

YOUR HOME ENERGY CHECKLIST



Action for Warm Homes

Below is a list of changes you can make immediately around your home that may help to reduce your gas and electricity bills.

- Monitor your gas and electricity use.**
Take regular meter readings as this will help you keep an eye on your energy use and keep your bills accurate.
- Start paying off your energy bill debt**
Put aside money for your energy bills each week/month or try and make a part payment to your energy supplier.

Consider applying for an energy supplier trust fund for assistance to help clear your energy debt. Trusts will only agree to help with a debt if you are attempting to pay it and make changes to prevent it from happening again.

- Paying for your energy**
Consider paying your bills by monthly online direct debit. This is the cheapest way to pay. If you are paying energy bills quarterly then you may be able to make savings, so consider different payment options to save money.
- Income maximisation**
Make sure you are claiming the correct benefits. Take advice.
- Warm Home Discount**
Ask your energy supplier if you are entitled to a Warm Home Discount.
- Priority Services Register**
If you need special assistance to manage your energy use contact your energy supplier and ask about this service.

- Heating controls**
Make sure you are using your boiler and heating controls properly as directed.
- Using your heating**
Try putting your heating on timer so it only comes on when you need it, for example:

On	7-9am	Off	9am-12.30pm
On	12.30pm-2pm	Off	2pm-5pm
On	5pm-7.30pm	Off	7.30pm-7am

Remember: During colder weather use your thermostat to have the heating set to come on once the temperature drops below a certain level. For example: set the temperature to between 18-21°C (64-70°F) and the heating will turn on and off throughout the day, keeping the house at the correct temperature.

In colder weather the recommended room temperature for living areas is 21°C (70°F) and 18°C (64°F) for bedrooms. If you are finding this too cold then try increasing the temperature by 1°C at a time until you are comfortable.

- Thermostatic radiator valves**
In colder weather make sure the radiator valves are set to:
 - living room - 4/5
 - bedroom - 2/3



Today you spoke with:

From the charity National Energy Action. Telephone:

We talked about:

Suggested next steps for you are:

We have agreed with you that your contact details will be passed on to the following agencies to assist with your query and someone will be in touch soon:

ORGANISATION	SERVICE REQUIRED