every time I use a fiver I top it back up which I will continue to do until I get a 40 digit code. That top up won't go on it because it will generate a transfer of the total current credit to the new rate.
	no money to put on it.
	Technical issues that were resolved in the nick of time
	Several times I had to ask St Vincent DePaul
	I've had to borrow money and make use of the £100 credit scheme
	Quite often I have to use emergency supply or borrow money to top up in advance of wages being paid
	I currently cannot top up my gas and electric until payday. I will have to borrow money to get electric and will not get gas again until the end of the month.
	It was either a choice of food or heat.
	Run out of gas gwo days before my pension
	no money to top up
	There were days in winter I coukd only put my heat on for an hour a day and just had to sit with blankets
	I didn't realise my electricity was done. The meter is outside and I didn't hear it beeping. Mortified that my neighbors know
	Budgeting money to when we can afford it
	Didn't have enough in bank so I waited till next day as they don't cut you off till next day
	Skint
	App wasn't working so was unable to top up.
	I've had to wait until pay day to top up electricity and to buy 25 ltr drums of heating oil.
	I have had to wait before on pay coming in before topping up
	we use a local Foodbank, & if benefits are slow I have no money to pay the bill, our oil ran out

**NIView - QUESTION NEA8:**

**If you have a Prepayment Meter/Top up card, have you at any point in the last 18 months been unable to top up your gas or electricity?**

**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

**To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.**

	At least a monthly occurrence. What are we supposed to do if there is no money in the bank account?
	Days without electricity
	Had borrow £5 credit until money goes in and been using that good few times now
	Waiting on UC payment coming in
	Have done without gas heating
	Money didnt stretch had to borrow
	It's been disconnected so can only stay at my house in warmer months.
	We would get behind if I didn't weekly spend the majority of what I have on electricity and fuel to keep ahead as I'm scared of unseen events resulting in me not being able to pay my bills
	Working poor , no help, no benefits, just increase in prices and stagnant wages.
	Have topped up regularly to enable continual use of gas
	Broken equipment.
	I have had to wait until next day for wages or if longer then I have borrowed money
	Have been unable to top up the gas in several occasions during the winter. This resulted in no heating and no hot water for a few days each time. I only put the heating on for a half hour a day in the winter when I have gas
	I sat for 5 hours whilst the children were at school without any electric or gas until I could get the loan of some money from a family member to top up electric
	I can't afford to buy oil
	I have had to borrow money
	A few times we had to do without Heating as we had no l'll and burned electric fire which we hadn't to pay the electric
	I get paid monthly I work I get no benfits, and I had to get lends to top up my gas and electricity off family members. I
	In rented apartment - prepaid card is huge bugbear and inconvenience for both gas and electric. Because paying bill every 6 weeks am really conscious of huge price hikes.
	We've had to go without heat,light warm food and hot water until next dhss money comes in
	Had to choose between electric and food over gas heating.
	No but I have had to prioritise that over things like paying school lunch Money
	Didn't have the money to top it up

**NIView - QUESTION NEA8:**

**If you have a Prepayment Meter/Top up card, have you at any point in the last 18 months been unable to top up your gas or electricity?**

**– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

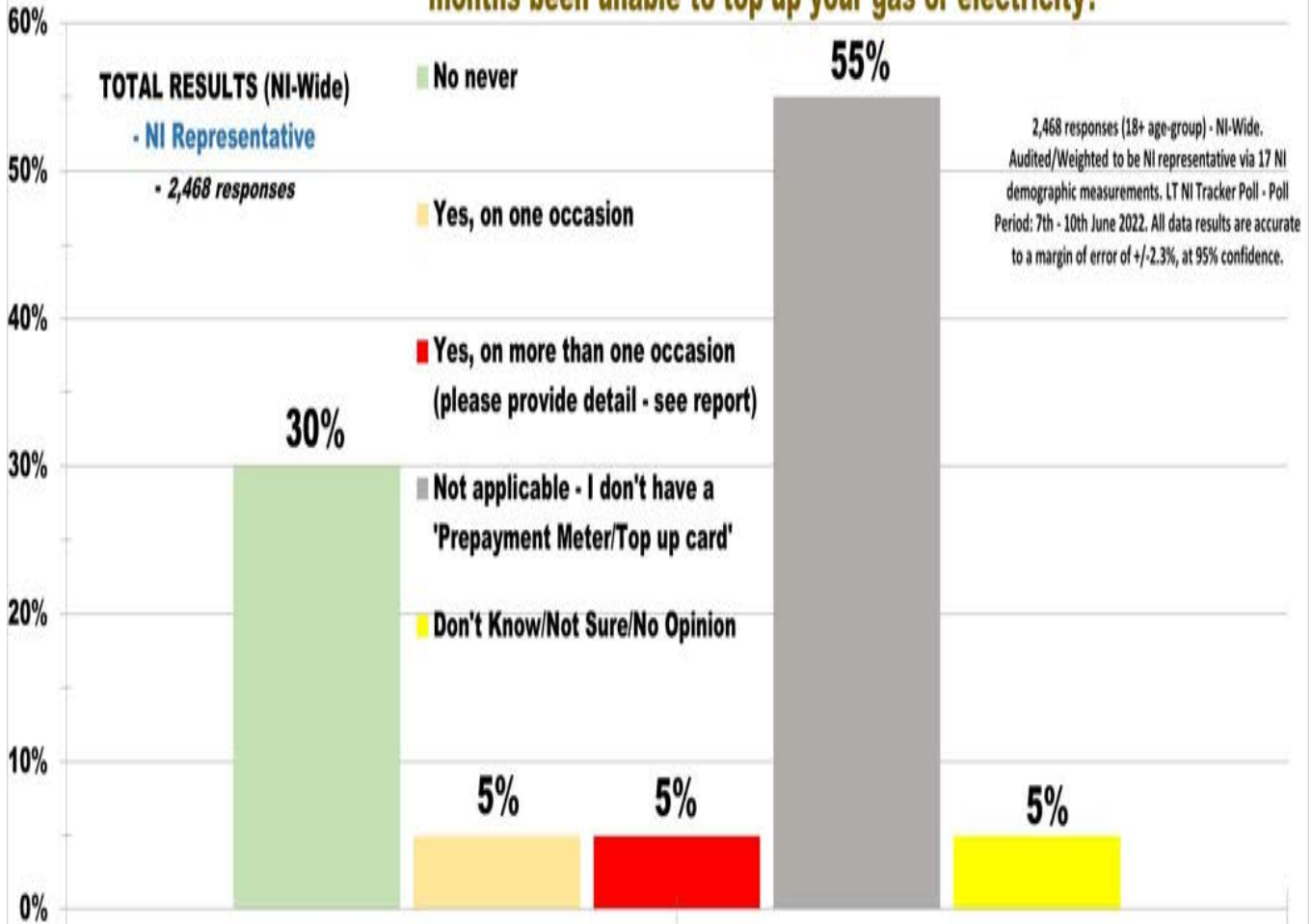
**To assist reading and reviewing, some meaningless comments in the qualitative section (comments etc.) have been removed e.g. N/A, 'No comment', 'None' etc. – therefore the No. sequencing shows some 'missing' Nos.**

	I have selected no never but would like to provide further detail. this is because I have chosen to maintain heating + electricity over meals
	I have only 1 place to top up my gas and at times it doesnt be working
	Machine not working as a result of Phoenix gas work
	Had to get family support
	Had to use emergency £5 few times
	I'm on a.state pension and it doesn't go far. Usually I go to bed early.
	Local shop, machine out of order for a couple of days.
	ive had to borrow a few times to put money in the gas/electric, I am always behind no matter what i do.
	Have let gas go into emergency level numerous times. Have went without gas earlier in the year than we normally would
	Have had to ask family for money to make it to payday
	If I'm really stuck I put it on credit card but I don't like doing that
	Getting loans of family to top-up heating and paying back over the summer months. "mouse on a wheel" our political leaders arnt on that wheel thats for sure.
	Had not the money.Had to borrow from family.
	Didnt habe the money to top up. Emailed my supplier to be told 3 days later theu could"sub" me some but would take it back when i next topped up
	<p>Meter failed . Hours of calls to Firmus before they would resolve</p> <p>However we're using our savings to keep us topped up.</p> <p>No money</p> <p>other things go but you still can't put the heating on and have to wear more clothing</p> <p>I have not had enough money to update the card</p> <p>Have not purchased heating oil since last Summer.</p> <p>As a supply teacher the day I get paid moves depending on public holidays etc.</p> <p>6 occasions</p> <p>Had my gas switched off as the price was far too much</p>



LUCIDTALK NORTHERN IRELAND(NI) Poll-Project: June 2022 - re. 'Energy issues' for NATIONAL ENERGY ACTION - NI. Poll Period: 7th to 10th June 2022. 2,468 responses - final balanced/weighted NI Representative sample.

