

# Energy Efficiency in the Home

*Getting the most from the Energy we use*

## FREE Training Webinar

National Energy Action (NEA) NI, supported by the NI Housing Executive (NIHE) and the Public Health Agency (PHA) is offering **FREE** Training Webinars hosted by NEA, for community groups and organisations throughout Northern Ireland.

Webinars will be delivered via Zoom and delegates will require a device with a camera and sound to participate. Participants will also have the opportunity to interact with the trainer. Full instructions on how to join the webinar will be provided.

### The following topics are included:

- Energy and where we use it
- Energy efficient heating
- Controls on the central heating system
- Energy efficient lighting and appliances
- Keeping the heat where it is needed — reducing heat loss
- Comparing and switching energy suppliers
- Overview of fuel poverty and the impact of cold homes



**These workshops are focused on making energy efficiency  
come alive for those who attend!**

For further information and for booking please contact  
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