



Belfast 'Warm and Well' is a multi-agency partnership programme aimed at reducing avoidable winter deaths.

The project aims to utilise existing Statutory & Voluntary sector resources and community assets to identify people vulnerable to the cold, in at risk groups. A referral pathway via a single point of contact will be provided by NEA NI.

NEA will undertake needs led assessments and engage the relevant support providers from organisations within Statutory, Voluntary and Community sectors appropriate to meet the needs of the client

Where practitioners and community representatives have concerns that someone may be experiencing the adverse effects of living in a cold damp home, they should contact NEA NI **028 9023 9909**.

Who is at Risk?

People with/who/have:

- Cardiovascular conditions respiratory conditions (in particular, chronic obstructive pulmonary disease and childhood asthma, mental health conditions and disabilities);
- Older people (65 and older);
- Young children (under 5);
- Pregnant women;
- People on a low income;
- People who move in and out of homelessness;
- Addictions;
- Attended hospital due to a fall; and
- Recent immigrants and asylum seekers



When Body Temperatures Fall

- 18-24°C, no risk to health
- Below 16°C, less resistance to respiratory infections
- Below 12°C, increased blood pressure
- Below 9°C, after 2 or more hours, deep body temperature falls.

Collins KJ (1986) Op Cit

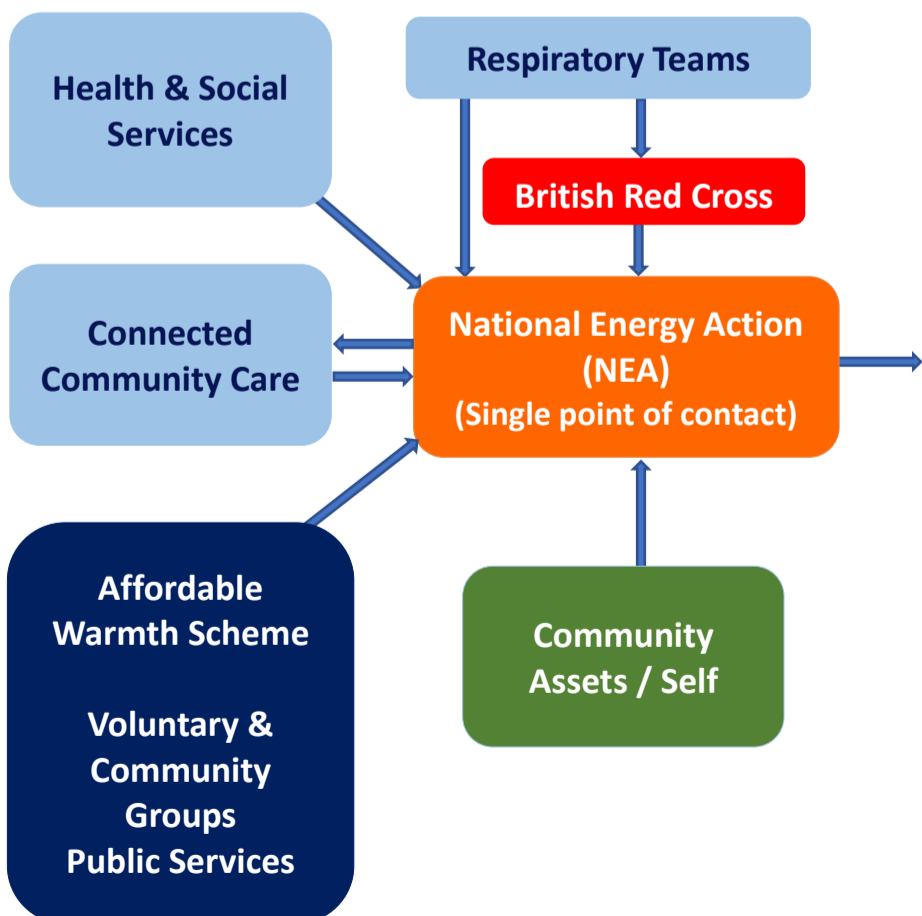


Recognising Signs of Fuel Poverty

| | | |
|---|--|---|
| Going to bed early to stay warm | Using unsafe, unserviced heating appliances or inappropriate devices like ovens to stay warm | Cooking using alternative sources such as a BBQ or portable stove |
| Only heating one room or avoiding using central heating at all | Cutting back on electricity and using candles instead of lights | Cutting back on buying essential personal items, food, eating only cold meals or reliance on food banks |
| Spending the day in heated spaces such as a library, cafe or eventA&E | Leaving curtains closed all day or putting newspaper over windows | Formal or informal borrowing from friends and family |
| | | Not inviting friends or family in to the home |

Programme Delivery

Central Referral Point



Assessment

- Outcomes Wheel
- Managing Money
- Looking after your home
- Staying Well
- Keeping in touch
- Feeling Positive

1st Responses

- Make the Call NEA Universal Credit
- NI Fire & Rescue Service Home Safety NEA/Bryson
- Good Morning Services
- Connected Community Care Social Services

Example

Community Assets

- Local Community Groups
- Pharmacies
- Faith Groups
- Schools
- Shop Keepers
- Citywide Groups
- BCC Emergency Planning
- Winter Warmth Planning