**POLL QUESTION 8: If you have a Prepayment Meter/Top up card, have you at any point in the last 18 months been unable to top up your gas or electricity?**

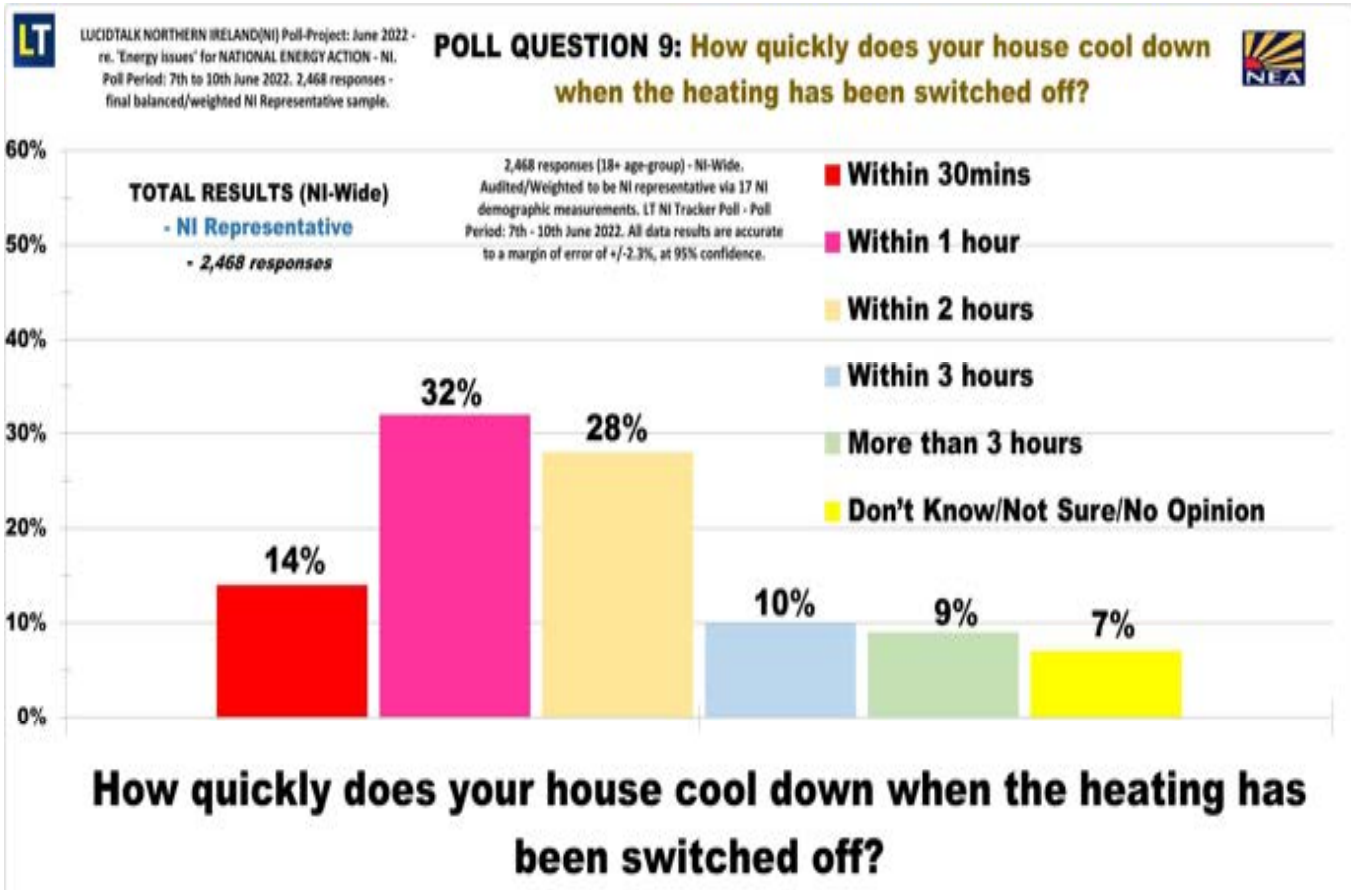


**If you have a Prepayment Meter/Top up card, have you at any point in the last 18 months been unable to top up your gas or electricity?**

**NIView - QUESTION NEA9: How quickly does your house cool down when the heating has been switched off?**

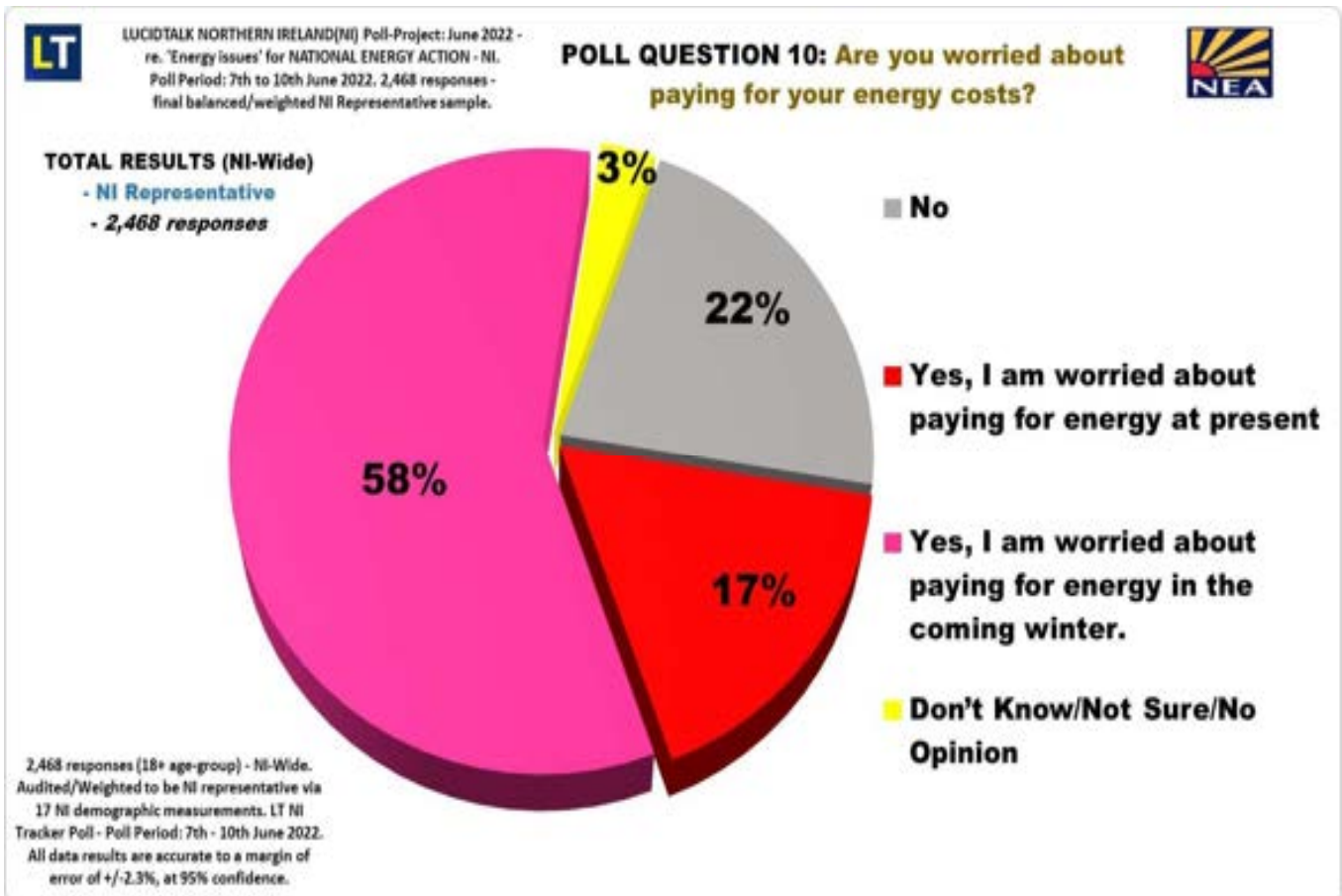
**- POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)**

Answer Choices		Response Percent	Response Total																		
1	Within 30mins	14.0%	248																		
2	Within 1 hour	32.0%	742																		
3	Within 2 hours	28.0%	630																		
4	Within 3 hours	10.0%	268																		
5	More than 3 hours	9.0%	223																		
6	Don't Know/Not Sure/No Opinion	7.0%	162																		
<table border="1"> <tr> <td>Minimum:</td> <td>1.00</td> <td>Mean:</td> <td>2.98</td> <td>Std. Deviation:</td> <td>1.38</td> </tr> <tr> <td>Maximum:</td> <td>6.00</td> <td>Variance:</td> <td>1.91</td> <td>Std. Error:</td> <td>0.03</td> </tr> <tr> <td>Satisfaction Rate:</td> <td>39.67</td> <td colspan="4"></td> </tr> </table>		Minimum:	1.00	Mean:	2.98	Std. Deviation:	1.38	Maximum:	6.00	Variance:	1.91	Std. Error:	0.03	Satisfaction Rate:	39.67					<b>answered</b>	<b>2,466</b>
Minimum:	1.00	Mean:	2.98	Std. Deviation:	1.38																
Maximum:	6.00	Variance:	1.91	Std. Error:	0.03																
Satisfaction Rate:	39.67																				



**NIView - QUESTION NEA10:**  
**Are you worried about paying for your energy costs?**  
– POLL-SURVEY PROJECT FOR NEA-NI: June 2022 - 2,468 responses (NI representative)

Answer Choices		Response Percent	Response Total					
1	No	22.0%	547					
2	Yes, I am worried about paying for energy at present	17.0%	429					
3	Yes, I am worried about paying for energy in the coming winter.	58.0%	1,426					
4	Don't Know/Not Sure/No Opinion	3.0%	64					
Analysis	Minimum:	1.00	Mean:	2.34	Std. Deviation:	0.89	answered	2,466
	Maximum:	4.00	Variance:	0.80	Std. Error:	0.02		
	Satisfaction Rate:	44.70						



**NEA-NI: Final Qualitative Report (433 'Final' comments - voluntary) – June 2022**  
**NATIONAL ENERGY ACTION – Northern Ireland (NEA – NI)**

**NI-Wide Poll-Survey Research Project: 2,470 responses**  
**Version 1.0: 14<sup>th</sup> June 2022. Poll-Period: 7<sup>th</sup> – 10<sup>th</sup> June 2022**  
**Private and Confidential: NEA-NI and LucidTalk use only**

**QUALITATIVE ANALYSIS: Word Cloud and Word Count Analyses**

**Word Cloud Analysis:** The actual number of Word occurrences in all of the comments listed above is calculated, and the higher the No. of occurrences, and the relative importance and specific context of where the word occurs, is reflected in the 'Word Cloud' by that Word being bigger and bolder compared to other words in the Word Cloud. Words related to the poll-survey itself obviously occur very frequently e.g. Energy, Government, People, Prices, Electricity, Heating, Oil, etc., and this should be considered when reviewing the Word Cloud.

**Word Cloud – FINAL COMMENTS: NEA-NI Research Project (June 2022)**

afford assembly benefits bills care companies cost **costs** crisis dup  
electricity **energy** executive families family food **fuel** gas  
**government** health heat heating homes house households income increase  
ireland issues job **living** making money months oil paid party **pay** paying **people**  
political politicians poverty price **prices** profit profits protocol question riser rising  
stormont struggling support **winter** work working worried

**QUALITATIVE ANALYSIS – FINAL COMMENTS (433): NATIONAL ENERGY ACTION - NI**  
**Word List – Poll-Survey for NEA-NI: FINAL COMMENTS SECTION ONLY – 433 Comments**  
**– Frequently mentioned Words: No. of mentions for each Word. Key Words are highlighted.**  
**Only those words with 13 mentions or higher are listed**

230 energy, 110 people, 74 fuel, 62 government, 54 costs, 52 heating, 50 dup, 47 oil, 44 prices, 43 cost, 43 winter, 41 living, 41 pay, 39 crisis, 37 money, 32 companies, 31 work, 30 electricity, 29 gas, 29 stormont, 28 politicians, 27 working, 26 executive, 26 heat, 24 protocol, 23 price, 22 homes, 21 assembly, 21 benefits, 20 bills, 20 food, 20 support, 17 care, 17 issues, 17 poverty, 17 rising, 16 income, 16 months, 16 paid, 16 struggling, 16 worried, 15 families, 15 profits, 15 year, 13 afford, 13 family, 13 households, 13 paying, 13 political, 13 profit, 13 health

## NOTES

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**Strictly Confidential – LucidTalk and National Energy Action – Northern Ireland (NEA-NI) use only**

Subject LucidTalk Market Research Projects – NI Poll Projects – NEA-NI  
– National Energy Action NI Poll-Survey Report: General NI Public Views Analysis June 2022 - (Version 1.1)

Issue Date 20<sup>th</sup> July 2022 – Version 1.1 (24<sup>th</sup> June 2022 – Version 1)  
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If you have a query about these LT Micro-Poll projects, or about any aspect of LucidTalk's products and services then please contact: [info@lucidtalk.co.uk](mailto:info@lucidtalk.co.uk) or go to [lucidtalk.co.uk](http://lucidtalk.co.uk)

